



MEMORANDUM

Date: June 29, 2020

To: The Honorable Chairman and Members
Pima County Board of Supervisors

From: C.H. Huckelberry
County Administrator 

Re: **Centers for Disease Control (CDC) Guidance Change for Individuals at Risk for COVID-19 Related to Telecommuting**

The CDC has removed the age of 65 and older as a risk group for COVID-19 and clarified the at-risk group to include those with the following conditions:

- Chronic kidney disease
- Chronic Obstructive Pulmonary Disease (COPD)
- Immunocompromised state (weakened immune system from solid organ transplant)
- Obesity (body mass index [BMI] of 30 or higher)
- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Sickle cell disease
- Type 2 diabetes mellitus

These individuals are deemed to be at increased risk of severe illness from COVID-19.

The CDC has also added those who may be at some risk listed below:

- Asthma (moderate to severe)
- Cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- Neurologic conditions, such as dementia
- Liver disease
- Pregnancy
- Pulmonary fibrosis (having damaged or scarred lung tissues)
- Smoking
- Thalassemia (a type of blood disorder)
- Type 1 diabetes mellitus

The Honorable Chairman and Members, Pima County Board of Supervisors
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The CDC indicates that if an individual has any these conditions, they might be at an increased risk for severe illness due to COVID-19.

Based on the above guidance, we will review our current telecommuting policy.

CHH/anc

c: Jan Leshar, Chief Deputy County Administrator
Francisco García, MD, MPH, Deputy County Administrator & Chief Medical Officer,
Health and Community Services
Carmine DeBonis, Jr., Deputy County Administrator for Public Works
Cathy Bohland, Director, Human Resources