

Free Bike Safety Classes!

January & February 2018

Get Your Choice of Free Items:

- Free Helmet, Bike Light Set, Bicycle U-Lock, or Multi-Tool Set



www.BikePed.pima.gov

Items may vary • Illustrations approximate

Classes conducted by L.A.B. League Cycling Instructors and sponsored by Pima County

PLEASE NOTE: Participants need to bring a bike in good working condition and an approved bicycle safety helmet. If you need a loaner helmet, please let us know and we can provide one. To sign up, call 724-BIKE (2453) or email Olga.Valenzuela-Ochoa@pima.gov

GET BACK ON YOUR BIKE (OUTSIDE CLASS)

Join us at one of our Get Back on Your Bike classes for an easy 2-hour ride where we get you set up and ready to ride, discuss basic bike topics, and ride local streets to familiarize yourself with how to operate your bike safely. Participants must be able to already ride a bike. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a free reflective leg band, front/rear reflective bike tape, and a free patch kit.**

Saturday, January 27th, 2018 • 10:00 a.m. to 12:00 p.m. Himmel Park Library, 1035 N. Treat Avenue
Saturday, February 24th, 2018 • 10:00 a.m. to 12:00 p.m..... Himmel Park Library, 1035 N. Treat Avenue

CONFIDENT and CAPABLE CYCLIST (Traffic Skills 101)

This course is a primer for those cyclists who wish to gain a full understanding of how to safely operate a bicycle in a variety of situations. The class includes learning how to perform a quick safety check and how to fix a flat. We will discuss state and local laws and riding gear. Participants will go for a ride and practice bike safety skills in a parking lot. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a choice of one free item from the list of safety items and receive front/rear reflective bike tape and a free patch kit.**

Part 1, Friday, January 12th, 2018 • 6:00 p.m. to 8:30 p.m. REI, 160 W. Wetmore
Part 2, Saturday, January 13th, 2018 • 8:00 a.m. to 2:00 p.m..... REI, 160 W. Wetmore
Part 1, Tuesday, January 30th, 2018 • 5:30 p.m. to 8:00 p.m..... Summit Hut, 5251 E. Speedway Blvd
Part 2, Saturday, February 3rd, 2018 • 8:00 a.m. to 2:00 p.m. Summit Hut, 5251 E. Speedway Blvd

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MECHANICS CLASS

This class will focus on basic mechanical aspects of the bicycle and will include repair and adjustment of the most common problems. Includes flat tire repair, changing and lubing chains, brakes and derailleur adjustment, changing and adjusting cables, wrapping handlebar tape, adjusting spoke tension, and recommendations for assembling a tool kit. Bring your bikes and plan on getting your hands dirty! Class size is limited to 10 people.

Participants will receive a choice of one free item from the list of safety items and will receive front/rear reflective bike tape and a free patch kit.

Saturday, January 20th, 2018 • 9:00 a.m. to 1:00 p.m. Ward VI Council Office, 3202 East 1st Street

Saturday, February 17th, 2018 • 9:00 a.m. to 1:00 p.m. Ward VI Council Office, 3202 East 1st Street

To sign up, call 724-BIKE (2453) or email Olga.Valenzuela-Ochoa@pima.gov. Continued on reverse side