



PIMA COUNTY
NATURAL RESOURCES
PARKS & RECREATION

SUMMER SWIM TEAM PROGRAM 2014

Who: You! Come Now!

What: Youth Swim Team for ages 5 to 18

When: May 24 – Sign-ups

May 27 – First Swim Practice

May 31 – First Swim Meet

July 19 – Championships

Where: Ajo, Catalina, Flowing Wells,
Kino, Los Ninos, Manzanita, Marana,
and Wade McLean swimming pools

How: Visit your local pool and sign-up, pay \$20.00 and be on the swim team all summer long! Sign-ups begin on May 24 at 11:00 a.m. and go until June 19.

*Marana Marlins may have a different fee and registration times. For more information regarding the Marana Marlins contact Debbie Sullivan at 520-682-2825 or maranamarlins@gmail.com.

Pima County Swim Team Coordinator: 520-877-6109
Swim Team Website: www.pima.gov/nrpr

SWIM TEAM RULES

Pima County Natural Resources, Parks and Recreation (NRPR) Swim Team Program is open to any child ages 5 – 18 who is able to swim one length of the pool non-stop without assistance. Registration is on a first come basis. Due to space and staff limitations, some pools may have to limit total registration or limit registration within age groups.

Age Groupings:

Age groups are: 8 & under, 9 – 10, 11 – 12, 13 – 14, and 15 – 18. A swimmer's age/age group for the 2014 summer is determined by the participant's age on **June 1**. Participants will remain in the same age group for the 2014 season (including championships). Refer to meet events for the distance each age group swims at a swim meet.

Swim Suits:

Recreational swim suits are encouraged. Team swim suits are optional.

Meet Schedule:

Meets are held Saturday mornings or on Saturday nights depending on the location of the meet. (Please refer to meet schedule below). During the summer each pool has a bye week in which they are not invited to one Saturday meet.

Morning Meet Times – Meet starts at 8:00 a.m.

Warm-ups start at 7:00 a.m.

Night Meet Times – Meet starts at 5:00 p.m.

Warm-ups start at 4:00 p.m.

SUMMER SWIM TEAM SCHEDULE 2014

DATE	POOL/LOCATION	MEET TIME	POOLS PARTICIPATING	BYES	SNACK BAR
May 31	Kino	Morning	Manzanita, Kino, Los Ninos	Ajo	Kino
May 31	Flowing Wells	Night	Marana, Wade McLean, Catalina, Flowing Wells		Flowing Wells
June 7	Los Ninos	Morning	Kino, Los Ninos, Ajo, Manzanita, Flowing Wells	Wade McLean, Marana, Catalina	Los Ninos
June 14	Marana	Morning	Wade McLean, Marana, Catalina, Ajo	Los Ninos, Manzanita, Kino, Flowing Wells	Marana
June 21	Wade McLean	Morning	Marana, Catalina, Los Ninos, Flowing Wells	N/A	Catalina
June 21	Wade McLean	Night	Manzanita, Kino, Ajo, Wade McLean	N/A	Wade McLean
June 28	Manzanita	Morning	Manzanita, Flowing Wells Catalina, Wade McLean	N/A	Manzanita
June 28	Manzanita	Night	Kino, Marana, Ajo, Los Ninos	N/A	Open until filled
July 5	No Swim Meet, All Teams Have a Bye				
July 12	Ajo	Morning	All Teams	N/A	Ajo
July 19	Wade McLean (County Championships)	Morning	All Teams	N/A	Open until filled
July 26	Arizona Parks and Recreation Association Swimmers Classic in Phoenix. Register by July 1, 2014 at www.azpra.org (optional invitational, ask coach for details, coaches do not attend). Note: Last NRPR swim team practice is July 17.				

Practices:

Practices are about one hour in length and are held Monday – Thursday starting May 27 – July 17, 2014. Please contact your local pool for practice times. There will be no practices after the NRPR championship swim meet.

Swim Meets and Competition:

During the summer, teams will participate in five meets and have two byes (refer to the meet schedule). The fastest time from the five regular swim meets will determine an individual's/ team placement for championships. Swimmers should attend at least two (2) practices in a week they plan to attend a meet.

At the meet parent volunteers will act as timers, lane judges, starter, clerk of the course, and awards table officials. Whenever possible, the awards table officials will be replaced at the halfway point to allow parents a chance to watch their kids. If/when possible, each lane will have two timers and there will be two lane judges monitoring the finish order. ***If the lane judge card conflicts with the time cards, the lane judge card will prevail in determining an individual/relay placement in any given heat.***

No individual/relay will be disqualified during the five meets before championships, but if an individual/relay is participating in an act that constitutes disqualification, the time will be voided as one used for placement at championships.

If time permits, there will be a break at the halfway point of the meet

Each team/coach(es) is/are responsible for the conduct of its individual swimmers and spectators. Misconduct may result in penalty for the individual(s) and/or team.

All questions on rules and rulings may be appealed to the Swim Team Coordinator. The Coordinator's decision regarding rules and/or questions will be final.

Each team is responsible for cleaning up their area before they leave.

Parent/Spectator Guidelines:

- Make sure that your swimmer is at practice and meets on time and ready to swim.
- Support your swimmer. Be conscious of their efforts and understand that not every race will be their best time.
- Please make sure that your area is picked up before you leave the meet.
- Please (if possible) volunteer for at least one county swim meet.
- Understand that the NRPR Swim Team Program is primarily run by volunteers. We ask that you practice good sportsmanship. Our main goal is to teach our swimmers the importance of winning and losing gracefully.
- Most importantly have fun this summer!

Swimmer Guidelines:

- Be on time for practices and meets and ready to swim.
- Bring drinking water to every practice and meet.
- Try your best at every practice and every meet.
- All swimmers are asked to practice good sportsmanship. Whether the race is won or lost, please remain in the water until all swimmers have finished the race.
- Be respectful to all opponents, coaches, and volunteers.
- Notify coaches in advance if you are not able to attend the upcoming meet.
- Most importantly have fun this summer!

Lifeguard Participation:

Lifeguards from any organization are able to participate in the County League provided the following criteria are being met:

- 1) Lifeguard must pay the \$20.00 fee for the program.
- 2) Must not be a coach or any other official at the swim meet.
- 3) Must not get paid to be at practice or at any swim meet.
- 4) Must not interfere with personal work schedule (moment it does you are off the team, no refunds).
- 5) Must not be participating in any other swim team program (FORD, SAAA, USA, YMCA, City of Tucson, etc.).

Meet Events:

Below is the order of events for all county meets including championships. Swimmers may participate in 2-4 events at any given meet. Swimmers usually participate in 2 individuals and 2 relays. We encourage all participants to stay for the entire meet to support your teammates!

NRPR SWIM MEET EVENTS 2014			
GIRLS EVENT #S	EVENT	AGE GROUP	BOYS EVENT #S
1	100 yard Individual Medley (Butter, Back, Breast, Free)	8 & under	2
3	100 yard Individual Medley (Butter, Back, Breast, Free)	9 & 10	4
5	100 yard Individual Medley (Butter, Back, Breast, Free)	11 & 12	6
7	100 yard Individual Medley (Butter, Back, Breast, Free)	13 & 14	8
9	100 yard Individual Medley (Butter, Back, Breast, Free)	15 – 18	10
11	100 yard Medley Relay (Back, Breast, Butter, Free)	8 & under	12
13	100 yard Medley Relay (Back, Breast, Butter, Free)	9 & 10	14
15	100 yard Medley Relay (Back, Breast, Butter, Free)	11 & 12	16
17	100 yard Medley Relay (Back, Breast, Butter, Free)	13 & 14	18
19	100 yard Medley Relay (Back, Breast, Butter, Free)	15 – 18	20
21	25 yard Backstroke	8 & under	22
23	25 yard Backstroke	9 & 10	24
25	50 yard Backstroke	11 & 12	26
27	50 yard Backstroke	13 & 14	28
29	50 yard Backstroke	15 – 18	30
31	25 yard Breaststroke	8 & under	32
33	25 yard Breaststroke	9 & 10	34
35	50 yard Breaststroke	11 & 12	36
37	50 yard Breaststroke	13 & 14	38
39	50 yard Breaststroke	15 – 18	40
41	25 yard Butterfly	8 & under	42
43	25 yard Butterfly	9 & 10	44
45	50 yard Butterfly	11 & 12	46
47	50 yard Butterfly	13 & 14	48
49	50 yard Butterfly	15 – 18	50
51	25 yard Freestyle	8 & under	52
53	25 yard Freestyle	9 & 10	54
55	50 yard Freestyle	11 & 12	56
57	50 yard Freestyle	13 & 14	58
59	50 yard Freestyle	15 – 18	60
61	100 yard Freestyle Relay	8 & under	62
63	100 yard Freestyle Relay	9 & 10	64
65	100 yard Freestyle Relay	11 & 12	66
67	100 yard Freestyle Relay	13 & 14	68
69	100 yard Freestyle Relay	15 – 18	70

In order to participate in the 100 individual medley participants should be able to meet the *suggested* time standard. Suggested standards are as follows for each age range:

Ages 5 – 10: 3 minutes, 00 seconds

Ages 11 – 18: 2 minutes, 30 seconds

Relay Rules:

Teams will be creating medley and freestyle relays for swim meets. Some teams do not have enough swimmers to create an entire relay. Small teams at the discretion of the swim team coordinator will be allowed to combine age groups (you can swim up in age, but never down) and/or other small teams in order to ensure everyone in the league participates in relays.

Awards and Ribbons:

Ribbons will be awarded for places one through eighth (depending on the pool) and are available for pick up by coaches after each event at the awards table. All awards not picked up by coaches during the meet will be given to coaches at the end of the meet. Team scores are only kept at Championships.

Booster Clubs:

Each pool's parent booster club may offer a snack bar during their designated swim meet and/or during open swim at their own pool to raise money for team activities. It is the sole responsibility of each booster club to obtain the proper health code permit(s) in order to sell food at their designated meet or pool. In the event that a swim team cannot run a snack bar at a meet, a random draw will be conducted to allow another team to sell food. A random drawing will also be used for any "open until filled" snack bar dates. Application for temporary food establishment license can be found at www.pimahealth.org.

CHAMPIONSHIP RULES

Parents: Coaches will be submitting individual championship registrations (backstroke, breaststroke, butterfly, and freestyle) to NRPR on **June 26, 2014**. Please make sure that your coach knows which two events you want your child entered in, on or before this date. If you are not planning to attend championships, please inform your coach by June 26. Individual events may not be changed after June 26.

Swimmer must have participated in at least two (2) county swim meets this summer to be eligible for championships.

Each swimmer should have a time for each championship event they enter. If they do not have a time for the event they will be entered as a no time or NT. If there are not enough swimmers to fill a finals heat, NRPR will attempt to fill the finals heat by moving swimmers from non-finals heats with the help and input from all coaches; in doing so ANY time posted by a swimmer will be considered faster than a no time or NT.

All Championship events will be pre-seated timed finals. (Only the top 8 swimmers/teams in the county will swim in the Finals Heat.)

- In the event of a tie for the 8th spot in the finals heat, criteria for breaking the tie are as follows:
 - ◆ Time posted
 - ◆ Head to head competition (when possible)
 - ◆ Number of meets attended
 - ◆ Average of ALL the times for an individual/team within that event

All swimmers NOT in the championship finals (top 8 ranked) will be in preceding heats. ONLY swimmers in the finals heat will receive medals for places 1-3. All other swimmers will receive ribbons upon completion of the race. Each individual in the Finals Heat will receive a card with ribbon/medal for official placement for the summer of 2014. Alternate swimmers will be used in individual races if a lane in the finals heat becomes

available on the day of championships. Swimmers will be moved from preceding heats into the finals heat at the clerk of the course.

A maximum of two individual events per swimmer, plus two relays. (An individual may participate in a fifth event if they qualify for the individual medley.)

The Individual Medley is one heat comprised of the top 8 ranked swimmers and 2 additional alternates.

- If by the end of the regular swim meets all 8 lanes have not been filled with swimmers who have times, the remaining lanes will be filled with the help and input from all coaches with a no time (NT).

Although teams are encouraged to make as many relays as possible, only one relay per team can score points at championships. Each of the eight teams will have one of the designated eight lanes at the Wade McLean pool for Championships. Teams with more than one relay will have the additional relays swim in preceding heats leading up to the finals heat.

Small teams that have combined relays with another small team will split the points earned for the relay (regardless of how many swimmers from each team are on the relay).

Within a heat, the Lane Judge card will prevail over the time cards if there is a discrepancy.

A swimmer may be disqualified by the swim team coordinator or other designated official(s) of championships for a second false start, swimming a stroke/relay incorrectly (giving the swimmer/team a clear advantage), making an improper turn, etc. No points will be awarded to a person/team disqualified.

Team Score:

Team Scores will be calculated as follows:

25 and 50 Yard Events:

1st place	11 points
2nd place	10 points
3rd place	9 points
4th place	8 points
5th place	7 points
6th place	6 points
7th place	5 points
8th place	4 points

100 Yard Events:

1st place	8 points
2nd place	7 points
3rd place	6 points
4th place	5 points
5th place	4 points
6th place	3 points
7th place	2 points
8th place	1 point

Due to caps that are being placed on certain teams (and intending to have a fair playing field for all participants regardless of your team size), a mathematical formula will be used to make all teams equal in size for the championship meet. Thus, the best team will be the 2014 champions.

In the event of a team tie; criteria for breaking the tie is as follows (Finals Heat ONLY):

- Number of first place finishers (including relays).
- Number of second place finishers (including relays).
- Number of third place finishers (including relays).
- Head-to-head competition at championships.
 - ♦ Winner of tie breaker will be given one (1) additional point.

Team scores will be announced after event #40 and immediately after event #70.

Maps for Participating Pools and Swim Meet Locations







