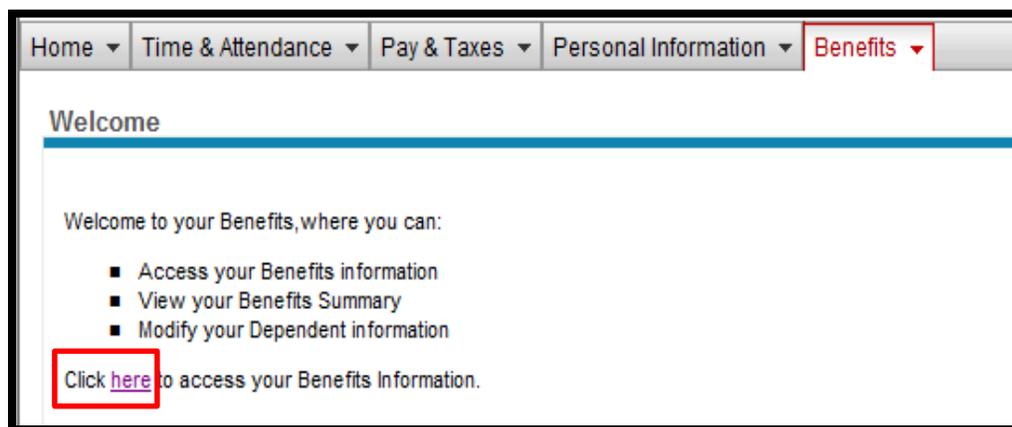
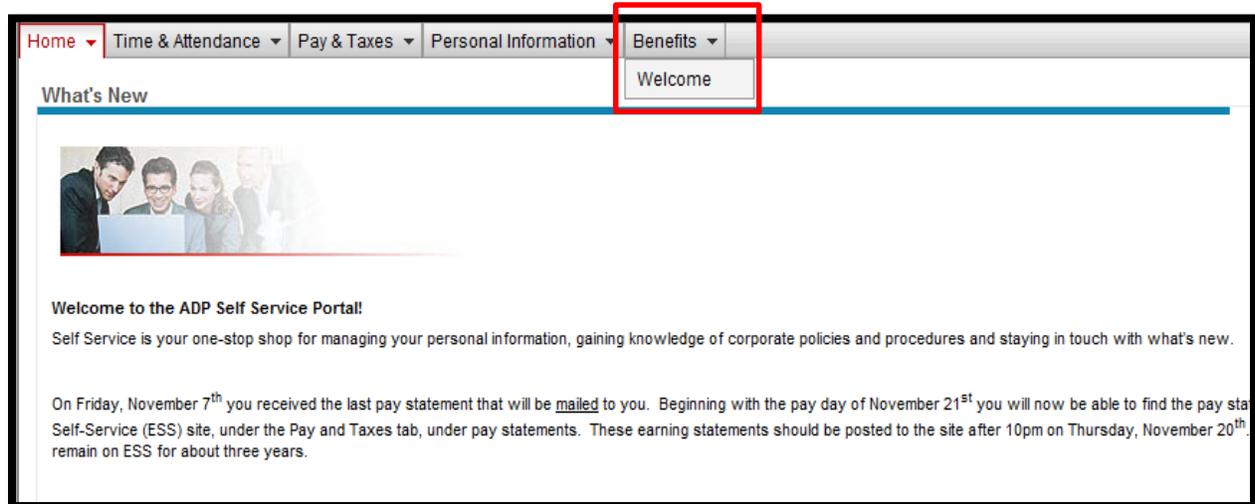


Reviewing Your Healthy Lifestyle Premium Discounts

After you login to the [Employee Self-Service \(ESS\) portal](#), hover your mouse over the Benefits Tab and select “Welcome”. From the next screen you can click on the hyperlink to access your Benefits information.



A new screen will display. Click the “+” to the left of “My Information”, then click on “Current Benefits”. This page will display your current benefit elections, as well as your current progress toward eligibility for the following fiscal year.



Reviewing Your Healthy Lifestyle Premium Discounts

The reporting period for FY 2017/18 Healthy Lifestyle Premium Discounts (HLPDs) is **March 1, 2016 – February 28, 2017**.

Example:

Tobacco discount eligibility for FY2017/18 does not display as it is self-reported during Annual Enrollment only. In the example screen shot below, the employee has:

- **Not completed** the health assessment.
- **Completed** a preventive exam.
- **45 Activity Points** This employee still needs 55 points in order to qualify for the HLPD #4. Any points 100 or more will state “100+ Activity Points Completed”.

Progress Toward 2017-18 HLPD #2	Health Assessment Not Completed (Effective Start Date indicates when progress was last updated)
Progress Toward 2017-18 HLPD #3	Preventive Exam Completed (Effective Start Date indicates when progress was last updated)
Progress Toward 2017-18 HLPD #4	45 Activity Points (Effective Start Date indicates when progress was last updated)

For questions about Healthy Lifestyle Premium Discount, please contact Employee Wellness at **520-724-8114** or email wellness@pima.gov.