



Pima County Employee Wellness Fitness and Wellness Discounts

YMCA of Southern Arizona:

The YMCA of Southern Arizona is dedicated to improving the quality of human life and to helping all people realize their fullest potential through the development of Spirit, Mind and Body.

- No enrollment fee
- No contract
- Use of all Southern Arizona YMCA facilities
- Free ChildWatch while in facilities
- ActivTrax
- Free fitness classes
- Pools, racquetball, basketball
- Full service lockers with spa, sauna and steam room

Subsidized membership rates are available for Pima County employees for **\$20/month** (plus tax) or **\$47/month** (plus tax) for employee + family (2 adults 21+ and any dependents under 21 living in the same household). These rates are provided by Employee Wellness and are available for all new and existing members. A Pima County employee badge is required.

Platinum Fitness:

Platinum Fitness will offer Pima County Employees and their family members a discounted membership rate at **\$19.00/month** (plus tax) with **NO ENROLLMENT**. For those who would like access to the VIP Gold Room the rate will be **\$37.95/month** (plus tax) with **NO ENROLLMENT**.

This membership rate will include the following amenities:

- Month-to-month (no contract) membership (retail value \$29.95 per month, \$29.00 enrollment, VIP Gold Room retail \$49.95 per month)
- 1 Personal Training Session every 30 days
- Access to all Tucson Platinum Fitness Centers
- IHRSA World Pass, which will give members access to over 6000 fitness centers world-wide.
- Group Fitness Classes (LesMills, Zumba, Yoga, etc.)
- Tanning privileges
- VIP Gold Room includes access to the Private VIP Locker Room, Laundry Service, Towel Service, Private Locker, lotion, mouthwash, shaving cream, and hairspray.

LA | FITNESS:

No enrollment fee and discounted monthly rate.

Individual employee rate is **\$19.99/month** (plus tax), good at all Arizona locations. Family member add-on rate of **\$19.99/month** (plus tax) with no enrollment fee is also available. Eligible family members include spouses, domestic partners, children 13 years & older living at home, and other benefits-eligible family members.

First and last month's membership are due at start of membership and monthly dues must be paid by one account and deducted by automatic electronic transfer. Includes a complimentary fitness consultation.

Present your Pima County ID at time of enrollment.



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AnyTime Fitness:

Free enrollment. \$29.95/month (regularly \$36.50) with 1 free personal training session. 10% discount.
8235 N. Silverbell, #175 ~ (520) 579-6615
11911 N 1st Ave, #101 ~ (520) 219-6774

Arizona Power Yoga:

\$59/month (regularly \$90) for unlimited yoga classes. No enrollment fee or contracts. Offer available to family members.
8567 N. Silverbell ~ (520) 444-6575

Body Basics Health & Fitness:

10% off all services. Average price for monthly plans range from \$250 - \$400.
1631 W. Ina Rd., Ste. 111 ~ (520) 498-0359

Boxing, Incorporated - Ina/Old Father location:

Fitness and Fighting Training Center. 1/2 off enrollment and \$10 off monthly fee.
4165 W. Ina Rd. ~ (520) 744-7333

CrossFit NOW:

10% off monthly membership, additional discounts for Sheriffs. Bring Pima County ID and law enforcement ID.
4896 N. Jersey Ct. ~ (520) 888-0317

KoSho Martial Training Institute:

Between 10 and 15% off various fitness programs.
151 W. Orange Grove ~ (520) 887-4099

Ladies Workout Express:

50% off registration fee & \$5 discount on monthly dues.
2480 N. Silverbell Rd. Ste. 100 ~ (520) 903-2500

La Mariposa Fitness & Sports Club:

15% off enrollment and discounted 6 or 12 month membership.
1501 N. Houghton Rd. ~ (520) 749-1099

Ms Fit Health Club:

50% off enrollment fee; \$45/month, month-to-month membership; \$40/month with 12-month contract; \$35/month with 18-month contract; \$30/month with 24-month contract.
7788 E. Speedway Blvd. ~ (520) 290-2900

New Body Studios:

Personal Training, Pilates, Brain-Fit Boot Camp and Small Group Classes, 10% off.
2665 N. Country Club Rd. ~ (520) 795-1004

SNAP Fitness:

Free enrollment; Discounted monthly rates available for Pima County Employees and their family. See details on website and visit snapfitness.com for contact info on locations:
1970 W. River Rd. 8816 E. Broadway Blvd.
8567 N. Silverbell 7545 S. Houghton Rd
13350 E. Mary Ann Cleveland Way



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Tucson Jewish Community Center:

Free enrollment and 15% discount off monthly membership.
3800 E. River Rd. ~ (520) 299-3000

Tucson Racquet & Fitness Club:

Initiation fee waived with membership.
4001 N. Country Club Rd. ~ (520) 795-6960

Ultima Self Defense and Fitness, LLC:

10% off adult, child & family rates and two for one Krav Maga introductory class rates.
7649 E. Speedway Blvd. ~ (520) 721-2348

X1 Sports & Fitness Kickboxing and Martial Arts:

\$0 enrollment (Regularly \$99) & up to 50% off monthly membership. Offering Cardio Kickboxing, Boxing, Muay Thai, Jiu Jitsu And MMA.
3904 E. Grant Rd. ~ (520) 209-BOXN (2696)

Wellness Services & Discounts

Center4 Stress Reduction:

20% off on massage for Sheriff's Dept. employees. Please bring ID.
48 N. Tucson Blvd., Ste. 106 (520) 323-5059

Outdoor Living:

5% discount. To activate your discount, go to www.outdoorliving.com and use the coupon code EmpDiscount5. 7% discount on picnic tables and hammocks using coupon code MemDis7.

El Dorado Audiology

Complementary Hearing visit – 1 ½ hour exam at no cost. Lifetime free office visits and batteries with the purchase of hearing aid.
6206 E. Pima Street, Ste. 4 (520) 885-0234