Step-Therapy List

Many of Aetna's pharmacy benefits plans include our step-therapy program. With this program, members are required to try one or more prerequisite drugs before a step-therapy drug will be covered under a member's pharmacy benefit.

Therapeutic Class	Drug(s)	Required Prerequisite Drug(s)
Acne	ACANYA BENZACLIN BENZAMYCIN DUAC	*benzoyl peroxide/clindamycin* or *benzoyl peroxide/erythromycin*
	DIFFERIN 0.1% cream/gel/lotion	*adalapene cream* or *gel 0.1%*
	ATRALIN RETIN-A TRETIN-X VELTIN	Try *tretinoin* **and** Try one of: *adapalene, benzoyl peroxide, topical clindamycin, topical erythromycin, sulfacetamide w/sulfur,* DIFFERIN 0.3% gel or EPIDUO or RETIN-A MICRO or ZIANA
	BENZEFOAM ULTRA	*benzoyl peroxide foam*
Alzheimer's Disease – Antidementia	ARICEPT 5 mg, 10 mg and 23 mg	*donepezil*
	ARICEPT ODT	*donepezil ODT*
Anaphylaxis Therapy Agents	AUVI-Q	EPIPEN or EPIPEN JR
Antianginal	RANEXA	Nitrates or *amlodipine* or Beta Blockers (except *sotalol*)
Anticoagulants – Direct Thrombin Inhibitors/ Factor Xa Inhibitor	ELIQUIS	PRADAXA and XARELTO
Anticoagulants – Heparins	LOVENOX	*enoxaparin*
Anticonvulsant	DEPAKOTE	*divalproex sodium delayed release*
	DEPAKOTE ER	*divalproex sodium SR*
	DEPAKOTE SPRINKLE	*divalproex sodium sprinkle*
	KEPPRA	*levitiracetam*
	KEPPRA XR	*levitiracetam XR*
	LAMICTAL XR	*lamotrigine*
	LYRICA (for fibromyalgia)	*duloxetine* and SAVELLA
	TOPAMAX	*topiramate*
Antineoplastic – Hormonal Agents	ARIMIDEX	*anastrozole*
	FEMARA	*letrozole*
	XTANDI	ZYTIGA
Antineoplastic – Enzyme Inhibitors	AFINITOR INLYTA NEXAVAR	SUTENT or VOTRIENT
Antihypertensives	VECAMYL	Triple-drug combination from the preferred alternatives from the following classes: Diuretics, Angiotensin-Converting Enzyme Inhibitors, Angiotensin II Receptor Antagonists, Beta-Adrenergic Blockers, or Calcium Channel Blockers
Antiparkinson	MIRAPEX MIRAPEX ER	*pramipexole*

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Antiparkinson (continued)	REQUIP XL	*ropinirole ER*
Antiretrovirals – Nucleoside (NRTI) and Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)	COMBIVIR	*lamivudine/zidovudine*
	VIRAMUNE	*nevirapine*
	ZERIT	*stavudine*
	ZIAGEN	*abacavir*
Antipsoriatics	CALCITRENE SORILUX	*calcipotriene*
Antiviral	VALTREX	*valacyclovir*
Blood Pressure and Heart Failure	ATACAND AVAPRO BENICAR COZAAR DIOVAN EDARBI TEVETEN	Any two from the following, as a single entity or *hydrochlorothiazide* combination product: *candesartan*, *eprosartan*, *irbesartan*, *losartan*, *valsartan* and MICARDIS or MICARDIS HCT
	AZOR TWYNSTA	Any two preferred alternatives from the following: *candesartan*, *eprosartan*, *irbesartan*, or *losartan*, in combination with *amlodipine*, or either *valsartan* in combination with *amlodipine* or EXFORGE
	ATACAND HCT AVALIDE BENICAR HCT DIOVAN HCT EDARBYCLOR HYZAAR TEVETEN HCT	Any two from the following: *candesartan/hydrochlorothiazide*, *eprosartan/hydrochlorothiazide*, *irbesartan/hydrochlorothiazide*, *losartan/hydrochlorothiazide*, *valsartan/hydrochlorothiazide* and MICARDIS HCT
	NEXICLON	*clonidine*
	LOTREL	*amlodipine/benazepril*
	TRIBENZOR	Any two preferred alternatives from the following: *candesartan/hydrochlorothiazide*, *eprosartan/hydrochlorothiazide*, *irbesartan/hydrochlorothiazide*, or *losartan/hydrochlorothiazide*, or *valsartan/hydrochlorothiazide*, in combination with *amlodipine*, and or either one of *valsartan/hydrochlorothiazide* in combination with *amlodipine* or EXFORGE HCT
Bronchodilators – Sympathomimetics	ADVAIR DISKUS	DULERA and SYMBICORT for asthma; SYMBICORT for COPD
	ADVAIR HFA	DULERA and SYMBICORT for asthma
	BREO ELLIPTA	SYMBICORT
	MAXAIR AUTOHALER VENTOLIN HFA XOPENEX HFA	PROAIR HFA or PROVENTIL HFA
	XOPENEX soln/conc.	*albuterol* or *levalbuterol*
Calcium Blockers	NORVASC	*amlodipine*
	NYMALIZE	*nimodipine*
Central Nervous System – ALS Agents	RILUTEK	*riluzole*
Cholesterol Lowering	ALTOPREV	*lovastatin*
	CADUET	*atorvastatin/amlodipine*

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Cholesterol Lowering (continued)	ANTARA FENOGLIDE FIBRICOR LIPOFEN LOFIBRA TRIGLIDE TRICOR TRILIPIX	Any *fenofibrate*
	JUXTAPID KYNAMRO	*atorvastatin* and CRESTOR, in combination with Any one of the following: ZETIA, or a bile acid sequestrant (*cholestyramine*, WELCHOL (*colesevelam* or *colestipol*), or *niacin*
	LESCOL XL	All THREE of *simvastatin*, *atorvastatin*, *fluvastatin* and either CRESTOR or LIPTRUZET
	LIPITOR	*atorvastatin* and *simvastatin* and CRESTOR or LIPTRUZET
	LOPID	*gemfibrozil* and *fenofibrate*
Chronic Constipation	AMITIZA	ONE prescription generic laxative
	LINZESS	ONE prescription generic laxative and AMITIZA.
Contraceptives – Oral	LOSEASONIQUE SEASONIQUE	Any generic equivalent
	QUARTETTE	One preferred generic extended-cycle 91-day contraceptive alternative, i.e. *amethia*, *daysee*, *jolessa*
Corticosteroids – Topical	CLOBEX lotion/shampoo	*clobetasol lotion/shampoo*
	CLODERM	Any one of the following: *hydrocortisone valerate*, *mometasone* or *triamcinolone*
	CUTIVATE LOCOID LOCOID LIPOCREAM	Any one of the following: *betamethasone*, *desonide*, *desoximetasone*, *fluticasone*, *fluocinonide*, *hydrocortisone*, *mometasone*, *prednicarbate* or *triamcinolone*
	DESONATE VERDESO	*desonide*
	LUXIQ	*beclomethasone valerate*
	OLUX OLUX-E VANOS	*clobetasol*
Cystinosis Agents	PROCYSBI	CYSTAGON
Depression	APLENZIN DESVENLAFAXINE ER FLUOXETINE 60 mg FORFIVO XL LEXAPRO LUVOX CR *nefazodone* WELLBUTRIN XL PEXEVA	Any one from the following: *budeprion*, *budeprion XL*, *bupropion*, *bupropion SR*, *bupropion XL*, *citalopram*, *escitalopram*, *fluoxetine*, *fluvoxamine*, *mirtazapine*, *paroxetine*, *paroxetine ER*, *sertraline*, *venlafaxine*, *venlafaxine ER (capsule)* or *venlafaxine SR (tablet) first*
	PRISTIQ VENLAFAXINE ER (tablet) VIIBRYD VIIBRYD KIT	Any THREE preferred generic SSRIs, SNRIs, or miscellaneous antidepressants
	CYMBALTA	*duloxetine* and two SSRIs or SNRIs or miscellaneous antidepressants
	CELEXA	*citalopram*

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Depression (continued)	EFFEXOR XR	*venlafaxine ER (capsule)* or *venlafaxine SR (tablet)*
	LEXAPRO solution	*citalopram solution, escitalopram sol, fluoxetine liquid, paroxetine liquid* or *sertraline concentrate*
	OLEPTRO	*trazodone*
	PAXIL	*paroxetine*
	PAXIL CR	*paroxetine ER*
	PROZAC PROZAC WEEKLY	*fluoxetine*
	REMERON	*mirtazapine*
	REMERON SOLUTAB	*mirtazapine ODT*
	WELLBUTRIN	*bupropion* and Any TWO generic SSRI or SNRI
	WELLBUTRIN SR	*bupropion SR*
	ZOLOFT	*sertraline*
Diabetes – Dipeptidyl Peptidase-4 (DPP-4) Inhibitors	KAZANO	JENTADUETO and KOMBIGLYZE XR and JANUMENT or JANUMET XR
	NESINA	*metformin* and JANUVIA and ONGLYZA and TRADJENTA
	OSENI	*metformin* AND *pioglitazone* with JANUVIA, ONGLYZA and TRADJENTA
Diabetes – Insulin	NOVOLIN 70/30 RELION 70/30	HUMULIN 70/30
	NOVOLIN N RELION N	HUMULIN N
	NOVOLIN R RELION R	HUMULIN R
Diabetes – Meglitinides and Combinations	PRANDIN	*repaglinide*
Diabetes – Sodium-glucose co-transporter 2 (SGLT2) inhibitors	INVOKANA	*metformin* (single entity or combination) and any preferred *generic sulfonylurea* (single entity or combination) and any preferred DPP4 (single entity or combination) and one additional medication used for the treatment of hyperglycemia in type 2 diabetes mellitus (may include a TZD, *alpha-glucosidase inhibitor* or *glinide*)
Diabetic Supplies	Diabetic test strips (all but those made by Abbott Diabetes Care or Lifescan)	Any two preferred blood glucose test strips: FREESTYLE, FREESTYLE INSULINX, FREESTYLE LITE, ONE TOUCH FAST TAKE, ONE TOUCH ULTRA, ONE TOUCH VERIO IQ, PRECISION QID, PRECISION SOF-TACT or PRECISION XTRA
Diabetes – Thiazolidinediones (TZDs) and Combinations	ACTOS	*pioglitazone*
	ACTOPLUS MET	*pioglitazone/metformin*
	ACTOPLUS MET XR	*pioglitazone/metformin*
	DUETACT	*pioglitazone/glimepiride*
Erectile Dysfunction (applies only to plans with ED coverage)	LEVITRA STAXYN VIAGRA	CIALIS
H. pylori Agents	HELIDAC	*metronidazole* and *tetracycline* and *bismuth* and H2-blocker/PPI
	PREVPAC	*amoxicillin* and *clarithromycin* and *lansoprazole*

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Hemostatics – Systemic	LYSTEDA	*tranex acid*
Glaucoma	XALATAN ZIOPTAN	*latanoprost*
Gout	ULORIC	*allopurinol*
Growth Hormone Agents	GENOTROPIN HUMATROPE NORDITROPIN NUTROPIN NUTROPIN AQ SAIZEN TEV-TROPIN	OMNITROPE
Leukotriene Modulators	SINGULAIR	*montelukast*
Mania and Psychosis	FANAPT GEODON SEROQUEL	Any one of: *olanzapine, olanzapine ODT, quetiapine, risperidone, risperidone ODT, ziprasidone*
	INVEGA RISPERDAL RISPERDAL M	*risperidone* or *risperidone ODT*
	ZYPREXA	*olanzapine*
	ZYPREXA ZYDIS	*olanzapine ODT*
Migraine	ALSUMA AMERGE AXERT FROVA IMITREX MAXALT MAXALT MLT RELPAX SUMAVEL ZOMIG ZOMIG ZMT	Any THREE of *naratriptan, rizatriptan, rizatriptan MLT, sumatriptan, zolmitriptan, zolmitriptan ODT*
	MIGRANAL	Any THREE of *naratriptan, rizatriptan, rizatriptan MLT, sumatriptan, zolmitriptan, zolmitriptan ODT* and *dihydroergotamine nasal*
	TREXIMET	Any THREE of *naratriptan, rizatriptan, rizatriptan MLT, sumatriptan, zolmitriptan, zolmitriptan ODT with naproxen*
Misc. Endocrine	DDAVP (all forms)	*desmopressin*
Muscle Relaxants	AMRIX FEXMID	*cyclobenzaprine* or *cyclobenzaprine ER* and any one of: *baclofen, carisoprodol, carisoprodol w/ASA, carisoprodol w/codeine, chlorzoxazone, methocarbamol, orphenadrine ER, orphenadrine cpd, tizanidine*
Multiple Sclerosis	AUBAGIO AVONEX BETASERON EXTAVIA GILENYA TECFIDERA TYSABRI	COPAXONE and REBIF
Narcotic Partial Agonists	SUBUTEX	*buprenorphine*
	SUBOXONE sublingual film	*buprenorphine/naloxone sl tablet*
Nasal Steroids	NASACORT AQ RHINOCORT AQ ZETONNA	Any two of: *flunisolide, fluticasone, triamcinolone,* NASONEX or VERAMYST

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Non-Barbiturate Hypnotics	AMBIEN AMBIEN CR EDLUAR INTERMEZZO ROZEREM SONATA ZOLPIMIST	*zolpidem* or *zolpidem ER*
	SILENOR	*doxepin* and *zolpidem* or *zolpidem ER*
Ophthalmic Antihistamines and NSAIDs	PATANOL	PATADAY
Osteoporosis/ Paget's Disease	BINOSTO BONIVA tablet FOSAMAX PLUS D	*alendronate*, *ibandronate*, and ACTONEL or ACTONEL with calcium or ATELVIA
	RECLAST ZOMETA	*zoledronic acid*
Pain (Analgesics) and Inflammation	ABSTRAL	*fentanyl transmucosal lozenge*
	ACTIQ	*fentanyl transmucosal lozenge*
	AVINZA	*morphine sulfate CR*
	DUEXIS	Use of one (1) preferred generic NSAID
	DURAGESIC	*fentanyl patch*
	EXALGO	*morphine sulfate CR*
	FENTORA	*fentanyl transmucosal lozenge*
	KADIAN	*morphine sulfate CR*
	LAZANDA	*fentanyl transmucosal lozenge*
	NUCYNTA OPANA	Any preferred *generic morphine* or *oxycodone immediate release*
	OPANA ER	*oxymorphone ER*
	ONSOLIS	*fentanyl transmucosal lozenge*
	PENNSAID	Use of one (1) preferred generic NSAID
	SUBSYS SPRAY	*fentanyl transmucosal lozenge*
	VIMOVO VOLTAREN GEL	Use of one (1) preferred generic NSAID
Pancreatic Enzymes	VIOKACE ULTRESA PERTZYE	Any two preferred alternatives: CREON, ULTRASE, ULTRASE MT, ZENPEP
Platelet Aggregation Inhibitors	PLAVIX	*clopidogrel*
Phosphate Binders	PHOSLO	*calcium acetate*
	RENAGEL	RENVELA
Prostatic Hypertrophy Agents	FLOMAX	*tamsulosin*
	UROXATRAL	*alfuzosin*
Selective Phosphodiesterase 4 (PDE4) Inhibitors	DALIRESP	*albuterol/ipratropium*, *ipratropium inhalation solution*, or COMBIVENT RESPIMAT, SPIRIVA and SYMBICORT

Therapeutic Class	Drug(s)	Required Prerequisite Drug(s)
Steroids – Gluco-corticosteroids	ENTOCORT EC	*budesonide SR*
	RAYOS	*prednisone*
Stimulant/ Attention Deficit	ADDERALL ADDERALL XR CONCERTA DESOXYN DEXEDRINE FOCALIN FOCALIN XR METADATE CD METHYLIN chew METHYLIN solution PROCENTRA QUILLIVANT XR RITALIN RITALIN LA RITALIN SR ZENZEDI 2.5 mg and 7.5 mg	Any THREE of: *amphetamine/dextroamphetamine, amphetamine/dextroamphetamine SR, dexmethylphenidate, dextroamphetamine, methamphetamine, methylphenidate, methylphenidate ER, methylphenidate SR,* DAYTRANA, STRATTERA or VYVANSE
	INTUNIV KAPVAY KAPVAY DOSE PACK	Any THREE of: *clonidine, guanfacine, amphetamine/ dextroamphetamine, amphetamine/dextroamphetamine SR, dexmethylphenidate, metadate ER, methamphetamine, methylin tablet, methylin ER, methylphenidate, methylphenidate SR,* DAYTRANA, STRATTERA or VYVANSE
Testosterone Replacement	ANDRODERM AXIRON FORTESTA STRIANT	ANDROGEL and TESTIM
Topical Anesthetics	LIDODERM	*lidocaine patch*
Tuberculosis	SIRTURO	Any two of: *ethambutol, pyrazinamide,* TREACATOR (*ethionamide*), *cycloserine,* PASER (*aminosalicylic acid*), *amoxicillin/clavulanate, imipenem/cilastatin, clarithromycin,* ZYVOX and any one of: AVELOX (*moxifloxacin*), *levofloxacin, ofloxacin* and any one of: *amikacin, capreomycin, kanamycin, streptomycin*
Ulcer/Heartburn/ Reflux	ACIPHEX PREVACID PRILOSEC PROTONIX PREVACID SOLUTAB ZEGERID	All of: *lansoprazole,* an omeprazole product (i.e. *omeprazole* or *omeprazole/sodium bicarbonate*), *pantoprazole,* DEXILANT and NEXIUM
Urinary Pain/ Spasm	DETROL	*tolterodine*
	DETROL LA MYRBETRIQ TOVIAZ OXYTROL	Any one of: *oxybutynin ER, trospium ER, tolterodine,* and one of: ENABLEX, VESICARE
	DITROPAN XL	*oxybutynin ER*
	SANCTURA	*trospium*
	SANCTURA XR	*trospium ER*