

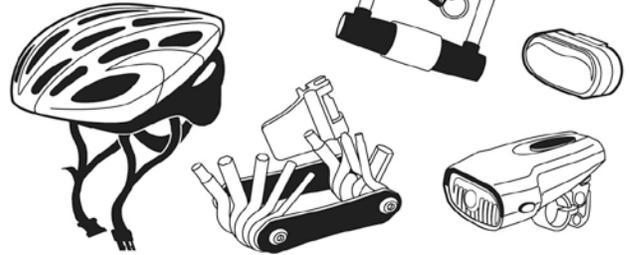
Free Bike Safety Classes!

January – February 2015



Get Your Choice of Free Items:

- Free Helmet, Bike Light Set, Bicycle U-Lock, or Multi Tool Set



www.BikePed.pima.gov

Items may vary • Illustrations approximate

Classes conducted by L.A.B. League Cycling Instructors and sponsored by Pima County

PLEASE NOTE: Participants need to bring a bike in good working condition.

UA AREA BIKE RIDE!

Did you just arrive in town or are you a new UA student? Join us for a fun and free 1-hour bike ride on and around the UA campus. This ride will familiarize you with the UA bike routes and how to cycle safely around campus and the streetcar tracks. **Participants will receive a choice of one free item: a free helmet, front & rear bike light set or bicycle U-lock**

January 21st, 2015 • 9:00 a.m. to 10:00 a.m. UA/Pima County Bike Station, UA Mall & Highland
 February 10th, 2015 • 9:30 a.m. to 10:30 a.m. UA/Pima County Bike Station, UA Mall & Highland

GET BACK ON YOUR BIKE!

Join us at one of our Get Back on Your Bike classes for an easy 2-hour ride where we get you set up and ready to ride, discuss basic bike topics, and ride local streets to familiarize yourself with how to operate your bike safely within the city. Participants must be able to already ride a bike and bikes in good condition with at least one functioning handbrake or coaster brake are required. Recommended for adults and youth ages 16 and up 13-15 okay with a parent. **Participants will receive a choice of one free item: a free helmet, front & rear bike light set, bicycle U-lock, or multi tool.**

Saturday, January 31st, 2015 • 8:30 a.m. to 10:30 a.m. Himmel Park Library, 1035 N. Treat Ave.
 Saturday, February 28th, 2015 • 8:30 a.m. to 10:30 a.m. Himmel Park Library, 1035 N. Treat Ave.

CONFIDENT and CAPABLE CYCLIST (Traffic Skills 101)

This course is a primer for those cyclists who wish to gain a full understanding of how to safely operate a bicycle in a variety of situations. The class includes learning how to perform a quick safety check, fix a flat, and do minor mechanical adjustments. It also includes review of state and local laws and on-bike skills. All sorts of bicycle topics including route selection and riding gear will be discussed. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a choice of two free items from the list of safety items.**

Part 1, Wednesday, January 7th, 2015 • 6:30 p.m. to 9:00 p.m. Ward VI Council Office, 3202 E. 1st Street.
 Part 2, Saturday, January 10th, 2015 • 8:00 a.m. to 2:00 p.m. Ward VI Council Office, 3202 E. 1st Street.

Part 1, Tuesday, January 20th, 2015 • 6:30 p.m. to 9:00 p.m. Ward VI Council Office, 3202 E. 1st Street.
 Part 2, Saturday, January 24th, 2015 • 8:00 a.m. to 2:00 p.m. Ward VI Council Office, 3202 E. 1st Street.

To sign up, call 724-BIKE (2453) or email Olga.Valenzuela-Ochoa@pima.gov. Continued on reverse side

CONFIDENT and CAPABLE CYCLIST (Traffic Skills 101)

Part 1, Wednesday, February 4th, 2015 • 6:30 p.m. to 9:00 p.m..... Ward VI Council Office, 3202 E. 1st Street.
Part 2, Saturday, February 7th, 2015 • 8:00 a.m. to 2:00 p.m. Ward VI Council Office, 3202 E. 1st Street.

Part 1, Tuesday, February 17th, 2015 • 6:30 p.m. to 9:00 p.m..... Ward VI Council Office, 3202 E. 1st Street.
Part 2, Saturday, February 21st, 2015 • 8:00 a.m. to 2:00 p.m. Ward VI Council Office, 3202 E. 1st Street.

CONFIDENT and CAPABLE CYCLIST Class for WOMEN (Traffic Skills 101)

This course teaches the same skills as the regular Traffic Skills 101 class, but in a supportive all-woman atmosphere. In addition to the regular topics, this class will delve into the history of women and the bicycle, cover women-specific bicycle fit, talk about clothing options if you're just not into that flashy look, and touch on personal security issues while riding alone. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a choice of two free items from the list of safety items.**

Part 1, Thursday, January 15th, 2015 • 6:30 p.m. to 9:00 p.m. Perimeter Bicycling, 2609 E. Broadway
Part 2, Saturday, January 17th, 2015 • 8:00 a.m. to 2:00 p.m. Perimeter Bicycling, 2609 E. Broadway

Part 1, Thursday, February 12th, 2015 • 6:30 p.m. to 9:00 p.m. Perimeter Bicycling, 2609 E. Broadway
Part 2, Saturday, February 14th, 2015 • 8:00 a.m. to 2:00 p.m. Perimeter Bicycling, 2609 E. Broadway

MECHANICS CLASS

This class will focus on basic mechanics of the bicycle and will include repair and adjustment of the most common problems. Bring your bikes and plan on getting your hands dirty! Class size is limited to 10 people. **Participants will receive a free flashing LED leg band and a choice of a free bicycle U-lock, bike light set or multi tool.**

Saturday, January 3rd, 2015 • 9:00 a.m. to 1:00 p.m. Ward VI Council Office, 3202 East 1st St
Saturday, February 14th, 2015 • 9:00 a.m. to 1:00 p.m. Ward VI Council Office, 3202 East 1st St

WOMAN'S MECHANICS CLASS

This class will focus on basic mechanical aspects of the bicycle and will include repair and adjustment of the most common problems. Includes flat tire repair, changing & lubing chains, brakes & derailleur adjustment, changing & adjusting cables, wrapping handlebar tape, spoke tension, and recommendations for assembling a tool kit. Bring your bikes and plan on getting your hands dirty! Class size is limited to 10 people. **Participants will receive a free flashing LED leg band and a choice of a free bicycle U-lock, bike light set or multi tool.**

Saturday, January 31st, 2015 • 1:00 p.m. to 5:00 p.m. Ward VI Council Office, 3202 East 1st St
Saturday, February 28th, 2015 • 1:00 p.m. to 5:00 p.m. Ward VI Council Office, 3202 East 1st St

To sign up, call 724-BIKE (2453) or email Olga.Valenzuela-Ochoa@pima.gov