

every tie
reminds us
why



Ready, Set...

Lace up your sneakers and make a commitment to live healthier by joining us for the annual

American Heart Association National Walking Day

Location: Jacome Plaza, 101 N. Stone Ave, Tucson, AZ 85701
Right in front of the Joel Valdez Main Library

Date/Time: Wednesday, April 1st

12:00pm: Health Fair begins

12:20pm: Tucson Major Jonathan Rothschild and Carondelet cardiologist Dr. William Howe welcome walkers

12:30pm: Start walking

Event Details: Bring your colleagues for a one-mile walk around Downtown. Enjoy free healthy snacks, and learn about heart health and Tucson's best hiking trails.



Locally Sponsored By:



Carondelet. Be well.



