Activity – Smokeless Tobacco

Matching Game – Smokeless Tobacco vs. Cigarettes

• Students will be given a list of diseases and will have to decide if the disease is caused by smokeless tobacco or by cigarettes.
  o Some diseases/conditions can be caused by or worsen with both chew and cigarettes.
• The purpose of this exercise is to have students understand that all forms of tobacco are dangerous and can cause serious health consequences including immediate effects and chronic conditions.
• It is important to note that the risk for cancer increases significantly when someone uses tobacco products, both chew and cigarettes.
• This exercise might require some explanation of the disease/condition in order for students to thoroughly understand if the condition is related to smokeless tobacco, cigarettes, or both.

Larynx Cancer - Smokeless
Esophagus Cancer – Smokeless
Oral Cavity Cancer – Smokeless & Smoking
Bladder Cancer – Smokeless & Smoking
Pancreas Cancer - Smokeless & Smoking
Lung Cancer - Smoking
Colon Cancer - Smokeless & Smoking
Bladder Cancer - Smokeless & Smoking

Stroke - Smoking
Gum Infection – Smokeless & Smoking
Heart Disease – Smokeless & Smoking
Asthma - Smoking
COPD – Smoking
Emphysema – Smoking
Reduced Fertility – Smokeless & Smoking
High Blood Pressure – Smokeless and Smoking

PIMA COUNTY
HEALTH DEPARTMENT

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