




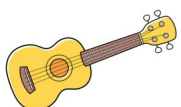






Ellie Towne Flowing Wells Community Center
 1660 West Ruthrauff Road
 (520) 724-5360



October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date and times of activities and events subject to change		1 ACES Business Meeting 10-12 PCOA Tools For Care 1-3 Oil Painting 1-4pm Mahjong 1-4 Gold Diggers 6-8 pm 	2 Pima Healthy Living 9am-11:30am PCOA Finding Meaning 10:30-12:30 Clay Class 9-12 Tai Chi 1-2 Thrive 7-8pm	3 EGA Beaders 9:30-2:30 Reiki 10am-12pm Ukulele 3-5 FWNACC 6-8	4 Tai Chi 11-12 Clay Class 12:30-3:30 Thrive 7-8pm 	5 Senior Meals Program: Monday, Wednesday, Friday 10am-1pm
6 Thrive 10 a.m. service	7 ACES Casino Meetup 9am Library Knitters 1-3	8 Mahjong 1-4 Bingo 11:30 am American Legion Aux. 6:30 pm PCOA Tools For Care 1-3 pm Ocotillo Rain 1pm Oil Painting 1-4pm	9 PCOA 9-12 Clay Class 9-12 PCOA Finding Meaning 10:30-12:30 Tai Chi 1-2 Thrive 7-8pm	10 Senior Trip 9:30 am EGA Beading 9:30-2 Ukulele 3-5 Native Flute Class 5:30-7:30 pm La Cholla HOA 6-8 Westbrook HOA 6:30-8pm	11 Tai Chi 11-12 Clay Class 12:30-3:30 	12 Senior Games: Monday, Wednesday, Friday 12:30-3 pm
13 Thrive 10 a.m. service	14 Library Knitters 1-3 	15 PCOA Tools For Care 1pm-3pm Mahjong 1-4 Oil Painting 1-4pm	16 PCOA 9-12 Clay Class 9-12 Pima Healthy Living 9-11:30am PCOA Finding Meaning 10:30-12:30 Tai Chi 1-2	17 Ukulele 3-5 FWNACC 5:30-7:30 pm Native Flute Class 5:30-7:30pm	18 Tai Chi 11-12 Clay Class 12:30-3:30 Transgender Support Group 4pm-5:30pm	19 Enhanced Fitness class is held every Monday, Wednesday and Friday from 9am-10am in MPR2
20 Thrive 10 a.m. service	21 Library Knitters 1-3	22 Mahjong 1-4 Oil Painting 1-4pm ACES Bunco 11:30 PCOA Tools For Care 1-3pm Ocotillo Rain 1pm 	23 Clay Class 9-12 PCOA 9-12 Tai Chi 1-2 PCOA Finding Meaning 10:30 Pima Healthy Living 9-11:30 Thrive 7-8pm	24 Ukulele 3-5 Native Flute Class 5:30-7:30pm 	25 Senior Trip 9am Tai Chi 11-12 Clay Class 12:30-3:30 MHC Outreach 3-5pm	26 After School Program every weekday, school dismissal-5:45pm
27 Thrive 10 a.m. service	28 ACES Board Meeting 10am Library Knitters 1-3 	29 PCOA Tools For Care 1-3pm Mahjong 1-4 Oil Painting 1-4pm Senior Movie 2 pm 	30 PCOA 9-12 Clay Class 9-12 Tai Chi 1-2 Thrive 7-8pm	31 Halloween Costume Luncheon 11:30 am Ukulele 3-5 Native Flute Class 5:30-7:30pm		See "Senior Activities Newsletter" for complete list of ACES activities