

Healthy Living Program: Managing Ongoing Health Conditions

The Healthy Living Program is a 6-week series developed by Stanford University and delivered by the Pima County Health Department. The program was developed for people with chronic health problems.

REGISTRATION FORM

Please complete the form below and submit to Employee Wellness by email to wellness@pima.gov, by fax to 520-724-8150, or by interoffice mail to Employee Wellness at 150 W. Congress, 4th Floor.

This program is offered **Tuesdays and Fridays, 12:00pm – 1:00pm starting January 15, 2019 for 6 weeks**. The program will be held at the Public Works Building, 201 N. Stone Ave., 3rd Floor Conference Room. Space is limited.

Employees must attend at least 10 out of 12 sessions to qualify for the 50 Healthy Lifestyle Activity Points (HLAPs).

EIN	
First Name	
Last Name	
Email Address	
Phone Number	