

PIMA COUNTY

Special Interest Classes

September to December 2014



PIMA COUNTY
NATURAL RESOURCES
PARKS & RECREATION

3500 West River Road • Tucson, AZ 85741
520-877-6290 • www.pima.gov/nrpr

IMPORTANT REGISTRATION INFORMATION

Please read carefully before you register.

2014 SESSION DATES

Session 5: September 2–October 26, 2014
Session 6: October 27–December 14, 2014

REGISTRATION DEADLINES

August 25, 2014
October 20, 2014

REGISTRATION BEGINS AUGUST 4, 2014. Registration deadline is always 1 week prior to the class start date. If you would like to register, but it is less than 1 week prior to the start of class please call 877-6290 to confirm that the class has not been cancelled.

See individual class descriptions for start and end dates. A class may or may not be conducted on legal holidays. Consult your instructor if this information is not listed in the class description.

REGISTRATION FORMS AND FEES

Registrations are only accepted by mail. Faxed, phoned, or walk-in registrations are not permitted. Classes are filled on a first-received, first-registered basis. Register early to ensure a space in the class you want. Registration for unfilled spaces may be available the first week of a class, but you are strongly urged to register early.

To register for a class or workshop, fill out the registration form on the back page. The form must be filled out completely. We do not use the information for any purpose other than class registration, fee processing and for our classes mailing list. A separate check or money order is required for classes at different class locations. Mail the completed registration form(s) and check(s) or money order(s) made payable to:

Pima County Natural Resources, Parks and Recreation or PCNRRP

Attn: Class Registrations

3500 W. River Rd.

Tucson, AZ 85741

Class Locations

- ALKF A-Long's Kung Fu Academy**
150 S. Camino Seco #112
(Broadway and Camino Seco)
- AVE Virgil Ellis Rifle and Pistol Range**
Ajo Regional Park, Ajo AZ
The Virgil Ellis Rifle and Pistol Range is located in Ajo Regional Park approximately 6-1/2 miles north of Ajo off of Ajo Well 1 Road.
- FW Flowing Wells Community Center**
1660 W. Ruthrauff Rd.
Tucson (Wetmore, Romero, and Ruthrauff intersection)
- NWAC Northwest Art Center**
7770 N. Shannon Rd.
Tucson (Corner of Shannon and Magee)
- OTN Omni Tucson National**
2727 W. Club Dr.
(Shannon Road and Club Drive)
- SERP SE Regional Park Shooting Range**
11296 S. Harrison Rd.
(South of I-10 on Harrison across from fairgrounds)

MATERIAL FEES

Do not include material fees with class registration fees. Material fees are paid directly to the class instructor.

CLASS CONFIRMATION

You will NOT receive class confirmation. If you are not contacted you are confirmed for a class. If you want written confirmation of your class registration, include a self-addressed, stamped envelope with your registration form. If the class you register for is full you will be notified and, if available, offered an alternate choice. If no alternate is available, your check will be returned or your fee will be refunded if already processed.

CLASS CANCELLATION

A minimum number of people must register for a class in order for it to be held. A class will be cancelled if the minimum number of registrations is not received by the registration deadline.

REFUNDS

There are no refunds unless a class is cancelled by Pima County Natural Resources, Parks and Recreation.

CLASS INFORMATION

For class information email LeisureClasses@pima.gov or call 520-877-6290.

Classes for Tots, Youth, and Teens

EXPRESSIVE ARTS

Duplo Toddlers Class (Ages 3-5)

Instructor: Ruth Green

Reinforce essential preschool skills with a fun, new approach based on the time-tested popularity of LEGO® Bricks! Introduce your toddlers to the fun of learning, building, and playing the Bricks 4 Kidz way! The Bricks 4 Kidz alphabet based curriculum introduces developmentally appropriate concepts such as counting, ordering, and patterning, recognizing colors and shapes, using positional words and more. Each lesson closes with a few minutes of free play time and a lively finger play or song about the model of the day. In this class, toddlers will create exciting models using DUPLO® bricks, allowing them to build in a scale designed for their little hands. Visit www.bricks4kidz.com/vailaz for information.



Class Code	Location	Dates	Time	Fee
5-490RG	NWAC-303	Sat 9/6-10/11	11:30-12:15 a.m.	\$48

Enrichment Program Class (Ages 5-12)

Instructor: Ruth Green

Bricks 4 Kidz offers project-based programs designed to teach principles of engineering and architecture, as well as concepts across a variety of subject areas including math, science, and history to children ages 5-12. Students will experience hands-on engineering fundamentals as they build motorized models using



LEGO® bricks. Projects are designed to fit children's skill levels, allowing children of all ages to complete similar but skill appropriate models. Through the use of lab-focused exercises, utilizing LEGO® bricks, the children have the ability to learn, build and explore. Visit www.bricks4kidz.com/vailaz for information.

Class Code	Location	Dates	Time	Fee
5-494RG	NWAC-303	Sat 9/6-10/11	12:30-1:30 p.m.	\$60

Bricks 4 Kidz Jr. Robotics Program (Ages 7-12)

Instructor: Ruth Green

WeDo Robotics is geared to students 7-12 years of age. Using WeDo Software, students will be able to program the robots they craft out of Lego® bricks. WeDo bridges the physical world, represented by Lego models, and the virtual world of computers and programming software, providing a hands-on, minds-on learning experience that actively involves young students in their own learning process. WeDo is generally aimed at promoting children's creative thinking, but also teamwork and problem-solving skills, skills which are essential in the 21st century workplace. Visit www.bricks4kidz.com/vailaz for information.



Class Code	Location	Dates	Time	Fee
5-497RG	NWAC-303	Sat 9/6-10/11	2:00-3:30pm	\$90

MARTIAL ARTS

Mommy (or Daddy) and Me Kung Fu (Ages 2-4)

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)

Our Mommy and Me Kung Fu class offers an introduction to martial arts for children ages 2-4. Moms, Dads, Nannies, Grandparents, etc. will have a great time in this unique bonding experience. Your child will learn martial arts and fitness fundamentals while improving their motor, listening and social skills. Materials fee of \$5 is paid to the instructor at the first class. Class fee is for adult participant and one child. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-280AW	ALKF	Sat 9/6-9/27	11:30 a.m.-Noon	\$48
5-281AW	ALKF	Sat 10/4-10/25	11:30 a.m.-Noon	\$48
6-280AW	ALKF	Sat 11/1-11/22	11:30 a.m.-Noon	\$48
6-281AW	ALKF	Sat 12/6-12/20	11:30 a.m.-Noon	\$36

Tiny Tigers Martial Arts (Ages 4-6)

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)

The Tiny Tigers program is developed specifically for children ages 4 through 6. Children learn a fun, exciting, specially designed curriculum to teach them respect,

Pima County Holidays

September 1 – Labor Day
November 11 – Veterans Day
November 27-28 – Thanksgiving



PIMA COUNTY

PIMA COUNTY BOARD OF SUPERVISORS

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3500 West River Road • Tucson, AZ 85741
520-877-6000 • www.pima.gov/nrpr

Classes for Tots, Youth, and Teens

discipline, stranger awareness, anti-bullying and many other important life skills. All of our confidence-building exercises help to develop hand-eye coordination and motor skills. Materials fee of \$5 is paid to the instructor at the first class. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-298AW	ALKF	Wed 9/3-10/22	6:00-6:30 p.m.	\$54
5-299AW	ALKF	Sat 9/6-10/25	11:30 a.m.-Noon	\$54
6-298AW	ALKF	Wed 10/29-12/10	6:00-6:30 p.m.	\$54
6-299AW	ALKF	Sat 11/1-12/13	11:30 a.m.-Noon	\$54

Young Dragons Martial Arts (Ages 7-15)

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruetz (Shi Yan Shao)

Learn the basic techniques of traditional ChangQuan Kung Fu. Course will cover fitness conditioning, technique refinement, formal routines and self defense training. The course will also cover age appropriate instruction such as stranger-danger training. Exercises are specifically designed to build self-confidence, perseverance, courage, respect, responsibility and other important life skills. Materials fee of \$5 is paid to the instructor at the first class. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-296AW	ALKF	Wed 9/3-10/22	6:30-7:00 p.m.	\$54
5-297AW	ALKF	Fri 9/5-10/24	6:00-6:45 p.m.	\$54
6-296AW	ALKF	Wed 10/29-12/10	6:30-7:00 p.m.	\$54
6-297AW	ALKF	Fri 10/31-12/12	6:00-6:45 p.m.	\$54

FIREARM SAFETY AND INSTRUCTION

Growing up Gun Safe

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong

Do you own firearms and/or have kids? We'll go over safety with handguns, shotguns and rifles in this class. In this class we take the mystery out of the firearm so that your child knows it is a lethal device and not a toy. Half of the class is spent in the classroom going over safety rules and answering any questions. Half of the class is on the range shooting. Parents must accompany their child. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-070DS	SERP	Sat 9/27	9:00 a.m.-4:00 p.m.	\$75
6-070DS	SERP	Sat 11/22	9:00 a.m.-4:00 p.m.	\$75
6-071DS	SERP	Sun 12/21	9:00 a.m.-4:00 p.m.	\$75

TENNIS

Tennis Instruction – Juniors (ages 15 and under)

Instructor: Lou Klinger, Certified USPTR

You will learn the basic fundamentals of tennis (forehand, backhand, serve, and volley) or brush up on the skills you already have to help you enjoy the game in a relaxed and fun atmosphere. Wear comfortable tennis shoes. Tennis rackets and balls will be provided. A minimum of 5 students is required to conduct classes. Classes will be held at Omni Tucson National at 2727 W. Club Drive. For more information e-mail instructor at lnk50@yahoo.com

Class Code	Location	Dates	Time	Fee
5-220LK	OTN	Wed 9/3-10/22	3:30-4:30 p.m.	\$80
5-221LK	OTN	Thu 9/4-10/23	3:30-4:30 p.m.	\$80
5-222LK	OTN	Sat 9/06-10/25	11:00 a.m.-Noon	\$80
5-223LK	OTN	Mon 9/8-10/20	3:30-4:30 p.m.	\$70
6-220LK	OTN	Mon 10/27-12/08	3:30-4:30 p.m.	\$70
6-221LK	OTN	Thu 10/30-12/11	3:30-4:30 p.m.	\$70
6-222LK	OTN	Sat 11/1-12/13	11:00 a.m.-Noon	\$70
6-223LK	OTN	Wed 11/5-12/10	3:30-4:30 p.m.	\$70

Classes for Adults (Ages 16 and up)

ART/DRAWING/PAINTING

Drawing Multi Media

Instructor: Larry Wollam, CPSA

Learn illustration techniques using pen and ink, ink wash, scratchboard, atomized ink, pastel, pencil, charcoal, and colored pencil. Beginners accepted with instructor's approval. (No class 9/17, 9/24 & 11/26)

Class Code	Location	Dates	Time	Fee
5-470LW	NWAC-303	Wed 8/27-10/22	1:30-4:30 p.m.	\$56

6-470LW NWAC-303 Wed 10/29-12/17 1:30-4:30 p.m. \$56

Realism with Watercolor

Instructor: Larry Wollam, SAWG, WFWS

For intermediate to advanced students looking to achieve a controlled realism in the work they are doing. Students must have mastered the basics of drawing, etc. enough to achieve a very realistic rendering of the subject to be painted. (No class 9/12, 9/19, 9/26 & 11/28)

Classes for Adults (Ages 16 and up)

Class Code	Location	Dates	Time	Fee
5-475LW	NWAC-303	Fri 8/29-10/24	9:00 a.m.-Noon	\$48
6-475LW	NWAC-303	Fri 10/31-12/19	9:00 a.m.-Noon	\$56

Intermediate Watercolor Workshop

Instructor: Larry Wollam, SAWG, WFWG

Primarily a continuation of the current watercolor class "Realism with Watercolors," whereby students may continue with the morning classes. (No class 9/12, 9/19, 9/26 & 11/28)

Class Code	Location	Dates	Time	Fee
5-476LW	NWAC-303	Fri 8/29-10/24	1:00-4:00 p.m.	\$48
6-476LW	NWAC-303	Fri 10/31-12/19	1:00-4:00 p.m.	\$56

Painting Open Studio (No Instruction)

Monitor: Ray Brown

Students may work without instruction in oils or acrylics on Monday mornings. A studio monitor will collect the fees and open and close the building. \$1 fee paid each morning at sign in. Program is continuous year-round.

Location	Day	Time	Fee
NWAC-301	Mon	7:30 a.m.-Noon	\$1

CLAY/POTTERY

Pottery/Clay

Instructors: Jada Ahern (daytime classes), Brenda Arwood (evening classes)

Students will work with cone 10 clay and glazes. All skill levels are welcome. Techniques include hand building, sculpture, throwing on the potter's wheel, glazing, and firing. Specific assignments given by the instructor will build your clay skills. Self-motivated students can work on their own. Student supplies basic tool kit and must purchase clay (\$15/25lbs) at the facility. Materials fee of \$5 is payable to instructor at first class meeting.

Class Code	Location	Dates	Time	Fee
5-400JA	NWAC-302	Tue 9/2-10/21	9:00 a.m.-Noon	\$104
5-401JA	NWAC-302	Tue 9/2-10/21	Noon-3:00 p.m.	\$104
5-402JA	NWAC-302	Tue 9/2-10/21	6:00-9:00 p.m.	\$104
5-403JA	NWAC-302	Wed 9/3-10/22	9:00 a.m.-Noon	\$104
6-400JA	NWAC-302	Tue 10/28-12/16	9:00 a.m.-Noon	\$104
6-401JA	NWAC-302	Tue 10/28-12/16	Noon-3:00 p.m.	\$104
6-402JA	NWAC-302	Tue 10/28-12/16	6:00-9:00 p.m.	\$104
6-403JA	NWAC-302	Wed 10/29-12/17	9:00 a.m.-Noon	\$104

Instructor: Kathy Hacker

Class Code	Location	Dates	Time	Fee
5-604KH	NWAC-302	Wed 9/3-10/22	6:00-9:00 p.m.	\$104
6-604KH	NWAC-302	Wed 10/29-12/17	6:00-9:00 p.m.	\$104

Advanced Pottery/Clay

Instructor: Jada Ahern

Pre-requisite: Must have instructor permission to register and have experience working in the Northwest Art Center Clay Studio. Students will work with cone 10 clay and glazes. This class is for advanced self-motivated clay artists. Formal instruction is limited. Student supplies tools and must purchase clay (\$15/25lbs) at the facility. Materials fee of \$5 is payable to instructor at first class meeting. (No class 11/27)

Class Code	Location	Dates	Time	Fee
6-405JA	NWAC-302	Thu 10/30-12/18	9:00 a.m.-1:00 p.m.	\$91

Throwing Thursdays

Instructor: Jada Ahern

Enjoy focused throwing on the potter's wheel with an emphasis on the basics. All skill levels are welcome. Each week you will benefit from exercises to improve your throwing skills. Throw bowls, cups, vases, plates, lidded jars and large multi-sectional pieces. Student supplies basic tool kit and must purchase clay (\$15/25lbs) at the facility. Materials fee of \$5 is payable to instructor at first class meeting. (No class 11/27)

Class Code	Location	Dates	Time	Fee
5-406JA	NWAC-302	Thu 9/4-10/23	1:00-4:00 p.m.	\$104
6-406JA	NWAC-302	Thu 10/30-12/18	1:00-4:00 p.m.	\$91

Throwing Bootcamp

Instructor: Jada Ahern, BFA

Pre-requisite: Ability to center 1-2 lbs of clay on the potter's wheel. Students will be given exercises to improve their throwing abilities. The first half hour of class is prep, the last half hour is clean up, and the middle two hours will be doing intensive exercises to improve your throwing skills. All pieces will be cut in half and evaluated. Nothing will be fired. Student must be able to center 1-3 pounds of clay. Student will need to bring or purchase 25 lbs. of soft throwing clay.

Class Code	Location	Dates	Time	Fee
5-480JA	NWAC-302	Fri 10/17	6:00-9:00 p.m.	\$15
6-480JA	NWAC-302	Sat 12/6	8:00-11:00 a.m.	\$15

Independent Study

Instructors: Jada Ahern, BFA and Kathy Hacker

Independent study time for clay students currently enrolled at NWAC. Discuss and plan your projects with the instructor during the first class. Work on your special projects and improve the quality of your work in this class designed for any level to work independently. Student supplies basic tool kit and must purchase clay (\$15/25lbs.) at the facility. Materials fee of \$5 is

Classes for Adults (Ages 16 and up)

payable to instructor at first class meeting. Drop-in on a space available basis for currently enrolled students, \$10. Saturdays are drop in only, sign up with your instructor weekly.

Class Code	Location	Dates	Time	Fee
5-487JA	NWAC-302	Wed 9/3-10/22	Noon-3:00 p.m.	\$64
5-488JA	NWAC-302	Sat TBA	10:00 a.m.-1:00 p.m.	\$10/class
6-487JA	NWAC-302	Wed 10/29-12/17	Noon-3:00 p.m.	\$64
6-488JA	NWAC-302	Sat TBA	10:00 a.m.-1:00 p.m.	\$10/class

Sculpture Seminar – Figurative Sculpture

Instructor: Jada Ahern BFA

Investigate the many ways a sculpture is formed in clay. Try armatures, slabs, pinching and coiling techniques to create animal and human figurative forms. Bring in photos, objects and drawings of sculptures you would like to explore and create. Guidance with individual interests plus specific assignments geared towards giving you a clay vocabulary with which to create sculpture. Student supplies basic tool kit and must purchase clay (\$15/25lbs.) at the facility. Materials fee of \$5 is payable to instructor at first class meeting.

Class Code	Location	Dates	Time	Fee
5-450JA	NWAC-302	Thu 9/4-10/23	9:00 a.m.-Noon	\$104

One Day in Clay-Holiday Projects

Instructor: Jada Ahern BFA

Check clay out in this one-day three-hour class for adults who are interested in experimenting with clay for the first time (experienced clay people welcome too). This is a great opportunity to have fun and experience the transformational qualities of clay. Participants will create at least two clay projects which can be picked up after they have been fired. You will also become familiar with the inner workings of a clay studio. Invite a friend or relative to join you – this class is a wonderful relaxing way to spend a few hours. Materials fee of \$10 is payable to instructor at first class meeting.

Class Code	Location	Dates	Time	Fee
5-500JA	NWAC-302	Thu 10/30	6:00-8:00 p.m.	\$15
6-500JA	NWAC-302	Mon 11/3	6:00-8:00 p.m.	\$15

Creating with Clay

Instructor: Marilyn Cleavinger

This class will take you through the process of making your own pottery. Class demonstrations will reflect student's areas of interest and will include hand built and wheel thrown projects chosen to increase your knowledge and success with clay. All skill levels are welcome. Glaze firings will be at cone 5 temperature using an electric kiln. Clay is available for purchase at

the studio for about \$15/25 lbs. There is also a required materials fee of \$5 which will be collected by the instructor at first class. (No class 11/28)

Class Code	Location	Dates	Time	Fee
5-950MC	FW-111	Wed 8/27-9/17	9:00 a.m.-Noon	\$48
5-951MC	FW-111	Fri 8/29-9/19	Noon-3:00 p.m.	\$48
5-952MC	FW-111	Wed 10/8-10/29	9:00 a.m.-Noon	\$48
5-953MC	FW-111	Fri 10/10-10/31	Noon-3:00 p.m.	\$48
6-950MC	FW-111	Wed 11/5-12/10	9:00 a.m.-Noon	\$72
6-951MC	FW-111	Fri 11/7-12/12	Noon-3:00 p.m.	\$60



Terrific Totems

Instructor: Kathy Hacker

Using personal imagery and interests, this class will help you to learn skills and techniques that will help you to design and make your own hanging totem up to 24", or "beads" towards a full size totem. All skill levels welcome. Handbuilding techniques and glazing will be covered. Student supplies basic tool kit and must purchase clay (\$15/25lbs.) at the facility. Materials fee of \$5 is payable to instructor at first class meeting.

Class Code	Location	Dates	Time	Fee
5-607KH	NWAC-302	Mon 9/8-10/27	3:00-6:00 p.m.	\$104
6-607KH	NWAC-302	Mon 11/3-12/15	3:00-6:00 p.m.	\$91

Garden Clay Art

Instructor: Kathy Hacker

This class will explore garden & outdoor décor. Projects will include bird houses, bird feeders, luminaries, wall décor & more. All skill levels welcome. Handbuilding techniques and glazing will be covered. Student supplies basic tool kit and must purchase clay (\$15/25lbs.) at the facility. Materials fee of \$5 is payable to instructor at first class meeting.

Class Code	Location	Dates	Time	Fee
5-606KH	NWAC-302	Mon 9/8-10/27	Noon-3:00 p.m.	\$104
6-606KH	NWAC-302	Mon 11/3-12/15	Noon-3:00 p.m.	\$91

Holiday Projects

Instructor: Kathy Hacker

Do you have a special project in mind that you would

Classes for Adults (Ages 16 and up)

like to have ready for the Holidays in December? This class is open to hand builders and throwers. The instructor will help you plan, execute and glaze your project to be fired and ready for gifting or use by 12/15. Student will provide basic tool kit and must purchase clay (\$15/25lbs.) at the facility. Materials fee of \$5 is payable to instructor at first class meeting. All pieces must be ready for glaze firing prior on the last day of class. Prior clay experience is a prerequisite for this class.

Class Code	Location	Dates	Time	Fee
5-610KH	NWAC	Fri 9/26-11/14	9:00-Noon	\$104

DANCE

Country Dance—Teen and Adult (Couples recommended)

Instructor: Dutch Swaim

Come on, get Footloose, and learn boot-scootin'! This is a great way to have fun and get some exercise at the same time. Learn Arizona Two-step, Country Waltz, and Houston Shuffle from beginner to expert. Boots or smooth-soled shoes are required. For more information, e-mail instructor at: dkswaim@gmail.com.

Class Code	Location	Dates	Time	Fee
5-120DS	FW-MPR1	Weds 9/3-10/22	7:00-9:00 p.m.	\$40

EXPRESSIVE ARTS

Making Flower Essences from Your Garden and Yard

Instructor: Deborah Mayaan, MA

Flower essences are subtle vibrational remedies that address emotional, spiritual, and mind-body issues. They are not scents, but rather a way to bottle some of the energy of favorite flowers and have access to them at any time. We'll go through most of the steps using plants at the Northwest Art Center, and you'll leave with a handout to guide you in making your own at home. Please dress in layers for comfort both inside the center and for a short time outside. For more information, see www.deborahmayaan.com or email deborah@deborahmayaan.com.

Class Code	Location	Dates	Time	Fee
5-595DM	NWAC-303	Thu 9/18	10:00-11:00 a.m.	\$10
6-595DM	NWAC-303	Mon 12/8	1:00-2:00 p.m.	\$10

FIREARM SAFETY AND INSTRUCTION

Growing up Gun Safe

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong

Do you own firearms and/or have kids? We'll go over safety with handguns, shotguns and rifles in this class. In this class we take the mystery out of the firearm so that your child knows it is a lethal device and not a toy. Half of the class is spent in the classroom going over safety rules and answering any questions. Half of the class is on the range shooting. Parents must accompany their child. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-070DS	SERP	Sat 9/27	9:00 a.m.-4:00 p.m.	\$75
6-070DS	SERP	Sat 11/22	9:00 a.m.-4:00 p.m.	\$75
6-071DS	SERP	Sun 12/21	9:00 a.m.-4:00 p.m.	\$75

Handgun Safety Seminar/Handgun Selection

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong

Our Handgun Safety Seminar is 6 hours of range and classroom designed to teach the armed citizen or those thinking of becoming armed citizens how to safely handle handguns and the laws regarding carrying and possessing handguns in the state of Arizona. When the Safety Seminar is done, students will have the option to stay for an added session about selecting a handgun that will fit properly and work well for the individual. There is a \$5.00 ammunition fee payable at the class. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-055DS	SERP	Sat 9/6	9:00 a.m.-4:00 p.m.	\$75
5-256DS	AVE	Fri 9/26	9:00 a.m.-4:00 p.m.	\$75
5-056DS	SERP	Sun 9/28	9:00 a.m.-4:00 p.m.	\$75
5-057DS	SERP	Sat 10/18	9:00 a.m.-4:00 p.m.	\$75
6-256DS	AVE	Fri 11/14	9:00 a.m.-4:00 p.m.	\$75
6-055DS	SERP	Sun 11/23	9:00 a.m.-4:00 p.m.	\$75
6-056DS	SERP	Sun 12/14	9:00 a.m.-4:00 p.m.	\$75

Inter-Agency Training

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong

This is the dynamic intermediate/advanced course of fire taught for a number of years at Ft. Huachuca and other LE/Agencies. The course is divided into 2 days with increasing intensity every drill. Body armor is required for the second day. This course is open to civilians who are CCW holders. 500 rounds of handgun and 30 rounds of shotgun slugs are required. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
6-065DS	SERP	Sat & Sun 11/1 & 11/2	9:00 a.m.-4:00 p.m.	\$200

Classes for Adults (Ages 16 and up)

Legal Issues of CCW

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong
This course goes well beyond the necessary requirements of the State of Arizona to carry a concealed weapon. Arizona Law relating to use of a handgun is covered. The course includes both classroom study and range time. A written test and a handgun qualification must be passed to receive a certificate to apply for a CCW permit. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-060DS	SERP	Sat 9/13	9:00 a.m.-4:00 p.m.	\$75
5-061DS	SERP	Sat 10/4	9:00 a.m.-4:00 p.m.	\$75
5-062DS	SERP	Sun 10/26	9:00 a.m.-4:00 p.m.	\$75
6-060DS	SERP	Sun 11/15	9:00 a.m.-4:00 p.m.	\$75
6-061DS	SERP	Sat 12/13	9:00 a.m.-4:00 p.m.	\$75

Practical Handgun

Instructor: Dan Southard, Victoria Willhite, Brian Kowalski, Sharon Varble and Phil Wong
Learn basic carry methods, how to draw from a holster, tactical reloads, how and when to carry your handgun. Most of the day will be spent on the range in multiple positions firing from dominate and non-dominant hand. You must bring your carry gun, holster, magazine carrier and 250 rounds of ammunition. Please visit www.gatorfarmtactical.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-067DS	SERP	Sat 9/14	9:00 a.m.-4:00 p.m.	\$100
6-067DS	SERP	Sat 12/27	9:00 a.m.-4:00 p.m.	\$100

Massad Ayoob Group 20 Stress Fire

Instructor: Dan Southard; Victoria Willhite; Brian Kowalski; Sharon Varble and Phil Wong
This is a two day, 20 hour immersion course in the use of the defensive handgun under extreme stress. Draw from concealment, two-handed stances, shooting from cover, one-handed stances with either hand, speed reloading, and more are taught with an overall emphasis on fast, accurate shot placement. The course will culminate with a police-style qualification course. Estimated ammo count: 500 rounds. Prerequisite: basic understanding of firearms safety and CCW permit. Please visit www.gatorfarmtactical.com or massadayoobgroup.com for more detailed class descriptions and equipment lists.

Class Code	Location	Date	Time	Fee
5-075DS	SERP	Sat & Sun 10/11 & 10/12	9:00 a.m.-4:00 p.m.	\$400

FITNESS

Tucson Beat Cancer Boot Camp Fitness Classes for Adults

Whether you are a long term cancer survivor, a supporting buddy, currently going through cancer treatment, or if you just want to improve your health through a great exercise program with some inspiring people in a beautiful setting, come and join our workouts. Exercises can be modified for all fitness levels. Bring water, a towel or mat and wear appropriate clothing and shoes. Classes are one hour long, and are held outdoors all year long at Brandi Fenton Memorial Park on Tuesdays at 5:30 p.m. and on Saturdays at 7:00 a.m. From Fall to Spring, classes are also held once a week at the Northwest Community Neighborhood Park. The cost for attending one class a week is \$52.50 per quarter (3 months). The cost for attending two classes a week is \$75.00 per quarter. For more information or to register please email us at tucsonbcbe@gmail.com or call us at 520-505-1406.

Athletic Intensity Cardio Fitness

Instructor: Sifu Williams
Effective interval training focused on increased aerobic activity and peak athletic performance. Overall conditioning to kick start your personal fitness goals is the core of this group workout program. Exercises are based on proven athletic drills. Wear comfortable clothing. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.



Class Code	Location	Dates	Time	Fee
5-270AW	ALKF	Thu 9/4-9/25	8:05-8:35 p.m.	\$30
5-271AW	ALKF	Sun 9/7-9/28	4:00-4:30 p.m.	\$30
5-272AW	ALKF	Thu 10/2-10/23	8:05-8:35 p.m.	\$30
5-273AW	ALKF	Sun 10/5-10/26	4:00-4:30 p.m.	\$30
6-270AW	ALKF	Thu 10/30-11/20	8:05-8:35 p.m.	\$30
6-271AW	ALKF	Sun 11/2-11/23	4:00-4:30 p.m.	\$30

Mommy (or Daddy) and Me Kung Fu (Ages 2-4)

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)
Our Mommy and Me Kung Fu class offers an introduction to martial arts for children ages 2-4. Moms, Dads, Nannies, Grandparents, etc. will have a great time in this unique bonding experience. Your child will learn martial arts and fitness fundamentals while improving their motor, listening and social skills. Materials fee of \$5 is paid to the instructor at the first class. Class fee is for adult participant and one child. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Classes for Adults (Ages 16 and up)

Class Code	Location	Dates	Time	Fee
5-280AW	ALKF	Sat 9/6-9/27	11:30 a.m.-Noon	\$48
5-281AW	ALKF	Sat 10/4-10/25	11:30 a.m.-Noon	\$48
6-280AW	ALKF	Sat 11/1-11/22	11:30 a.m.-Noon	\$48
6-281AW	ALKF	Sat 12/6-12/20	11:30 a.m.-Noon	\$36

Kung Fu and Chinese Martial Arts – Beginner Adult

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)

Learn the basic techniques of traditional ChangQuan Kung Fu. Course will cover fitness conditioning, technique refinement, formal routines and self-defense training. The course will also cover fitness drills and exercises. Materials fee of \$5 is paid to the instructor at the first class. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-292AW	ALKF	Fri 9/5-10/24	6:45-7:45 p.m.	\$30
5-293AW	ALKF	Sat 9/6-10/25	9:45-10:15 a.m.	\$30
6-292AW	ALKF	Fri 10/31-12/12	6:45-7:45 p.m.	\$30
6-293AW	ALKF	Sat 11/1-12/13	9:45-10:15 a.m.	\$30

Qigong for Health

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)

Qigong is a very low impact exercise similar to Tai Chi. The focus is on proper breathing and alternating periods of muscle relaxation and tension. The exercises are time proven, being practiced at Shaolin Temple for over a thousand years. Qigong movements are designed to cultivate internal energy and promote mental and physical wellness. Great for all ages. Wear comfortable clothing. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-290AW	ALKF	Tue 9/2-9/23	4:45-5:15 p.m.	\$30
5-291AW	ALKF	Tue 9/30-10/21	4:45-5:15 p.m.	\$30
6-290AW	ALKF	Tue 10/28-11/18	4:45-5:15 p.m.	\$30
6-291AW	ALKF	Tue 11/25-12/16	4:45-5:15 p.m.	\$30

Qigong for ADD/ADHD (adolescents/teens)

Instructor: Sifu Williams (Shi Yan Lin)/Laoshi Pruett (Shi Yan Shao)

Qigong is a moving meditation exercise system that can hold many benefits for people with ADD/ADHD. The visualizations and harmonious movements fit well with creative, bright minds. University studies have shown Qigong promotes focus, relaxation and anchors our mind to our bodily movements all of which combine to benefit individuals with ADD/ADHD. Benefits of regular practice can include less anxiety, improved conduct, less inappropriate emotions and less hyper-

activity. Wear comfortable clothing. For more info visit www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-283AW	ALKF	Fri 9/5-9/26	5:30-6:00 p.m.	\$30
5-284AW	ALKF	Fri 10/3-10/24	5:30-6:00 p.m.	\$30
6-283AW	ALKF	Fri 10/31-11/21	5:30-6:00 p.m.	\$30
6-284AW	ALKF	Fri 11/28-12/19	5:30-6:00 p.m.	\$30

Tai Chi for Fall Prevention-Beginning Level

Instructor: Susan Cooper

Based on Tai Chi for Arthritis from the Sun Style form, this class combines joint-safe moves, agile steps and Qigong breathing. Regular practice will help improve balance, help prevent falls, increase muscle strength, improve immune function and increase concentration and mental focus. Class will learn the Basic 6 Moves. Please wear low-heeled, comfortable 'indoor' shoes. (No class 11/28)

Class Code	Location	Dates	Time	Fee
5-902SC	FW-108	Fri 9/5-10/24	11:00 a.m.-Noon	\$50
6-902SC	FW-108	Fri 10/31-12/12	11:00 a.m.-Noon	\$50

Tai Chi for Fall Prevention-Extended Level

Instructor: Susan Cooper

This class is for people who have learned the Basic 6 Moves of the Beginning Level. It combines joint-safe moves, agile steps and Qigong breathing. Regular practice will help improve balance, help prevent falls, increase muscle strength, improve immune function, increase concentration and mental focus. The class will learn the Extended 6 moves following the Basic 6. Please wear low-heeled, comfortable 'indoor' shoes.

Class Code	Location	Dates	Time	Fee
5-910SC	FW-108	Wed 9/3-10/22	11:00 a.m.-Noon	\$50
6-910SC	FW-108	Wed 10/29-12/10	11:00 a.m.-Noon	\$50

Tai Chi for Fall Prevention-Part 2

Instructor: Susan Cooper

This class is for people who have learned the 6 Extended Level Moves of the form. It adds an additional 9 moves to the Extended Level. Please wear low-heeled, comfortable 'indoor' shoes. (No class 11/10)

Class Code	Location	Dates	Time	Fee
5-903SC	FW-108	Mon 9/8-10/20	12:15-1:15 p.m.	\$50
6-903SC	FW-108	Mon 10/27-12/8	12:15-1:15 p.m.	\$50

Sun Style 73 Forms

Instructor: Susan Cooper

The parent form for Tai Chi for Arthritis and Fall Prevention, this class continues on from Part 2 and is for those who already know the 40 forms of that program.

Classes for Adults (Ages 16 and up)

Please wear low-heeled, comfortable 'indoor' shoes. (No class 11/10)

Class Code	Location	Dates	Time	Fee
5-9045C	FW-108	Mon 9/8-10/20	11:00 a.m.-Noon	\$50
6-9045C	FW-108	Mon 10/27-12/8	11:00 a.m.-Noon	\$50

Seated Tai Chi for Arthritis

Instructor: Sally Adams

This modified seated version of Dr. Paul Lam's Tai Chi for Arthritis program can be enjoyed by anyone who wishes to exercise sitting down. It is ideal for anyone with balance, strength, or mobility issues, including wheelchair users. The exercises are taught in small, easy to learn steps. The movements are slow and smooth, and the class is safe. You always work in your own comfort zone, doing what you can and visualizing the rest. Almost anyone can benefit from this class. Exercise your body and your brain, begin your journey to better health and well being, and enjoy the camaraderie of your classmates. For more information, email SeatedTaiChi@yahoo.com.

Class Code	Location	Date	Time	Fee
5-9355A	FW MPR-1	Tue 9/2-10/21	9:30-10:30 a.m.	\$46
5-9365A	FW MPR-1	Wed 10/1-10/22	1:30-2:30 p.m.	\$23



JEWELRY

Jewelry Fabrication

Instructor: Hilary Jones-Wujcik

Learn how to design and create jewelry using silver, copper and brass. Techniques include sawing, texturing, soldering and stone setting. Demonstrations of advanced techniques are also included in this class. The cost of tools and supplies is approximately \$80. A \$3 studio fee is payable to the instructor at the first class.

Class Code	Location	Dates	Time	Fee
5-430HJ	NWAC-301	Tue 9/2-10/21	9:00 a.m.-Noon	\$80
5-431HJ	NWAC-301	Tue 9/2-10/21	6:00-9:00 p.m.	\$80
5-432HJ	NWAC-301	Wed 9/3-10/22	1:00-4:00 p.m.	\$80
6-430HJ	NWAC-301	Tue 10/28-12/9	9:00 a.m.-Noon	\$70
6-431HJ	NWAC-301	Tue 10/28-12/9	6:00-9:00 p.m.	\$70
6-432HJ	NWAC-301	Wed 10/29-12/10	1:00-4:00 p.m.	\$70

Jewelry: Enameling

Instructor: Hilary Jones-Wujcik

Explore color as you create jewelry by firing enamels on to metal. Demonstrations include stencils, sgraffito, cloisonné and basse taille. The cost of tools and supplies is approximately \$35. A \$3 studio supply is payable to the instructor at the first class.

Class Code	Location	Dates	Time	Fee
5-412HJ	NWAC-301	Wed 9/10-10/22	9:00 a.m.-Noon	\$70

5-413HJ	NWAC-301	Sat 9/27	9:00 a.m.-Noon & 1:00-4:00 p.m.	\$42
5-414HJ	NWAC-301	Sat 10/25	9:00 a.m.-Noon & 1:00-4:00 p.m.	\$42
6-412HJ	NWAC-301	Sat 12/6	9:00 a.m.-Noon & 1:00-4:00 p.m.	\$42

Jewelry: Lost Wax Casting

Instructor: Hilary Jones-Wujcik

Discover this ancient method of creating jewelry. You will learn how to carve models, use build up waxes and transform nature objects into silver, brass and bronze through the use of a centrifugal caster. The cost of tools and supplies is approximately \$60. A \$3 studio supply fee is payable to the instructor at the first class. (No class 11/27)

Class Code	Location	Dates	Time	Fee
5-455HJ	NWAC-301	Thu 9/4-10/23	1:00-4:00 p.m.	\$80
6-455HJ	NWAC-301	Thu 10/30-12/11	1:00-4:00 p.m.	\$60

Jewelry: Open Lab

Monitor: Hilary Jones-Wujcik

Students may work independently. If you are concurrently enrolled in a PCNRPR jewelry class: \$5 per day. Experienced jewelry students not concurrently enrolled in a PCNRPR jewelry class (by approval only): \$8 per day. (No lab 11/27)

Class Code	Location	Dates	Time	Fee
5-441HJ	NWAC-301	Thu 9/4-10/23	9:00 a.m.-Noon	\$5 or \$8/day
6-441HJ	NWAC-301	Thu 10/30-12/11	9:00 a.m.-Noon	\$5 or \$8/day

LIVING WITH DYING

The Right to Die Peacefully With Dignity

Instructor: John Abraham, Certified Fellow in Thanatology

Explore a basic human right: the right to death with dignity. We shall examine managed death in this country and how it affects you and those you love. Learn about the growing right-to-die movement: history, changes, and current status of the many organizations working towards this goal. Discover local chapters of related organizations, and how you might like to be involved. Contact John at 520-235-5646 or jlavet@earthlink.net.

Class Code	Location	Dates	Time	Fee
5-518JA	NWAC-303	Sat 9/13	9:30-11:00 a.m.	\$20
5-519JA	NWAC-303	Sat 9/27	9:30-11:00 a.m.	\$20
5-520JA	NWAC-303	Sun 9/28	4:00-5:30 p.m.	\$20
5-521JA	NWAC-303	Sat 10/18	9:30-11:00 a.m.	\$20
6-518JA	NWAC-303	Sun 11/09	9:30-11:00 a.m.	\$20
6-519JA	NWAC-303	Sun 11/16	4:00-5:30 p.m.	\$20

Classes for Adults (Ages 16 and up)

6-520JA	NWAC-303	Sun 12/07	9:30-11:00 a.m.	\$20
6-521JA	NWAC-303	Sun 12/07	4:00-5:30 p.m.	\$20

Funeral Consumers Alliance – Be Informed & Rest In Peace

Instructor: John Abraham, Certified Fellow in Thanatology

Be prepared and make informed decisions for the inevitable. Funeral Consumers Alliance (FCA) is the only 501(c) (3) nonprofit organization dedicated to protecting a consumer's right to choose a meaningful, dignified, affordable funeral. FCA offers education and advocacy to consumers nationwide and is not affiliated with the funeral industry. This is a quick shopper's training program for doing business with professional death-care services that you may or may not choose to use. Come join us for this valued information. Contact John at 520-235-5646 or jlavet@earthlink.net

Class Code	Location	Dates	Time	Fee
5-522JA	NWAC-303	Sat 10/04	9:30-11:00 a.m.	\$20
5-523JA	NWAC-303	Sat 10/11	9:30-11:00 a.m.	\$20
6-522JA	NWAC-303	Sat 11/29	9:30-11:00 a.m.	\$20
6-523JA	NWAC-303	Sun 11/30	9:30-11:00 a.m.	\$20

How to Get the Death You Want

Instructor: John Abraham, Certified Fellow in Thanatology

How to prepare for death – “Not ‘If’ but When”. Most of us, about 80%, will die some sort of managed death. This class will teach you how to have your wishes honored regarding end-of-life care. The appalling fact is that 70% to 80% of the time, your wishes unfortunately will NOT be honored, even with a living will and other advance directives. If you know how, you can make sure your wishes ARE honored. Learn the importance of an “advocate” and how to select, equip, and empower your advocate and yourself, and how to navigate hospitalization. For more information contact John at 520-235-5646 or jlavet@earthlink.net.

Class Code	Location	Dates	Time	Fee
5-524JA	NWAC-303	Sat 9/13	4:00-5:30 p.m.	\$20
5-525JA	NWAC-303	Sat 10/04	4:00-5:30 p.m.	\$20
5-526JA	NWAC-303	Sat 10/18	4:00-5:30 p.m.	\$20
6-524JA	NWAC-303	Sun 11/02	9:30-11:00 a.m.	\$20
6-525JA	NWAC-303	Sun 11/09	4:00-5:30 p.m.	\$20
6-526JA	NWAC-303	Sat 11/29	4:00-5:30 p.m.	\$20

SELF DEFENSE

Protect Yourself – Street Safety Self Defense

Instructor: Sifu Williams / LaoShi Pruetz

Our Self Defense program is intended to be a great



workout that teaches you REAL FIGHTING SKILLS – this is what separates our class from the aerobics kickboxing programs that you find at your local fitness gym. This is a moderate/high intensity cardio & fitness workout that also teaches quick and effective defenses against common attacks. Wear comfortable clothing. For more info visit: www.northernkungfu.com or email sifu@northernkungfu.com.

Class Code	Location	Dates	Time	Fee
5-294AW	ALKF	Fri 9/5-9/26	7:45-8:30 p.m.	\$40
5-295AW	ALKF	Fri 10/3-10/24	7:45-8:30 p.m.	\$40
6-294AW	ALKF	Fri 10/31-11/21	7:45-8:30 p.m.	\$40
6-295AW	ALKF	Fri 11/28-12/19	7:45-8:30 p.m.	\$40

TENNIS

Tennis Instruction – Beginners for Adults (ages 16 and over)

Instructor: Lou Klinger, Certified USPTR

You will learn the basic fundamentals of tennis (forehand, backhand, serve, and volley) to help you enjoy the game in a relaxed and fun atmosphere. Wear comfortable tennis shoes. Tennis rackets and balls will be provided. A minimum of 5 students is required to conduct classes. Classes will be held at Omni Tucson National at 2727 W. Club Drive. For more information e-mail instructor at lnk50@yahoo.com

Class Code	Location	Dates	Time	Fee
5-228LK	OTN	Thu 9/4-10/23	6:00-7:00 p.m.	\$80
5-229LK	OTN	Sat 9/06-10/25	9:00-10:00 a.m.	\$80
6-228LK	OTN	Wed 10/29-12/10	6:00-7:00 p.m.	\$70
6-229LK	OTN	Sat 11/1-12/13	9:00-10:00 a.m.	\$70

Tennis Instruction – Intermediate for Adults (ages 16 and over)

Instructor: Lou Klinger, Certified USPTR

You will be able to brush up on the skills you already have (forehand, backhand, serve, and volley) to help you enjoy the game in a relaxed and fun atmosphere. Wear comfortable tennis shoes. Tennis rackets and balls will be provided. A minimum of 5 students is required to conduct classes. Classes will be held at Omni Tucson National at 2727 W. Club Drive. For more information e-mail instructor at lnk50@yahoo.com

Class Code	Location	Dates	Time	Fee
5-236LK	OTN	Wed 9/3-10/22	6:00-7:00 p.m.	\$80
5-237LK	OTN	Sat 9/06-10/25	10:00-11:00 a.m.	\$80
6-236LK	OTN	Wed 10/29-12/10	6:00-7:00 p.m.	\$70
6-237LK	OTN	Sat 11/1-12/13	10:00-11:00 a.m.	\$70



SPECIAL INTEREST CLASS REGISTRATION FORM (PLEASE PRINT)
 Make checks payable to: Pima County Natural Resources, Parks and Recreation or PCNRPR
 And mail to: 3500 W. River Rd., Tucson, AZ 85741, Attention: CLASS REGISTRATION
USE SEPARATE FORMS AND CHECKS FOR EACH LOCATION

FOR OFFICE USE ONLY
 UNIT CODE:

Print Full Name – Parent or Adult Student: First _____ MI _____ Last _____

Address – Street _____ City _____ State _____ Zip _____ Phone # () _____

Name and Age (if for a child's registration) _____ *Please give us your email address if you would like us to ADD you to our email list*

Class Code	Activity or Class Name	Day(s)	Time	Location	Fee
					TOTAL

Payment: Cash _____ Check # _____ Visa _____ or Mastercard _____ (please see staff for credit card payment)

Warning: A bad check could cost you a minimum of \$50.00 or more. Under Arizona law (A.R.S. 12-67), for writing an insufficient fund check you may be civilly liable to the holder of such check for twice the amount of the check or \$50.00 (whichever is more) plus court costs and attorney fees as allowed by the Court.

Credit Card # _____ **CVV** _____ (3 digits on back of card) **Exp Date** _____

Credit Card Billing Address if different from above.

We/I the undersigned assume all risks and/or hazards associated with participation in or connection with this or specified programs and do hereby agree to hold harmless the County of Pima or its employees from loss which may occur therein.

NO REFUNDS UNLESS ACTIVITY IS CANCELED

Signature _____ **Date** _____ **Participant** _____ **Parent** _____ **Guardian** _____