



Southern Chapter of the Arizona Falls Prevention Coalition

Falls are the leading cause of unintentional injury-related hospitalizations, emergency department visits, and deaths among Arizona citizens 65 and older.

Join us at one of several **FREE** events to learn more about how to prevent falls!

Presentations and resources at each location may include:

- Osteoporosis and fragility fractures
- Proper use of assistive devices
- Dementia: stages, types, and symptoms
- Safety/mobility equipment
- Fall and fracture risk assessment
- Medication information
- Blood pressure screenings
- Vision screenings
- Diabetes management information
- Program demonstrations and sign-ups

September 12, 9-11:30 AM

Ellie Towne Flowing Wells
Community Center
1660 W. Ruthrauff Rd., Tucson 85705

September 20, 9-11:00 AM

El Rio Community Health Centers
El Pueblo, Building 9
101 W. Irvington Rd., Tucson 85746

September 23, 9-3:00 PM

Stay Vertical Fall Prevention Event
Valley Assistance Services
Valley Presbyterian Church
2800 S. Camino Del Sol,
Green Valley 85622
*Registration required as lunch provided.
Please call 520-625-5966.*

September 27, 8-12:30 PM

Santa Cruz Care Conference
2150 N. Congress Dr., Nogales 85621

September 27, 3-5:30 PM

Banner UMC - Tucson and University
of Arizona Fall Prevention Event
Health Sciences Innovation Bldg.
1670 E. Drachman St., Tucson 85721

October 5 & 6, 9-5:00 PM

Art in the Park
3105 E. Fry Blvd., Sierra Vista 85635

October 12 & 13, 10-5:00 PM

Patagonia Fall Festival
325 McKeown Ave., Patagonia 85624

October 16, 9-12:00 PM

Encompass Health Rehabilitation
Mountain View Retirement Village
7900 N. La Cañada Dr., Tucson 85704

November 7, 9-11:30 AM

Picture Rocks Community Center
6691 N. Sandario Rd., Tucson 85743

For more information visit www.healthypima.com/falls

Coalition Partners

Adult Protective Services
Amerigroup
Arizona Cancer Center
Arizona Hospital and HealthCare Association
Banner Fracture Liaison Service
Banner University Health Plans
Banner University Medical Center
Carondelet St. Joseph's Hospital
Community Home Repair Projects of Arizona
Drexel Heights Fire District
El Rio Health
Encompass Health Rehabilitation Hospitals
Golder Ranch Fire District
Green Valley Fire District
Interfaith Community Services
JFCS of Southern Arizona
Pima Council on Aging
Pima County Health Department
Rincon Valley Fire District
Rio Rico Medical Fire District
Southeastern Arizona Governments Organization
Tai Chi for Health
Tucson Fire Department
Tucson Medical Center
U of A Arthritis Center
U of A Center for Rural Health
U of A Center on Aging
U of A College of Medicine- Surgery
U of A College of Nursing
Valley Assistance Services

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