

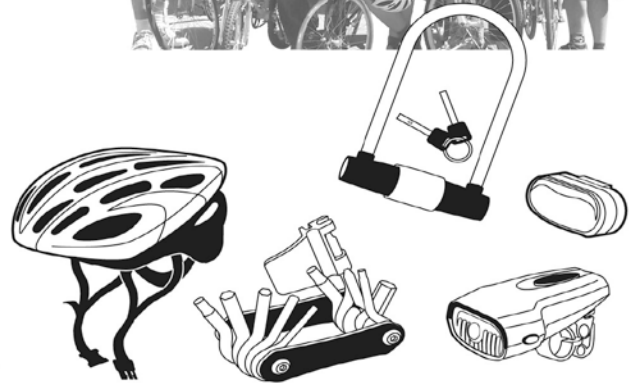
# Free Bike Safety Classes!

MAY & JUNE 2018



Get Your Choice of Free Items:

- Free Helmet, Bike Light Set, Bicycle U-Lock, or Multi-Tool Set



Items may vary • Illustrations approximate

[www.BikePed.pima.gov](http://www.BikePed.pima.gov)

**Classes conducted by L.A.B. League Cycling Instructors and sponsored by Pima County**

**PLEASE NOTE: Participants need to bring a bike in good working condition and an approved bicycle safety helmet. If you need a loaner helmet, please let us know and we can provide one. To sign up, call 724-BIKE (2453) or email [Sam.Chia@pima.gov](mailto:Sam.Chia@pima.gov)**

## GET BACK ON YOUR BIKE (OUTSIDE CLASS)

Join us at one of our Get Back on Your Bike classes for an easy 2-hour ride where we get you set up and ready to ride, discuss basic bike topics, and ride local streets to familiarize yourself with how to operate your bike safely. Participants must be able to already ride a bike. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a free reflective leg band, front/rear reflective bike tape, and a free patch kit.**

Saturday, May 26<sup>th</sup>, 2018 • 8:00 a.m. to 10:00 a.m. .... Himmel Park Library, 1035 N. Treat Avenue  
Saturday, June 23<sup>rd</sup>, 2018 • 8:00 a.m. to 10:00 a.m. .... Himmel Park Library, 1035 N. Treat Avenue

## CONFIDENT and CAPABLE CYCLIST (Traffic Skills 101)

This course is a primer for those cyclists who wish to gain a full understanding of how to safely operate a bicycle in a variety of situations. The class includes learning how to perform a quick safety check and how to fix a flat. We will discuss state and local laws and riding gear. Participants will go for a ride and practice bike safety skills in a parking lot. Recommended for adults and youth ages 16 and up; 13-15 okay with a parent. **Participants will receive a choice of one free item from the list of safety items and receive front/rear reflective bike tape and a free patch kit.**

Part 1, Friday, May 11<sup>th</sup>, 2018 • 6:00 p.m. to 8:30 p.m. .... REI, 160 W. Wetmore Rd  
Part 2, Saturday, May 12<sup>th</sup>, 2018 • 8:00 a.m. to 2:00 p.m. .... REI, 160 W. Wetmore Rd  
Part 1, Friday, June 8<sup>th</sup>, 2018 • 6:30 p.m. to 9:00 p.m. .... REI, 160 W. Wetmore Rd  
Part 2, Saturday, June 9<sup>th</sup>, 2018 • 8:00 a.m. to 2:00 p.m. .... REI, 160 W. Wetmore Rd

**To sign up, call 724-BIKE (2453) or email [Sam.Chia@pima.gov](mailto:Sam.Chia@pima.gov) Continued on reverse side**

MECHANICS CLASS

This class will focus on basic mechanical aspects of the bicycle and will include repair and adjustment of the most common problems. Includes flat tire repair, changing and lubing chains, brakes and derailleur adjustment, changing and adjusting cables, wrapping handlebar tape, adjusting spoke tension, and recommendations for assembling a tool kit. Bring your bikes and plan on getting your hands dirty! Class size is limited to 10 people.

**Participants will receive a choice of one free item from the list of safety items and will receive front/rear reflective bike tape and a free patch kit.**

Saturday, May 19<sup>th</sup>, 2018 • 9:00 a.m. to 1:00 p.m. .... Ward VI Council Office, 3202 East 1<sup>st</sup> Street

Saturday, June 16<sup>th</sup>, 2018 • 9:00 a.m. to 1:00 p.m. .... Ward VI Council Office, 3202 East 1<sup>st</sup> Street

**To sign up, call 724-BIKE (2453) or email [Sam.Chia@pima.gov](mailto:Sam.Chia@pima.gov) Continued on reverse side**