



200 LUNGE CHALLENGE

EIN:

Start Date:

Name:

Completion Date:

Dept.

Work Address:

**You may post my name on the
Wellness Winners page**



Congratulations on completing the 200 Lunge Challenge!

Please submit this certificate of completion to Employee Wellness to be entered into a drawing for a \$100 Corporate Reward gift card.

	Spring Season	Summer Season	Fall Season	Winter Season
Months	Mar – May	Jun – Aug	Sep – Nov	Dec – Feb
Drawings	June 7 th	September 7 th	December 7 th	March 7 th