Step-Therapy List

Many of Aetna's pharmacy benefits plans include our step-therapy program. With this program, members are required to try one or more prerequisite drugs before a step-therapy drug will be covered under a member's pharmacy benefit.

Therapeutic Class	Drug(s)	Required Prerequisite Drug(s)
Acne	ACANYA BENZACLIN BENZAMYCIN DUAC	*benzoyl peroxide/clindamycin* or *benzoyl peroxide/erythromycin*
	DIFFERIN 0.1% cream/gel/lotion	*adalapene cream* or *gel* 1%
	ATRALIN RETIN-A TRETIN-X VELTIN	Try *tretinoin* **and** Try one of: *adapalene, benzoyl peroxide, topical clindamycin, topical erythromycin, sulfacetamide w/sulfur,* DIFFERIN 0.3% GEL or EPIDUO or RETIN-A MICRO or ZIANA
	BENZEFOAM ULTRA	*benzoyl peroxide foam*
Alzheimer's Disease – Antidementia	ARICEPT 5 mg, 10 mg and 23 mg	*donepezil*
	ARICEPT ODT	*donepezil ODT*
Antianginal	RANEXA	Nitrates or *amlodipine* or Beta Blockers (except *sotalol*)
Anticoagulants – Heparins	LOVENOX	*enoxaparin*
Anticonvulsant	DEPAKOTE	*divalproex sodium delayed release*
	DEPAKOTE ER	*divalproex sodium SR*
	DEPAKOTE SPRINKLE	*divalproex sodium sprinkle*
	KEPPRA	*levitiracetam*
	KEPPRA XR	*levitiracetam xr*
	LAMICTAL XR	*lamotrigine*
	TOPAMAX	*topiramate*
Antineoplastic – Hormonal Agents	ARIMIDEX	*anastrozole*
	FEMARA	*letrozole*
Antiparkinson	MIRAPEX MIRAPEX ER	*pramipexole*
	REQUIP XL	*ropinirole er*
Antiretrovirals – Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)	VIRAMUNE	*nevirapine*
	ZIAGEN	*abacavir*
Antipsoriatics	CALCITRENE SORILUX	*calcipotriene*
Antiviral	VALTREX	*valacyclovir*
Blood Pressure and Heart Failure	ATACAND AVAPRO BENICAR COZAAR DIOVAN EDARBI TEVETEN	Any two from the following: *eprosartan*, *irbesartan* or *irbesartan-hydrochlorothiazide* or *losartan*, *losartan/hydrochlorothiazide* or EXFORGE or EXFORGE HCT or MICARDIS or MICARDIS HCT

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Blood Pressure and Heart Failure (continued)	ATACAND HCT AVALIDE BENICAR HCT DIOVAN HCT EDARBYCLOR HYZAAR TEVETEN HCT	Any two from the following: *eprosartan*, *irbesartan* or *irbesartan-hydrochlorothiazide* or *losartan*, *losartan/hydrochlorothiazide* or EXFORGE or EXFORGE HCT or MICARDIS or MICARDIS HCT
	NEXICLON	*clonidine*
	LOTREL	*amlodipine/benazepril*
	TRIBENZOR	Any two from the following: *amlodipine*, *eprosartan*, *irbesartan* or *irbesartan-hydrochlorothiazide* or *losartan*, *losartan/hydrochlorothiazide* or EXFORGE or EXFORGE HCT or MICARDIS or MICARDIS HCT
	TWYNSTA	EXFORGE or EXFORGE HCT
Bronchodilators - Sympathomimetics	MAXAIR AUTOHALER	PROAIR HFA or PROVENTIL HFA
	XOPENEX soln/conc.	*albuterol* or *levalbuterol*
Calcium Blockers	NORVASC	*amlodipine*
Cholesterol Lowering	ALTOPREV	*lovastatin*
	CADUET	*atorvastatin/amlodipine*
	FENOGLIDE FIBRICOR LOFIBRA LOPID LIPOFEN TRIGLIDE	*gemfibrozil*, *fenofibrate*, ANTARA, TRILIPIX
	LIPITOR	*atorvastatin* and CRESTOR or VYTORIN
Corticosteroids – Topical	CLOBEX lotion/shampoo	*clobetasol lotion/shampoo*
	CLODERM	Any 1 of the following: *hydrocortisone valerate*, *mometasone* or *triamcinolone*
	CUTIVATE LOCOID LOCOID LIPOCREAM	Any 1 of the following: *betamethasone*, *desonide*, *desoximetasone*, *fluticasone*, *fluocinonide*, *hydrocortisone*, *mometasone*, *prednicarbate* or *triamcinolone*
	DESONATE VERDESO	*desonide*
	LUXIQ	*beclomethasone valerate*
	OLUX OLUX-E VANOS	*clobetasol*
Depression	APLENZIN CYMBALTA FLUOXETINE 60 MG LEXAPRO LUVOX CR *nefazodone* PRISTIQ VENLAFAXINE ER (tab) VIIBRYD VIIBRYD KIT WELLBUTRIN XL PEXEVA	Any one from the following: *budeprion*, *budeprion XL*, *bupropion*, *bupropion SR*, *bupropion XL*, *citalopram*, *escitalopram*, *fluoxetine*, *fluvoxamine*, *mirtazapine*, *paroxetine*, *paroxetine ER*, *sertraline*, *venlafaxine*, *venlafaxine ER (cap)* or *venlafaxine SR (tab)* first

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Depression (continued)	CELEXA	*citalopram*
	EFFEXOR XR	*venlafaxine ER (cap)* or *venlafaxine SR (tab)*
	LEXAPRO solution	*citalopram solution, escitalopram sol, fluoxetine liquid, paroxetine liquid* or *sertraline concentrate*
	OLEPTRO	*trazodone*
	PAXIL	*paroxetine*
	PAXIL CR	*paroxetine ER*
	PROZAC PROZAC WEEKLY	*fluoxetine*
	REMERON	*mirtazapine*
	REMERON SOLUTAB	*mirtazapine ODT*
	WELLBUTRIN	*bupropion*
	WELLBUTRIN SR	*bupropion SR*
	ZOLOFT	*sertraline*
Diabetes – Insulin	NOVOLIN 70/30 RELION 70/30	HUMULIN 70/30
	NOVOLIN N RELION N	HUMULIN N
	NOVOLIN R RELION R	HUMULIN R
Diabetic Supplies	Diabetic test strips (all but those made by Abbott Diabetes Care or Lifescan)	Any two preferred blood glucose test strips: FREESTYLE, FREESTYLE INSULINX, FREESTYLE LITE, ONE TOUCH FAST TAKE, ONE TOUCH ULTRA, ONE TOUCH VERIO IQ, PRECISION QID, PRECISION SOF-TACT or PRECISION XTRA
Diabetes – Thiazolidinediones (TZDs) and Combinations	ACTOS	*pioglitazone*
	ACTOPLUS MET	*pioglitazone/metformin*
	ACTOPLUS MET XR	*pioglitazone/metformin*
	DUETACT	*pioglitazone/glimepiride*
Erectile Dysfunction (applies only to plans with ED coverage)	LEVITRA STAXYN VIAGRA	CIALIS
Glaucoma	XALATAN ZIOPTAN	*latanoprost*
Gout	ULORIC	*allopurinol*
Leukotriene Modulators	SINGULAIR	*montelukast*
Mania and Psychosis	FANAPT GEODON LATUDA SAPHRIS SEROQUEL	Any one of: *olanzapine, olanzapine ODT, quetiapine, risperidone, risperidone ODT, ziprasidone*
	INVEGA RISPERDAL RISPERDAL M	*risperidone* or *risperidone ODT*
	ZYPREXA	*olanzapine*
	ZYPREXA ZYDIS	*olanzapine ODT*

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Migraine	ALSUMA AXERT FROVA IMITREX MIGRANAL RELPAX SUMAVEL ZOMIG ZOMIG ZMT	*sumatriptan*
	AMERGE	*naratriptan* or *sumatriptan*
	MAXALT MAXALT MLT	*rizatriptan benzoate* *rizatriptan benzoate mlt*
	TREXIMET	*naproxen* and *sumatriptan*
Misc. Endocrine	DDAVP (all forms)	*desmopressin*
Muscle Relaxants	AMRIX FEXMID	*cyclobenzaprine* **or** *cyclobenzaprine ER* and any one of: *baclofen, carisoprodol, carisoprodol w/ASA, carisoprodol w/codeine, chlorzoxazone, methocarbamol, orphenadrine ER, orphenadrine cpd, tizanidine*
Narcotic Partial Agonists	SUBUTEX	*buprenorphine*
Nasal Steroids	NASACORT AQ QNASL RHINOCORT AQ ZETONNA	Any two of: *flunisolide, fluticasone, triamcinolone*, NASONEX or VERAMYST
Non-Barbiturate Hypnotics	AMBIEN AMBIEN CR EDLUAR INTERMEZZO ROZEREM SONATA ZOLPIMIST	*zolpidem* or *zolpidem ER*
	SILENOR	*doxepin* and *zolpidem* or *zolpidem ER*
Ophthalmic Antihistamines and NSAIDs	PATANOL	PATADAY
Osteoporosis/ Paget's Disease	BONIVA FOSAMAX PLUS D	*alendronate* and ACTONEL or ACTONEL with calcium or ATELVIA
Pain (Analgesics) and Inflammation	ABSTRAL	*fentanyl lozenge*
	AVINZA	*morphine sulfate CR*
	DUEXIS	Use of one (1) preferred *generic* NSAID
	DURAGESIC	*fentanyl patch*
	EXALGO	*morphine sulfate CR*
	KADIAN	*morphine sulfate CR*
	LAZANDA	*fentanyl transmucosal lozenge*
	NUCYNTA OPANA	Any preferred generic *morphine* or *oxycodone immediate release*
	PENNSAID VIMOVO VOLTAREN GEL	Use of one (1) preferred *generic* NSAID
	SUBSYS SPRAY	*fentanyl transmucosal lozenge*

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Pancreatic Enzymes	VIOKACE PERTZYE	Any 1 of the following: CREON or ZENPEP
Platelet Aggregation Inhibitors	PLAVIX	*clopidogrel*
Phosphate Binders	PHOSLO	*calcium acetate*
	RENAGEL	RENVELA
Prostatic Hypertrophy Agents	FLOMAX	*tamsulosin*
	UROXATRAL	*alfuzosin*
Steroids - Gluco-corticosteroids	ENTOCORT EC	*budesonide SR*
Stimulant/ Attention Deficit	INTUNIV KAPVAY	Any one of: *clonidine, guanfacine, amphetamine/dextroamphetamine, amphetamine/dextroamphetamine SR, dexmethylphenidate, metadate ER, methamphetamine, methylin tab, methylin ER, methylphenidate, methylphenidate SR*
Testosterone Replacement	AXIRON STRIANT TESTIM	ANDROGEL or ANDRODERM
Topical Anesthetics	LIDODERM	*gabapentin*
Ulcer/Heartburn/ Reflux	ACIPHEX PREVACID PRILOSEC PROTONIX PREVACID SOLUTAB ZEGERID	Any two of: *lansoprazole, lansoprazole / ODT*, DEXILANT, NEXIUM
Urinary Pain/ Spasm	DETROL DETROL LA DITROPAN XL SANCTURA SANCTURA XR TOVIAZ	Any one of: *oxybutynin, oxybutynin XL, tolterodine,* ENABLEX, VESICARE, GELNIQUE
	OXYTROL	GELNIQUE