

PREVENTIVE EXAM (HLPD#3) FAQs

Q: What is a Preventive Exam?

A: Preventive care focuses on evaluating your current health status when you are symptom free. Preventive care allows you to obtain early diagnosis and treatment, to help avoid more serious health problems. Even if you're in the best shape of your life, a serious condition with no signs or symptoms may put your health at risk. Through a preventive exam and routine health screenings, your doctor can determine your current health status and detect early warning signs of more serious problems.

Q: What are the eligible Preventive Exams to receive the Healthy Lifestyle Premium Discount (HLPD)?

A: Eligible Preventive health exams or screening services are covered at 100% (covered by the plan). They include:

- Biometric Screening (Routine, preventive lab panel)
- Mammography Screening
- Annual Physical
- Cervical Preventive Exam
- Prostate Preventive Exam
- Colorectal Preventive Exam

Note: They do not include diagnostic exams for a current chronic health condition. Please request a routine preventive exam with your doctor when scheduling your appointment.

Q: How to I qualify for the Healthy Lifestyle Premium Discount?

A: In order to qualify for the preventive exam discount, you must complete an eligible preventive exam or screening between **March 1, 2015 and February 28, 2016**.

Q: Who has access to my results?

A: The results of your preventive exam remain with your health plan. Similar to your other health information, your health plan is required by federal Health Insurance Portability and Accountability Act of 1996 (HIPPA) **to keep your personal information confidential**.

Pima County will not have access to individual level data. We will use the aggregate data provided by Aetna to understand the overall health trends of our employees. This will

PREVENTIVE EXAM (HLPD#3) FAQs

enable us to provide enhanced health & wellness services to better meet employees' needs. Aetna protects all health assessment data through secure processes, procedures and protocols to ensure confidentiality.

The only information that Aetna provides is who has completed a preventive exam.

Q: How does Pima County know I've completed an eligible preventive exam?

A: Pima County Human Resources receives an eligibility file from Aetna once per month that includes the EIN, employee name, the type of preventive exam and date of service. This information is used to update the progress section in the Employee Self Service (ESS) portal records for the employee and is how eligibility is assessed.

Employees may also choose to submit a [Preventive Exam Affidavit](#), which will also be used to determine eligibility and update the employees' record.

Q: How can I view my progress?

A: Read detailed instructions for [Viewing your Progress Toward 2016-17 HLPDs](#).

Q: I just completed an annual physical last month, why isn't it showing I'm eligible for the preventive exam discount in ADP?

A: Since it can sometimes take several months for a Preventive Exam/Screening to be reported. To expedite the process, employees may print a copy of the 2016-17 [Preventive Exam Affidavit](#) and have their physician sign the form and fax back to Employee Wellness for credit (fax 724-8150).

All eligibility records are updated around the 10th of each month for the previous month. For example, if you completed your annual physical in January, your records would be updated around February 10th.

If your records remain inaccurate, please email Employee Wellness at wellness@pima.gov.

Q: Do I need to do anything to claim each of the HLPDs?

A: The health assessment, preventive exam and healthy lifestyle activity points discounts will be solely based on completing the eligibility requirements within the reporting

PREVENTIVE EXAM (HLPD#3) FAQs

period. The reporting period for FY 2016-17 discount eligibility is **March 1, 2015 – February 28, 2016**. This means it is critical that you review your records for accuracy as appeals will not be requested except in rare and unavoidable circumstances. The tobacco-free discount will continue to be self-reported and will be the only certification necessary during Annual Enrollment in the spring.

Q: I'm a new-hire. Do I have to wait until Annual Enrollment to be eligible for the preventive exam discount?

A: New-hires may submit a [Preventive Exam Affidavit](#) to Employee Wellness based on the reporting year in which they are requesting a HLPD.

For example, if a new-hire starts in October, 2015 and wants to qualify for the remaining fiscal year preventive discount, they must submit a [Preventive Exam Affidavit](#) for an exam within March 1, 2014 and February 28, 2015.

New-hires will follow the same eligibility requirements listed above to earn a preventive exam discount for FY 2016-17.