Thank you for your interest in helping the animals at Pima Animal Care Center! We would not be able to provide the level of care and commitment to our animals without the help of animal advocates like you. This *Do It Yourself Packet* outlines several projects that are fun and easy and will help the animals have a more enriched experience while in our care. This manual covers items for dogs, cats, outreach and fundraising ideas for PACC & community pets.

A Volunteer Log is included on the last page of this packet to assist you in keeping track of hours if needed for service hours for school or community restitution.

**Please note that hours will not be verified and signed off on until approved by appropriate PACC staff.**

To receive a service letter from PACC please scan the Volunteer Log and email it to paccvolunteer@pima.gov

You may drop off items daily, Monday-Friday from 12pm-7pm and Weekends from 10am-5pm
Pima Animal Care Center, 4000 N. Silverbell Rd., Tucson, AZ 85745
FROZEN DOG TREATS & KONGS

Materials:

- Large and/or small milk bones, Large or Medium Kongs
- Cheerios, rice chex, tiny treats, cut up pupperonie sticks, jerky, kibble, frozen peas, or tiny chopped up carrots
- Peanut Butter (Creamy, no nuts)
- Butter knife or spoon
- Foil pans or cookie sheets
- Gloves if needed…can be a bit messy…but so worth it!

Instructions:

For frozen milk bone treats---

1. Lay the milk bone on a flat surface
2. Spread a thin layer of peanut butter onto the entire milk bone. Enough so that it can hold a few treats on the top layer of peanut butter.
3. To the top layer of peanut butter go ahead and place small amounts of your chosen toppings (cheerios, cut up jerky, small treats, kibble, veggies or mix and match---be creative!)
4. As you finish each bone place on a flat surface (cookie sheet or foil pan) and place in your freezer until frozen. Bring to PACC frozen if possible.

5. Frozen Kongs- see the picture listed below for the perfect stuffed kong! Be careful not to stuff the entire kong with just peanut butter as it can be hard to clean.

6. Once finished place kongs onto a sheet or foil pan (can be stacked) for freezing.

Layer One: Tantalizer
Fill the little hole on top with a thick paste such as peanut butter.

Layer Two: Dessert
Fill approximately one-third of the cavity with dog treats such as biscuits.

Layer Three: Entree
Fill the last two-thirds with canned food or dry kibble mixed with canned food.

Layer Four: Appetizer
Leave a treat sticking out of the opening. The "easy pickins" will provide an immediate pay off and entice your dog to "get serious" about the working for the rest of the goodies.
**OCTOPUS DOG TOY**

**Materials:**
- Tennis Ball
- T-shirt or ½ yard of fabric
- Scissors

**Instructions:**
7. Lay your t-shirt on a flat surface and mark off your cuts. You’ll want to make 2 pieces that are about 5-6 inches wide and a thinner strip about 2 inches wide. Once you cut up your t-shirt, you’ll end up with 3 tube-like pieces, and an extra piece from the top.

8. Cut each tube piece along one seam to make them into long straps.

9. Use the extra piece of fabric from the top of the shirt to wrap the ball. Then lay the two wide strips of fabric in the shape of an X and place the ball in the middle.

10. Wrap the ball with all the layers and gather the strips at the bottom of the ball. Take your skinny strip and tie a tight double knot to secure the fabric-wrapped ball. Now you should have four wide strips hanging from the base of your ball.

11. Cut each of the four strips into three even sections. You will have 12 sections total.

12. Braid the 3 newly cut strips and knot it at the bottom. Repeat until you have 4 braids total. *Note: it is very important that the braids be tight. If the braids are loose, we will be unable to give them to the dogs due to safety issues.*
NO SEW SOCK TOYS

4 DIY DOG TOYS MADE FROM SOCKS

All of these projects require a long sock. Please only use clean, gently-used, colored (not white) socks for these toys. Thank you!

- Stuff ¾ of the sock with cotton balls and hide the squeaker in the middle.
- Tie a knot in the sock right above the stuffing.
- Leaving about an inch between each knot, continue tying knots until the end.

- Tie a knot at the toe end of the sock.
- Insert the tennis ball.
- Working your way up the sock, continue to tie knots, leaving 1-2 inches in between each knot.
- Tie both ends together to create a circle!

- Tie one or two knots at the toe end of a sock, depending on its length.
- Insert a clean & empty water bottle (with cap removed) into the sock.
- Tie a knot on the other end of the sock, securing the water bottle in place.

- Tie a knot at one end of the sock. Leaving an inch in between each knot, continue tying knots until you reach the end.
ROPE TOYS

The following rope toys are a bit more challenging to make, but they are very good for our heavy chewers and have been specially requested for the dogs at our behavior center. The extra time it may take to make these is very much appreciated by both our dogs and trainers!

If you are interested in making rope toys, you can find tutorials below or simply use a thin fleece blanket or long sock—cut into strips of three about 18-20 inches long, tie a knot at one end and braid the 3 strips and tie a knot at the other end!:

http://www.instructables.com/id/Dog-Toys-for-Heavy-Chewers/

https://www.pinterest.com/pin/313281717806278466/

**SNUFFLE MAT**

**Materials:**
- Rubber Sink Mat (12” x 15” works well for medium sized dogs) can be found at dollar stores FYI
- Fleece material
  - Quantity depends on the size of the mat, but 1.5 yards should be plenty.
  - The thinner fleece works well for this project.

**Instructions:**
1. Cut the fleece into strips about 1-1.5” wide by 6-7” long. Precision isn’t necessary! Note: The mat in the photo required 262 strips.
2. Starting at the edge of the mat, take a strip of fleece and push one end through the first hole of the first row and the other through the second. Flip the mat over and tie the strip in a knot.
3. Take a second strip and push one end through the second hole alongside the strip already there, then push the other end through the third hold. Again, turn over the mat and knot the strip. Continue until you finish two rows of holes.
4. When you have two rows done, take a strip of fleece and push one end through the first hole in the first row, then push the other end through the first hole in the second row. Turn the mat over and knot the fleece. This strip is at right angles to the first one. Continue between the first and second rows until completed.
5. Repeat this process on subsequent rows until all the holes in the mat have been filled in.

Snuffle Mats will be used as enrichment items for our dogs to sniff and search for food!
DOG TREAT DISPENSER

Materials:
- 2 inch PVC pipe cut 12 inches long
- 2 inch PVC cap
- 2 inch threaded cap
- 1/2 inch drill bit
- 3/4 inch drill bit

Instructions:

1. Drill pilot holes with the 1/2 inch drill bit.
2. Then drill them in with the 3/4 inch bit along the outside of your pipe.
3. Fit the cap onto one end.
NO SEW BANDANAS

Materials:
- Fabric scraps – at least 14 x 14 inches
- Scissors
- Iron
- Hemming tape
- Optional: Fabric markers

Instructions:
1. Using a marker or pencil, draw the outline of your bandana on the inside side of the fabric. The outline will resemble an open envelope. To help, draw a rectangle 10"W x 5"H, with the bottom of the rectangle at the edge of the fabric. Then draw a triangle on top of your rectangle to get the bandana shape. Note: you want the excess fabric at the bottom (where you drew the rectangle) as this will form a collar loop.

2. Using your drawn guidelines, cut out two pieces. Ensure that they are as closely identical as possible and trim where required.

3. Get each piece of fabric and fold in the edges about half an inch, and iron to hold the shape.

4. Apply hemming tape to one piece over the newly folded edges. Place the second piece of fabric on top and iron in place. At this stage, all the patterned fabric should be on the outside. Once ironed thoroughly, your hemming tape should have joined the two fabric pieces together to form the bandana.

5. Fold the top excess material over to form a loop. Place a piece of hemming tape across the bandana to secure the loop and iron on.

NO SEW DOG BLANKET

Materials:

- Sharp scissors
- Fleece fabric

Instructions:

1. Decide on how large or small a blanket you wish to make and determine the dimensions. Typical sizes are 35"Hx24"W or 48"Hx24"W
2. Fold the fabric in half or place two pieces on top of each other and cut the fabric into the size and shape you want.
3. With the two pieces lined up, cut strips about ¾ -1" wide and 4-5" long around the entire piece of fabric.
4. Take one strip from the top layer and tie it to the corresponding strip beneath, creating a secure knot. Tie until all strips are knotted.

Note: Please do not add any stuffing inside the blanket.
CAT POM-POM

Materials:

- Fleece
- Scissors
- Feathers, bells

Instructions:

1. Cut several small strips of fleece.
2. Make a stack of at least 20 strips and use one strip to tie them together in the center, creating a puff.
3. Puffs can be attached to the ends of either a braid tug toy (made by braiding three pieces of fabric together), or left separate.
4. Attach bells and feathers for extra fun!

5. Note: Please do not use yarn to make the pom-poms. The cats can unravel the yarn and create a safety hazard.
CATNIP TOY

Materials:

- Small sock OR felt fabric
- Dried Catnip
- Fabric scraps or cotton balls
- Yarn
- Scissors
- Optional: bells, beads, etc.

Instructions:

1. For the sock toy, put dried catnip in the sock and then stuff with fabric scraps or cotton balls. Tie a knot to close off the top of the sock (or tie off with yarn).

2. To make the goldfish toy, measure and cut a circle, approximately 5-6” in diameter. Gather the felt circle between your thumb and forefinger to make a small pouch. Spoon some dried catnip in the pouch and then stuff tightly with fabric scraps or cotton balls. Tie off and tightly knot the pouch with yarn. If desired, draw cute faces for an added touch of fun or knot bells or beads on the yarn strings for more entertainment!
CORK TOY

Materials:

- Wine corks
- Epoxy glue or hot glue gun
- Trimmings like jute, raffia, pipe cleaners, etc.
- Scissors or a screwdriver

Instructions:

1. Use the scissors or screwdriver to make a 1" deep hole in one end of the cork. *Note: you can steam or boil the corks to make them easier to cut. Be sure to let the corks dry completely before adding glue and trimmings.*
2. Twist the selected trimmings around each other to make a point.
3. Squirt a little epoxy or hot glue into the hole in the cork, then add the pointed end of the trimmings to the hole. Allow to dry completely to ensure the decorations stay in place!
CAT WAND

Materials:

- Wooden Dowel
- Bells
- Fabric scraps – ribbons, clean shoe laces, yarn, etc.
- Scissors
- Optional: Baker’s Twine or similar to cover the dowel and Fabric Glue

Instructions:

1. To make your wand look “irresistible”, begin by wrapping the plain wooden dowel with Baker’s Twine. When you finish wrapping the dowel, leave an excess amount {10-12 inches} so that you can tie your fabric scraps to the end. Use a small amount of fabric glue to secure the twine to the dowel, so that it doesn’t unravel. OR
2. Drill a small hole in one end of the wooden dowel and thread a long piece of the Baker’s Twine through the hole. Tie the twine in a knot to secure it to the wooden dowel.
3. Take all of your fabric scraps and tie them to the end of the Baker’s Twine.
4. Select different scraps of fabric and tie on the jingle bells for added fun!
CAT PUZZLE

Materials:

- Toilet paper or paper towel rolls
- Empty square or rectangle tissue box or a shoe box
- Hot glue gun
- Scissors

Instructions:

1. If using a tissue box, cut off the top so that the box is open.
2. Cut the tubes to the same length as the height of the box if needed.
3. Place the tubes in the box, gluing each one in place as you go. Continue until the box is filled snugly with the tubes.
4. Deliver to the shelter, and we will fill the tubes with treats to keep our cats busy and entertained!
CAT SCRATCH CIRCLE

Materials:
- Cardboard boxes (all sizes, all kinds, at least 5 medium size boxes)
- Masking tape
- Scissors and ruler
- scrap paper, felt, or fabric
- Optional: decorative paper or fabric, markers

Instructions:

1. Choose a height for the pad, (The example shown is 4”).
2. Measure and cut your cardboard in identical width strips. Cut so that the ridges in the cardboard are going horizontally across the strips.
3. Start rolling the cardboard in your hands and bending at each corrugation. The cardboard will start to curl naturally.
4. Tightly wind one strip into a circle and tape closed. This will be the core.
5. Add a new piece and secure with two pieces of masking tape. Choose which side will be the top and make sure that side is always even. It is less important if the other side is slightly uneven; it will still sit properly and the top will look perfect.
6. Keep adding cardboard! Tape each piece right next to the end of the last piece and keep the coiling tight.
7. Cut your decorative paper or fabric and wrap it around the outside. Tape to close. If you prefer, you can draw fun designs or pictures for our cats to enjoy!
8. Place the finished coil onto the scrap fabric or paper and trace and cut out the circle. Tape or glue to the bottom so that we can sprinkle the scratcher with catnip, and it won’t spill out!
CARDBOARD SCRATCH POST

Materials:
- 12” x 12” x ½” plywood board
- 36” Wooden dowel
- Corrugated cardboard
- 1 ½” wood screw
- X-Acto knife
- Power drill
- Glue

Instructions:
1. Mark the center of your board and drill a hole.
2. Drill a hole in the center of the dowel.
3. Drill the screw all the way through the board. Using a screwdriver to hold the screw in place, take the dowel in your other hand and twist it onto the screw. Keep twisting until it’s securely on.
4. Prepare the cardboard pieces: using the X-Acto knife, cut multiple cardboard squares measuring 6 x 6 inches. Cut out a hole in the middle of each piece the size of the dowel.
5. Stack the cardboard pieces onto the wooden dowel until you’ve reached the top. Arrange the pieces as desired to create different designs, gluing as you go to keep the pieces in place. You can cap the dowel instead of gluing pieces. Note: You can also use a stacked cardboard base if preferred and glue pieces together(see below).
TRAFFIC CONE CAT SCRATCHER

Materials:
- Traffic cone
- Rope or sisal cord
- Hot glue gun and glue sticks
- Scissors
- Yarn

Instructions:

1. Starting at the bottom edge of the square base, apply a thin line of hot glue and press rope into glue. Continue to alternate between glue and rope as you work your way around, following the square shape of the base. As you get to the base of the cone, start working your way from wrapping it in a square shape into a circular shape. Wrap tightly and push down the rope as you go to avoid gaps.

2. Once you get near the top, get your pom-poms and poke the strings down through the hole in the top of the cone. Apply a dab of glue at the top and press the pom-pom strings into it. Apply more glue and wrap your rope over the pom-pom strings, encasing them within the rope. Switch back to full lines of glue near the top of the cone, gluing the rope to itself as you cover the hole in the top. Cut off excess rope.

You can find instructions for the fabric base cone here:
http://www.sofancyblog.com/2013/10/make-it-traffic-cone-cat-scratching.html
CAT SCRATCH POST

Materials:

- 4 x 4 wood fence post (cut to 20" length)
- Piece of wood for the bottom stand
- 100 feet of sisal rope
- Staple gun and/or nails
- Wood screws
- Craft knife (like X-acto)
- Optional: 4 x 4 fence post cap, power drill, rug to cover stand, hot glue gun

Instructions:

1. Draw out the placement for your 4x4 post on the piece of wood. When working with a square, draw lines extending from each corner to make an “X” across the wood face. Align the square shape of your post’s corners on each of the lines for a perfect center. Trace the square with a pencil. Put a thin line of wood glue inside of the square you have drawn. Place the post inside and hold. Clean up any glue that squeezes out, if necessary.

2. Turn the wood over and drill holes through your bottom square and the 4x4. Drill wood screws into the holes to permanently affix the two pieces of wood together.

3. If you have a decorative cap, attach it now. Stain the entire piece and allow to sit overnight.

4. If you’d like to use a rug to cover the stand, cut a rug to size with a 4x4 square in the middle and with a slit at the back to wrap on the wood and around the 4x4. Use wood glue to affix. You can also paint the bottom stand if you prefer or use a permanent marker to draw fun pictures or designs or write friendly messages for our cats to enjoy!

5. Take the end of your sisal rope and using your hammer and trim screws, attach to the 4 x 4 at the bottom. Wrap the rope snugly around the post, occasionally using a nail to tack down as necessary. You may also use hot glue to attach the sisal rope.
NO SEW
CAT BLANKET

Materials:

- Sharp scissors
- Fleece fabric

Instructions:

1. Determine the dimensions of the blanket you wish to make, and cut two pieces so that they are the same size (approximately 2’ x 3’ is a good size for cats and smaller for kittens).

2. Place the fabric pieces one on top of the other, and then cut strips about 2 cm wide and 10 cm long around the entire piece of fabric. Cut through both pieces of fabric at the same time.

3. Once all sides are cut, knot the top and bottom strips together until all of the strips are tied!
   *Please do not add any stuffing inside the blanket.
Foster Care Kits

Suggested Items and Materials:

The foster program is always in need of the following items to help us care for neonate and foster kittens.

- Clean fleece blankets or no sew cat beds
- Pet baby bottles
- Tube socks filled with uncooked rice (see picture below) or
- Puppy or kitten pate" wet food
- Small baskets or large 1 gallon zip lock bags
- Kitten/Puppy milk replacer powder
- Non-clumping cat litter (placed in 1 gallon bags)
- Cat nail clippers
- Digital Pet thermometer
- Digital Scale with ounces (kitchen scale)

Instructions:

1. Collect and drop off supplies individually or create Foster Care Kits for our foster program.
2. You can add items to a bag, basket or large zip lock bag with needed supplies for individual pets to go home with
3. Making a Rice Sock (heating pad for pets)

   Uncooked rice (make sure it is not instant rice)
   Clean, soft socks in adult sizes – crew or tube

   Then, make your heating pad:

a. Fill the sock about halfway with uncooked rice.
b. Tie the remainder of the sock with a knot.
c. You’re done – that was so quick, you can make some more!

OTHER IMPORTANT & IMPACTFUL OUTREACH PROJECTS

**Coordinate A Coin Drive ---- Change is Good!**
Collect coins from family, friends and neighbors. Or you can monitor a coin collection at a business. When the can is full, bring it to Pima Animal Care Center and replace it with a new one.

**Host a Fundraiser**
Young people are often our most creative fundraisers! You can get involved in a variety of fundraising projects and then donate the proceeds to the animals. We have had children hold bake sales, yard sales, craft sales, participate in walk-a-thons, and much more! Feel free to use your imagination to come up with a fundraising idea. Contact the outreach coordinator at paccvolunteer@pima.gov for any assistance you need or questions you may have.

**Are you on social media? Create a Viral Video, take pictures, make online flyers, and POST!**
Create a video and upload it to your social media accounts with your parents’ permission. This can be about any animal related topic that applies to homeless animals, shelter animals or education topics. You can take pictures of our shelter pets, make online flyers or print flyers and share with friends and family!

**Complete an outreach activity**
We have a variety of options for you to complete for credit.

**Organize and Run a Pet Club at School**
Set up weekly or monthly meetings where animal loving youngsters can talk about pet related issues and find creative ideas to help educate others on the needs of pets in shelters. With the help of a parent or teacher, you can plan field trips to PACC and work on creative ways to collect donations, toys, food or supplies. Email paccvolunteer@pima.gov for assistance.

**Sponsor a shelter pet**
The entire family can join in, kids can start their own club to sponsor one or more pets, or they can talk with local businesses and ask them if they would be willing to help a shelter pet by setting up a collection can for money donations. Sponsoring is an excellent class project that can involve everyone. Email sara@friendsofpacc.org for more info on this.

**Donating birthday gifts or allowances**
Some kids are happy to forego their birthday gifts and ask kids attending their birthday party to bring presents for pets instead. You can talk to your child and encourage them to set aside a portion of their allowance to donate to a shelter. There’s no better feeling than giving and for an animal loving kid, a small donation of their own money is a heartfelt way they can help shelter pets.

**Lost & Found Pets**
Assist with lost and found pets by going to this website [http://webcms.pima.gov/cms/one.aspx?portalId=169&pageId=995](http://webcms.pima.gov/cms/one.aspx?portalId=169&pageId=995) click on the lost or found pets link and you can find out more info about each cat or dog. You can put up flyers in the neighborhood or the area the pet was lost or found in. Please get approval from your parent and location you will be putting flyers up. We want pets to go back to their families and this is one way to extend a helping hand! Here is an easy flyer generator site [https://search.petfbi.org/flyer.html](https://search.petfbi.org/flyer.html)

**Pup & Boots Pet Supply Drive**
Assist us in helping those who are facing homelessness keep their pets healthy, safe and happy by collecting much-needed items. Collect bags of dog, cat, puppy, kitten food, booties for dog paws, cat/dog treats, blankets, leashes, collars, collapsible water dishes, and toys.

**Conduct a Pet Supply and Food Drive**
A very helpful way to volunteer is to organize a pet food drive in your neighborhood or school. Donations of pet food, pet supplies, toys, treats, blankets, towels, and cat litter are always appreciated. Many of these items are distributed through our Pup and Boots Program to assist those who own pets and are facing homelessness or are very low income and need assistance to help keep their pets out of a shelter.
Always most in need of:
✓ Dry cat and dog food
✓ Wet (pate” style) cat and dog food
✓ Cat treats, Dog treats
✓ Cat/Dog toys
✓ Karunda Beds
✓ Gift Cards in any amount to pet supply stores, Amazon, Michaels, Lowes, Home Depot
✓ Check out our Amazon wishlist for updated requests at:

Participate In Our Foster Program
If your entire family is interested in helping animals, consider participating in our Foster Program. In this program, volunteer families care for animals until they are ready for adoption. This is an entire family project, as the animals are in your home for several days or several weeks and may require special feeding or medicating. If your family is interested in fostering, please contact Pacc.foster@pima.gov.

Become a Volunteer!!
PACC has many wonderful programs that we utilize volunteers in. Learn more today www.pima.gov/volunteer.
**VOLUNTEER HOURS LOG**

*Please list all volunteer hours completed. We will sign off on up to 25 hours of service each month.*

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<th>Date</th>
<th>Time</th>
<th>Project</th>
<th>Please explain how you completed this project</th>
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<td>Made enrichment items (toys, ect)</td>
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<td>Put together kits for foster pets or Pup and Boots</td>
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Thank you for volunteering!