



Monthly QUIZ *Answers*

TEST YOUR KNOWLEDGE ON A VARIETY OF WELLNESS TOPICS

- 1** Many tissue engineering methods use _____, which can be nudged to turn into different cell types.

 - a. brain cells
 - b. cancer cells
 - c. stem cells**
- 2** By some estimates, up to 20 million Americans may have gallstones, the most common type of gallbladder disorder.

True False
- 3** Supplements can take the place of the variety of foods that are important to a healthy diet.

True **False—Supplements can't take the place of the variety of foods that are important to a healthy diet**
- 4** Approximately _____ million adults ages 18 and older have an alcohol use disorder (AUD) and 1 in 10 children live in a home with a parent who has a drinking problem.

 - a. 17**
 - b. 9
 - c. 12
- 5** Another tissue engineering approach, called _____ involves removing all the cells from an organ.

 - a. remodification
 - b. decellularization**
 - c. cell unification
- 6** Gallstones can cause sudden pain in the upper right abdomen, called a gallbladder attack (or biliary colic).

True False
- 7** _____ is a medical condition that doctors diagnose when a patient's drinking causes distress or harm.

 - a. Alcohol use disorder (AUD)**
 - b. Substance reliance
 - c. Chemical dependence
- 8** The U.S. Food and Drug Administration (FDA) determines whether dietary supplements are effective before they are marketed.

True **False—The U.S. Food and Drug Administration (FDA) does not determine whether dietary supplements are effective before they are marketed.**