

Senior Activities Newsletter



October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>Business Meeting</i> 10:00 a.m. <i>Team A</i>				
6	<i>Meet-up Casino*</i> 11:00 a.m.	<i>Bingo</i> 11:30 a.m. \$3.00		<i>Trip Stain Glass Workshop</i> 9:30a.m. \$10.00		
13	<i>Meet Up Walk *</i> 10:30 a.m.					
20		<i>Bunco</i> 11:30 a.m. \$1.00			<i>Trip Chiles, Chocolate</i> 9:00a.m. \$13.00	
27	<i>ACES Board, Committee Meetings</i> 10:00 a.m.	<i>Movie Spider-Man: Far from Home</i> 2:00 p.m.		<i>Halloween Luncheon</i> 11:30 a.m. <i>Free Team C</i>		

Schedule of Events

October 1 A.C.E.S. Business Meeting: Doors open at 9:30a.m. Sign up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream will be served by team A.

October 7* Senior Casino Meet-up: at 11:00 a.m. **Free** Casino Del Sol Players Club.*

October 8 A.C.E.S. Bingo: 11:30 a.m. **\$3.00** Have a fun filled day with Bingo, food and friends.
Snack: Salad, bread, cheese and dessert.

October 10 Trip: 9:30 a.m. **\$10.00** Stain Glass Workshop at Robles Ranch Community Center. Includes lunch and materials to create stain glass. *Limited to ten total people.*

October 14 *Meet Up Walk*: 10:30 a.m. **Free** Maeveen Behan Park and LOYO at Subway after the walk. All walks are less than 2 miles.*

October 22 A.C.E.S. Bunco: 11:30 a.m. **\$1.00** Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch.

October 25 Trip: 9:00 a.m. **\$13.00** Chiles, Chocolate, & Day of the Dead. Come celebrate your memories, and make new ones, the sixth annual salute to the fiery Chile and decadent chocolate.

October 28 A.C.E.S. Board and Committee Meetings: 10:00 a.m. The Committee meeting is at 10:00 a.m. with the Board meeting to follow. Serving team captains and committee members are invited to attend the Committee meeting.

October 29 Senior Movie: 2:00 p.m. **Free** *Spider-Man: Far from Home*. Peter and friends go to Europe for fun, but soon plans change.

October 31 Halloween Costume Luncheon: 11:30 a.m. **\$10.00** Scare up some friends to partake of ghoulish treats. Wear your best outfit for our Annual Costume Contest. Team C will assist.

*** This is not
a Pima County
Sponsored Event**

A.C.E.S. INFO CORNER

Other Activities at the Center

Embroiders' Guild of America: Meets 1st Thursday of every month from 10:00 a.m.–2:30 p.m. Beading Group meets 2nd Thursday of the month in the senior lounge from 9:30 a.m.–1:30 p.m. Please contact Linda Kanora at 398-7268 for more information.

Senior Games & Cards: Every Monday, Wednesday and Friday from 12:30–3:30 p.m. in the senior lounge. Call 724-5360 for more information.

Free computer use: in senior lounge (age 50 and above) Monday-Friday 9:00 a.m.-6:00 p.m.

Senior Nutrition Program: Offers nutritious meals for older adults. Registration is required. For information please contact Sue Denter at 724-5362.

Ta'i Chi for Arthritis and Fall Prevention and Seated Ta'i Chi are among the classes offered at the center. Please pick up a Special Interest Classes booklet at the front desk or visit www.pima.gov/nrpr for more information.

Enhance Fitness: This is a class that works on cardio, balance, and strength for older adults and takes place every Monday, Wednesday and Friday from 9:30–10:30 a.m. See the front desk for more information.

There are a whole variety of things that take place each month. Feel free to look at all the flyers placed around the front desk for information on upcoming events. If you are interested in starting a new activity, please see Joanna



Senior Trip to Rooster Cogburn Ostrich Ranch

Happy October Birthdays!



If you have any information about an illness or death of an A.C.E.S. member or family member PLEASE CALL:
Janice Bottorff at 888-7293



A FURTHER LOOK AHEAD



A list of up coming events...

November 2019

Friday, November 1st, Trip: Mt Lemmon. 9:00 a.m. We will hopefully be viewing the fall colors on Mt. Lemmon. Bring a picnic lunch, water, and please wear close toe walking shoes. Temperatures will be cooler. Be aware that the elevation is 9,157 at the top of Mt. Lemmon.

Monday, November 4th, Senior Casino Meet Up*: 11:00 a.m. **Free** Meet at Casino Del Sol Players Club.*

Thursday, November 7th, ACES Bunco: 11:30 a.m. **\$1.00** Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch. Please sign up at the October meeting.

Tuesday, November 12th, ACES Business Meeting: Doors open at 9:30a.m. Sign-up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream will be served by Team B.

Monday, November 18th, Meet Up Walk: 10:00 a.m. **Free** Feliz Paseo Park and lunch at Pat's Chile Dogs after the walk. All walks are less than 2 miles.*

Tuesday, November 19th, Bingo: 11:30 a.m. **\$3.00** Have a fun filled day with Bingo, food and friends. Snack: TBA

Thursday, November 22nd, Trip: 10:00a.m. Arizona Historical Society. Please join us to learn and enjoy the vast history of state of Arizona, the Wild West, and Northern Mexico.

Monday, November 25th, ACES Board and Committee Meetings: 10:00 a.m. The Committee meeting is at 10:00 a.m. with the Board meeting to follow. Serving team captains and committee members are invited to attend the Committee meeting.

Tuesday, November 26th, Thanksgiving Luncheon and Senior Movie: 11:30 a.m. **\$10.00** Movie TBD. The movie will follow the luncheon of traditional Thanksgiving dishes. Team D will be assisting serving the meal.

December 2019

Tuesday, December 3rd, ACES Business Meeting: Doors open at 9:30a.m. Sign-up for activities at 10:00 a.m. Meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Coffee, cake and ice cream will be served by Team C.

Monday, December 9th, Senior Casino Meet Up*: 11:00 a.m. **Free** Meet at Casino Del Sol Players Club.*

Tuesday, December 10th, ACES Bunco: 11:30 a.m. **\$1.00** Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch.

Friday, December 13th, Trip: Tucson 4th Avenue Winter Street Fair. 10 a.m. The Tucson Street Fair bring together over 400 art/crafts booths, over 35 food vendors, two entertainment stages, street performers, and so much more!

Tuesday, December 17th, Bingo: 11:30 a.m. **\$3.00** Have a fun filled day with Bingo, food and friends. Snack: TBA

Thursday, December 19th, Holiday Luncheon: 11:30 a.m. **\$10.00** Team E will be assisting.

Monday, December 23rd, Trip: Tanque Verde Guest Ranch. 11:00a.m. **\$31.00** Join us for festive holiday lunch buffet in a beautiful setting.

Thursday, December 26th, Senior Movie: TBA

Monday, December 30th, ACES Board and Committee Meetings: 10:00 a.m. The Committee meeting is at 10:00 a.m. with the Board meeting to follow. Serving team captains and committee members are invited to attend the Committee meeting.

*** This is not a Pima County Sponsored Event**

**** Dates, Times, Prices and Menu are subject to change ****

**** All trips leave from Ellie Towne Community Center. Please meet at the appropriate time in the front lobby. ****

**A Club for Every Senior
Ellie Towne Flowing Wells
Community Center
1660 W. Ruthrauff Rd.
Tucson, AZ 85705
520-724-5363**

The A.C.E.S. and Senior Activities newsletter
is available online at:
www.pima.gov/nrpr

Click on the Community Centers link,
then Ellie Towne Flowing Wells
Community Center.

The newsletter is under the
ACES Senior Club Tab.

OFFICERS

President: Gary Price
Vice President: Ellie Towne Neal
Treasurer: Sandra Mittelstaedt
Secretary: Ellie Pump
Historian: Carol Beasley
Ex-Ofi: Barbara Parks

For more information
please contact Joanna,
Community Recreation
Center Coordinator
520-724-5363

Gray Line Overnight Coach Tours

2020 Gray Line Overnight Coach Tours

**Information on the
2020 tours coming soon**

For more information call: Gary Price (520) 907-0523

This is not a Pima County Sponsored Event

A little more information about A.C.E.S.

1. To become a member of ACES you must attend 3 business meetings, (these do not have to be consecutive). Sign the GUEST REGISTER each time. At the next meeting (#4) you will be given an application for membership. Fill this out and turn it in; at the following meeting you will receive your membership card.
2. **You do not have to be a member to sign up and attend activities.** You do, however, need to sign up in advance for all activities you wish to attend and pay the accompanying fee.
3. Sign ups are not open until the month the activity takes place (unless otherwise specified) starting at 10:00 a.m. on business meeting day.
4. **You may only sign up for yourself and one other person.**

Important Notes

It is ACES policy, when attending an activity, to use small bills, have correct change and pay for each activity separately. If paying by check, please pay with a separate check for each activity. When we attempt to make change from different funds there is a possibility for error. We thank you for your understanding in this matter. If this ends up being difficult on the day of the meeting you may come to the office any time during the month to sign up for activities or to pick up a newsletter. There is a risk of some activities being full.

Please refrain from wearing fragrance or strong scents to meetings or events.



Spider-Man: Far From Home