



You are logged in as RHIAN MADRID

- I want to...
- Ask Ann to help me compare costs
- Find a Doctor, Dentist or Facility
- View Deductibles & Plan Limits
- Get an ID Card
- View Personal Health Record
- Take a Health Assessment
- Order Medications

Welcome to your secure Aetna Navigator® website. [View your messages](#) 1

Explaining your EOBs

It's called an Explanation of Benefits statement or E.O.B. But what is it for, and what does it show you? Our video can help. [Watch](#)



Discover CarePass Apps

Use iTrage to find a doctor, make an appointment, understand symptoms, read the latest health news.

CONNECT WITH CAREPASS

Your Claims

Your Accounts & Funds

Your Health Care Costs

- Online Health Programs
- Personal Health Record
- Surgery Decision Support
- PatientsLikeMe
- Find a Doctor
- SmartSource
- Healthwise Knowledgebase
- Reawakening Center

Health Assessment 2

Take a quick questionnaire and learn more about your health.

Launch My Health Assessment ▾

You last completed your Health Assessment on January 7, 2014, at 1:24 p.m.

Online Health Programs 2

Our online programs can guide you to improve your health or better manage a chronic condition.

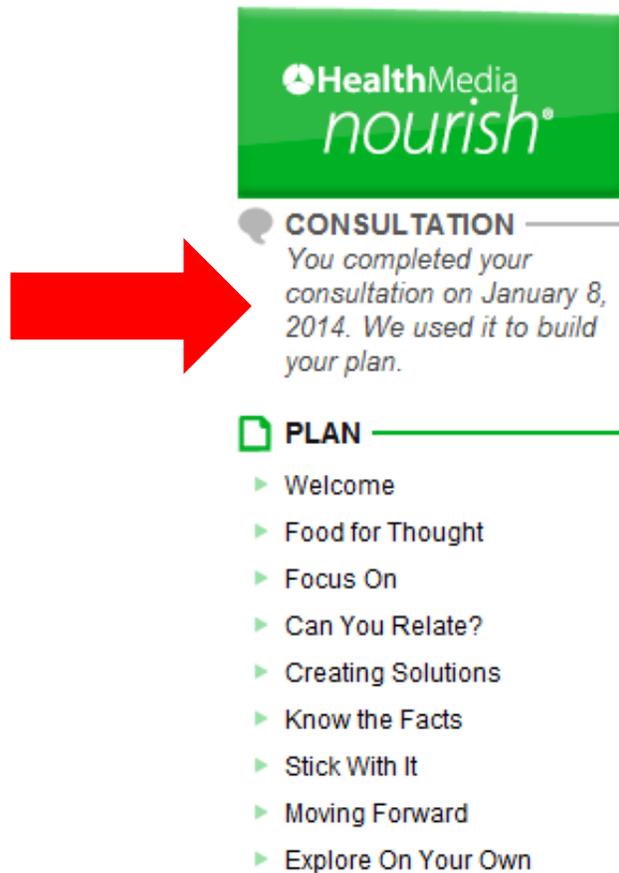
Launch My Programs

CONTINUE TO NEXT PAGE

LOCATE THE PROGRAM ICON THAT HAS ENROLLED IN THE UPPER LEFT CORNER AND SELECT GO.



A notification card with a green banner in the top-left corner that says "ENROLLED". The card contains a small image of a green apple, the text "Eat healthier.", and a paragraph: "HealthMedia® NOURISH™ offers easy-to-understand, one-on-one nutritional counseling to help improve your eating habits – for life." At the bottom, there are three buttons: "Time to check in with us >", "Detail ▾", and "Go ▶". Two red arrows point to the "ENROLLED" banner and the "Go" button.



The HealthMedia Nourish logo is shown at the top. Below it, a red arrow points to a "CONSULTATION" section. The text in this section reads: "You completed your consultation on January 8, 2014. We used it to build your plan." Below the consultation section is a "PLAN" section, which is a list of ten items, each preceded by a right-pointing arrowhead: "Welcome", "Food for Thought", "Focus On", "Can You Relate?", "Creating Solutions", "Know the Facts", "Stick With It", "Moving Forward", and "Explore On Your Own".