Pima County Employee Wellness
Fitness and Wellness Discounts

YMCA of Southern Arizona:

The YMCA of Southern Arizona is dedicated to improving the quality of human life and to helping all people realize their fullest potential through the development of Spirit, Mind and Body.

- No enrollment fee
- No contract
- Use of all Southern Arizona YMCA facilities
- Free ChildWatch while in facilities
- ActivTrax
- Free fitness classes
- Pools, racquetball, basketball
- Full service lockers with spa, sauna and steam room

Subsidized membership rates are available for Pima County employees for **$20/month** (plus tax) or **$44/month** (plus tax) for employee + family (2 adults 21+ and any dependents under 21 living in the same household). These rates are provided by Employee Wellness and are available for all new and existing members. A Pima County employee badge is required.

Platinum Fitness:

Platinum Fitness will offer Pima County Employees and their family members a discounted membership rate at ***$18.95/month*** *(plus tax) with NO ENROLLMENT*. For those who would like access to the VIP Gold Room the rate will be ***$37.95/month*** *(plus tax) with NO ENROLLMENT*.

This membership rate will include the following amenities:

- Month-to-month (no contract) membership (retail value $29.95 per month, $29.00 enrollment, VIP Gold Room retail $49.95 per month)
- 1 complimentary Personal Training Session
- Access to all Tucson Platinum Fitness Centers
- IHRSA World Pass, which will give members access to over 6000 fitness centers world-wide.
- Group Fitness Classes (LesMills, Zumba, Yoga, etc.)
- Guest Privileges
- Tanning
- VIP Gold Room includes access to the Private VIP Locker Room, Laundry Service, Towel Service, Private Locker, lotion, mouthwash, shaving cream, and hairspray.

LA | FITNESS:

No enrollment fee and discounted monthly rate. VOUCHER required.

Individual employee rate is **$19.99/month** (plus tax), good at all Arizona locations. Family member add-on rate of **$19.99/month** (plus tax) with no enrollment fee is also available. Eligible family members include spouses, domestic partners, children 13 years & older living at home, and other benefits-eligible family members.

First and last month's membership are due at start of membership and monthly dues must be paid by one account and deducted by automatic electronic transfer. Includes a complimentary fitness consultation. **Contact Employee Wellness for your discount voucher**, then visit club for additional details.

Present your Pima County ID at time of enrollment.

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Alive Fitness and Training Center:

Discounted enrollment of $25; Discounted monthly rate of $25 (regularly $35), month-to-month contract. Includes full gym access and group exercise classes. Two free personal training sessions. Rate available to immediate family. Try one week free!

10370 N. La Canada Dr., Ste. 170 ~ (520) 395-2829

AnyTime Fitness:

Free enrollment. $29.95/month (regularly $36.50) with 1 free personal training session.

8235 N. Silverbell, #175 ~ (520) 579-6615
11911 N 1st Ave, #101 ~ (520) 219-6774

Arizona Power Yoga:

$59/month (regularly $90) for unlimited yoga classes. No enrollment fee or contracts. Offer available to family members.

8567 N. Silverbell ~ (520) 444-6575

Bagworks Fitness:

$25 enrollment (regularly $49). $27/month EFT (regularly $36/month). Add Cardio Kickboxing at 20% off - $36/month.

250 N. Pantano Rd. Ste. 100 ~ (520) 722-1863

Body Basics Health & Fitness:

10% off all services. Average price for monthly plans range from $250 - $400.

1631 W. Ina Rd., Ste. 111 ~ (520) 498-0359

Boxing, Incorporated - Ina/Old Father location:

Fitness and Fighting Training Center. 1/2 off enrollment and $10 off monthly fee.

4165 W. Ina Rd. ~ (520) 744-7333

Centerfield Indoor Baseball & Softball Academy:

No Registration Fee (Normally $25) and $10 off monthly membership fee (All-Star & MVP levels). 10% discount on private lessons, instructional classes and caps. Special $30/month unlimited hitting membership good M-F 10a-5p, 8-9p; $10/month adt'l to add weekends. Discounts on lessons and classes.

1861 W. Grant Rd., Ste. 107 ~ (520) 440-4487

CrossFit NOW:

10% off monthly membership, additional discounts for Sheriffs.

4896 N. Jersey Ct. ~ (520) 888-0317

Lady of America:

FREE $25 GIFT CERTIFICATE to use for membership or processing fee, plus other perks with membership. $49 one-time processing fee; memberships range from $19.95 to $34.95. Ask for Club Manager Nora to receive your certificate and additional information.

12142 N. Rancho Vistoso Blvd. ~ (520) 297-5239

Ladies Workout Express:

50% off registration fee & $5 discount on monthly dues.

2480 N. Silverbell Rd. Ste. 100 ~ (520) 903-2500

La Mariposa Fitness & Sports Club:

15% off enrollment and discounted 6 or 12 month membership.

1501 N. Houghton Rd. ~ (520) 749-1099

Mo-Sun Art & Wellness Center:

Discounted rates. Call or visit facility for details.

2302 S. 4th Ave. ~ (520) 440-9857

Ms Fit Health Club:

50% off enrollment fee; discounted monthly rates. $45/month, month-to-month membership; $40/month with 12-month contract; $35/month with 18-month contract.

7788 E. Speedway Blvd. ~ (520) 290-2900

New Body Studios:

Personal Training, Pilates, Brain-Fit Boot Camp and Small Group Classes, 10% off.

2665 N. Country Club Rd. ~ (520) 795-1004

O2 Modern Fitness:

No enrollment fee. 10% off class passes. Free trial class pass avail to new clients.

186 E. Broadway ~ (520) 247-2812

Power & Physique Systems:

50% off enrollment (reg. $50) & discounted monthly fee of $35 (reg. $50).

4400 E. Broadway Ste. 010 ~ (520) 327-3070

Pro Fitness & Health:

Free enrollment; Discounted monthly rates: $24.99/month individual rate; $44.99/month couples' rate; $59.99/month 3 person family rate.

1290 W. Prince Rd. ~ (520) 623-6300

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SNAP Fitness:

Free enrollment; Discounted monthly rates available to employees/family insured under one of Pima County's UnitedHealthcare plans. See details on website and visit snapfitness.com for contact info on locations:

1970 W. River Rd. 8816 E. Broadway Blvd.
8567 N. Silverbell 7545 S. Houghton Rd
Coming Soon: 13350 E. Mary Ann Cleveland Way

Tucson Jewish Community Center:

Free enrollment and 15% discount off monthly membership with 1-year contract. Month-to-month option available after 1-year.
3800 E. River Rd. ~ (520) 299-3000

Tucson Racquet & Fitness Club:

Initiation fee waived with membership.
4001 N. Country Club Rd. ~ (520) 795-6960

Ultima Martial Arts Center

6781 N. Thornydale Rd., Ste. 239 ~ (520)838-1591

Ultima Self Defense and Fitness, LLC:

10% off adult, child & family rates and two for one Krav Maga introductory class rates.
7649 E. Speedway Blvd. ~ (520) 721-2348

X1 Sports & Fitness Kickboxing and Martial Arts:

$0 enrollment (Regularly $99) & up to 50% off monthly membership. Offering Cardio Kickboxing, Boxing, Muay Thai, Jiu Jitsu And MMA.
3904 E. Grant Rd. ~ (520) 209-BOXN (2696)

Wellness Services & Discounts

Center4 Stress Reduction:

Get one 40% off coupon for massage or reflexology service after completion of first covered service. Discount on many services for Sheriff Dept. employees.
48 N. Tucson Blvd., Ste. 106 (520) 323-5059

Dr. Kyle Neeley, N.M.D.:

20% off services and supplements. Non-drug pain therapy, arthritis joint repair, migraine relief & more.
2272 E. Speedway Blvd. (520) 326-9355

Fitzz.com:

10% Discount of all orders. Use discount code: PIMA.

Imagine Wellness:

10-15% Off all services. Offers a variety of natural approaches & services for health & weight loss. Specializes in autoimmune disorders.
7493 N. Oracle Rd. Ste. 111 (520) 797-4099

Marcey Rosin, L.Ac.: Acupuncture:

$10 off treatment; regularly $60. Located at El Dorado Health Center.
1400 N. Wilmot Rd. (520) 904-1460

Outdoor Living:

5% discount. To activate your discount, go to www.outdoorliving.com and use the coupon code EmpDiscount5. 7% discount on picnic tables and hammocks using coupon code MemDis7.

ReActivate, New & Used Activewear:

10% Discount through 8/31/2011. (Inquire about new discount thereafter.)
2782 N. Campbell (520) 325-4295

Smooth Fitness:

5% discount on all Smooth Fitness products & Exercise Equipment. Use coupon code: college 09.
1-888-211-1611
www.smoothfitness.com

Sunburst Optical:

20% Discount on all services. Eye exams (Optometrist) and full service optical shop.
7074 E. Speedway (520) 290-9870

Terra Firma Reflexology:

50% Discount on first one hour or more session. Mobile service comes to you!
terrafirmareflexology.com (520) 303-6515

Zimmermann Chiropractic:

Initial visit only $20 --50% off retail value. Great Chiropractic done affordably. Students and military are always $20 per visit.
2272 E. Speedway Blvd. (520) 326-9355