

## THE DISTRICT 3 DIGEST



## A NOTE FROM SUPERVISOR BRONSON...

Many of you may know that youth ages 14—21 who live in Pima County are eligible to participate in the Summer Youth Program. This program gives youth and young adults the chance to gain valuable work experience with Pima County, as well as put a little money in their pockets over the summer.

Every summer, 80 participants from each supervisorial district are chosen to participate based on some pre-set criteria: age, family income, number of children in the family, and their score on the Summer Youth aptitude test.

The selected participants will work 25 to 40 hours per week at a rate of \$6.75 per hour— a pay increase from last summer, thanks to the new minimum wage laws. First session of the program runs from May 31st through July 3rd, and second session lasts July 5th through August 3rd.

Participants can work as interns in administrative offices, as part of the Pima County Parks and Recreation staff, or even in the County Attorney's office.

Congratulations to all the Summer Youth 2007 participants who have already been chosen!

*Do you know a young person in Pima County who may benefit from the Summer Youth program? Encourage them to apply next year! Applications are accepted starting in the early spring, and earlier is always better.*

### Historic Curley School Opens in Ajo

#### *Grand Opening of artisan lofts in renovated schoolhouse*

The ribbons were cut at historic Curley School last week, opening new artists lofts in what was once a schoolhouse.

The Curley School was built in 1919 to serve as the public school in Ajo, Ariz. In 2003, the Pima County Board of Supervisors allocated \$100,000 in Community Development Block Grant (CDBG) money as predevelopment funds to determine the feasibility of converting the Curley School into artisan lofts. In 2005, the Pima County Board of Supervisors approved a \$700,000 Pima County HOME Loan as one of the major sources of funding for the project. The International Sonoran Desert Alliance (ISDA)— the non-profit managing the Curley School project— has secured funding from numerous other sources to complete the more than \$9 million project budget.

Construction on the Curley School began in 2006, with move-in scheduled for June 1, 2007. When complete, the project will include 30 live / work units for the artists, as well as classrooms, workshops, an indoor / outdoor auditorium, a micro-enterprise center and a computer lab.

Supervisor Bronson, along with other government and community officials, was on hand to celebrate the grand opening and congratulate the community of Ajo on the hard work they put into preserving their historical sites while planning for future growth.

"I'm so pleased to see this beautiful historic building transformed into a space for artists to live and work," said Supervisor Bronson. "These downtown artisan lofts will be a real economic and cultural asset for Ajo—and the artists residing here are equally lucky to make their home in this unique, welcoming community."



### Pima County Sheriff's Department "E-Connection"

Would you like to get crime and safety updates sent directly to your email box?

Thanks to the Pima County Sheriff's Department, now you can!

The latest updates are available by heading to this website:

[www.econnection.sherrff.pima.gov](http://www.econnection.sherrff.pima.gov)

While you're there, you can add your email address to their distribution list. When there is a new alert, you'll be the first to know!

## Picture Rocks Pool Dedication

Picture Rocks residents beat the heat in their new splash pool

On May 19, Supervisor Bronson cut the ribbon to open the new Picture Rocks Pool. This pool, the first of its kind in Picture Rocks, allows residents to enjoy the summer weather while escaping the Arizona heat.

The pool area includes a splash pad for water toys, shade cabanas, and a turf picnic area with shade trees.

Swim lessons will be available in two-week blocks for \$20. Regular hours for the pool are Monday through Thursday, 1:00pm—6:00pm, with “Open Recreational Swims” for just \$0.50 for kids and \$1.50 for adults. The pool is open Saturdays and Sundays for “Family Swims” from 1:00pm 4:00pm— for only \$1 per family! Pima County pools are closed on Fridays.



Supervisor Bronson celebrates the new Picture Rocks Pool on a hot Arizona day

## Water Safety Tips for Kids

- ◆ The best thing you can do to keep your kids safe is teach them to swim!
- ◆ Keep a cordless phone near the pool so you can call 911 in an emergency— those seconds are precious.
- ◆ Learn CPR, and insist that all babysitters, grandparents and other caretakers know it as well.
- ◆ Enclose the pool completely with a self-locking, self-closing fence with spaces no more than 4” wide between bars.
- ◆ Keep toys out of the pool when not in use— they can entice small children into the water.
- ◆ If a child is missing, always check the pool first.

## Have the Nerve to Conserve!

*Try these simple, inexpensive ways to save energy AND a few bucks!*

- ⚡ Keep computers in “sleep” mode when not in use
- ⚡ Use compact fluorescent lamps (CFLs)— they only use about 1/4 the electricity of a standard bulb and generate 70% less heat
- ⚡ Unplug chargers (batteries, cell phones, etc.) when not in use
- ⚡ Set your refrigerator temperature to 36 to 39° F, and your freezer to 0 to 5°F
- ⚡ Look for the ENERGY STAR label when shopping for new appliances and electronics— this lets you know they are energy efficient
- ⚡ Make sure doors and windows are well-sealed with weather stripping
- ⚡ Use a microwave, rather than an oven, for pre-heating smaller items
- ⚡ Clean the lint filter in the dryer after each use— that way it doesn’t have to work so hard



The American Legion Lady Champion Color Guard helps Tucson Estates commemorate Memorial Day

## Sasabe School Opening

The new San Fernando Elementary School was dedicated on May 23rd in Sasabe. This school, which serves children K-8, replaces the original 1924 schoolhouse which had fallen into disrepair.

At the dedication ceremony, an anonymous donor promised all four of the school’s 8th graders a \$1000 scholarship each if they graduate from high school. What an incentive!

The land for this new school was donated to Pima County by the Knagge family for use in education.

## "Have you heard?"

### *When to call the Department of Environmental Quality*



Pima County's Department of Environmental Quality (PDEQ) has been charged with identifying and responding to environmental issues by providing public services including monitoring, enforcement, and public education.

PDEQ has three major divisions: air, waste, and water.

Questions about dust, open burning, and air pollution are handled by the air quality division.

The solid waste division handles the household hazardous waste program and the waste tire program, and also handles instances of illegal dumping within the county. Landfills also fall under the solid waste division.

PDEQ's water quality division handles septic systems and storm water management. They also provide assistance with grey water / water reuse.

If you have a complaint or concern regarding any of these areas— air pollution, solid waste, or water quality— you may file a complaint directly with PDEQ. Before you call, try to answer as many of these questions as you can:

- ◆ The address of the property where the problem has occurred or is occurring (with directions if difficult to find)
- ◆ The name of the property owner, if known
- ◆ The location and extent of property damage, if any
- ◆ The time the incident occurred, and whether it is occurring at the time of your call
- ◆ If waste was dumped from a vehicle, a description and license plate number

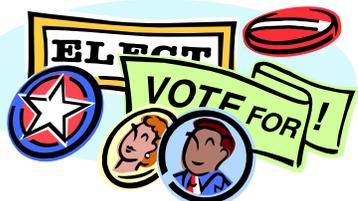
When you file a complaint, you will be asked to provide your name, address and telephone number, so that PDEQ staff can let you know the status of your complaint— but don't let that stop you! The information is optional, and complaints can be made completely anonymously. To talk to PDEQ...

**Pima County Department of Environmental Quality - (520) 740-3340**

**Smoking Vehicle Hotline - (520) 622-5700**

**Illegal Dumping Hotline - (520) 622-5800**

Thanks for helping us keep our Pima County desert clean and beautiful!



## Did you cast your vote?

### *Elections around Pima County*

For many communities around Pima County, everyone's favorite time of the year has come and gone once again. No, not State of the County... it's Election Day!

Marana and Sahuarita held elections for their respective Town Councils on May 15th.

Although not in District 3, South Tucson also held an election for their Town Council, where four seats were up for grabs. Supervisor Bronson sends her congratulations to everyone on a race well-run!

### **Here's a look at the results...**

#### Sahuarita:

- ◆ Challenger Scott Downs took one of four seats
- ◆ Incumbents Charles Oldham and Lynne Skelton won their seats back for another term
- ◆ Incumbent Phil Conklin also retained his seat. Because he won more than 50% of votes in the primary, he didn't have to compete in the general election

#### Marana:

- ◆ Challenger Russell Clanagan took home nearly 70% of votes
- ◆ Challenger Roxanne Zeigler received almost 60% of votes

### *"Covering Growth in the West"*

On May 30, economists and public officials— including Supervisor Bronson— participated in an educational symposium to give Western-state journalists their professional perspectives on the rampant growth happening here in the West.

Here are a few interesting facts, figures and ideas that came out of the panel:

- ◆ Arizona has been one of the fastest growing states in the nation for more than 100 years— with no reversal of that trend on the horizon.
- ◆ Managing growth means managing our water supply. This can be extremely complex: did you know that water quality and quantity are managed as separate issues?
- ◆ "Not all growth is good growth"— there must be a balance. Taxes are necessary to provide services, but we must compete with other communities to successfully recruit jobs.
- ◆ The major issue facing Arizona is education: our children must become a priority if Arizona is going to compete in the global economy



# Alzheimer's Disease: Newly Released Facts & Figures

## Symptoms:

Alzheimer's Disease affects different people in different ways, but the most common pattern begins with a gradually increasing difficulty remembering new information. As the disease progresses, individuals also experience confusion, disorganized thinking, impaired judgment and disorientation.

## Causes:

The cause of Alzheimer's is unknown. Most researchers believe it is due to a combination of multiple factors rather than a single cause. Increasing age seems to be the greatest predictor of a person's chances of developing Alzheimer's.

## Treatment:

There is no treatment that can totally delay or reverse the disease, but the FDA has approved 5 drugs that can temporarily slow the progression for 6-12 months in about half of patients. A number of promising experimental treatments are currently in the human testing stages. Active management—making use of available treatment options, programs and support services—can vastly improve quality of life for those with Alzheimer's.

## Prevention:

New research suggests that brain health is closely linked to overall cardiovascular health. Beginning in young adulthood, management of risk factors such as cholesterol, blood sugar levels, blood pressure and weight may help avoid or delay cognitive decline.

Other evidence indicates that a diet low in fat and high in fruits and vegetables may support cognitive health. Constant mental stimulation also helps support a healthy brain.

## Who Has It?

- ◆ 5.1 million Americans had Alzheimer's Disease in 2006.
- ◆ 13% of people over age 65 have Alzheimer's; nearly half of those over 85 have developed the disease.
- ◆ Every 72 seconds an American is diagnosed with Alzheimer's

## Alzheimer's in Arizona:

- ◆ In 2000, 28,000 Arizonans had Alzheimer's; by 2010, 97,000 people are projected to have the disease. That's an increase of 24%—while the national average is only 15%
- ◆ There are an estimated 151,810 Alzheimer's caregivers in Arizona, providing 131,042,195 hours of unpaid care per years. That's \$1,281,592,670 in unpaid care!\*

## Getting Help:

The **Desert Southwest Chapter of the Alzheimer's Association** offers programs and services to families dealing with the disease:

- ◆ 24-hour helpline—(800) 272-3900—Available in many languages, including Spanish.
- ◆ Family care consultation (Maricopa and Pima)
- ◆ Support Groups; Education and Training
- ◆ Education and Training
- ◆ Safe Return—for individuals who have wandered and become lost
- ◆ Resources—Free literature, a library of books and videos, a quarterly newsletter and more

**Southern Arizona Region Alzheimer's Association**  
3003 S. Country Club Road, Suite 209  
Tucson, AZ 85713  
(520) 322-6601

\*Source: Alzheimer's Association 2007 Facts and Figures

## Ajo / Kinney Road Project Update:

The Neighborhood Advisory Committee (NAC) for the Ajo / Kinney Road project met for the first time on May 30th. This committee was created to ensure the public is informed of the latest activities on the construction, as well as help government and business leaders get public input and opinion on the project.

Representatives from neighborhood, community and environmental groups sit on the committee to represent their members' interests in the construction project.

Would you like to know more about what's going on with the NAC? The next meeting will be held at 6pm on June 27th at Tucson Estates, 4900 West Western Way Circle.



*Flowing Wells leaders receive an award from Supervisor Bronson for their leadership and hard work*

## Meth-Free Alliance in Flowing Wells!

The Meth-Free Alliance (MFA) will be making its way to Flowing Wells starting July 1st. MFA, in conjunction with the Flowing Wells Action Team, will be working diligently to eliminate meth from Flowing Wells.

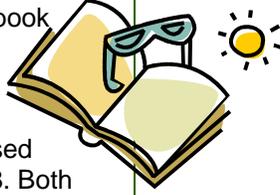
MFA was founded in 2005 to combat the destructive effects of meth on families, businesses and

communities. The Alliance tackles issues such as prevention, treatment, legislation, law-enforcement, community mobilization and the media. Community members are always welcome to join in these efforts and help wipe out meth in our communities.

## "What's Happening?"

### Join a Summer Reading Program!

Kids and adults can stay cool with a good book this summer, through the Pima County Library's Summer Reading Programs.



- ◆ "Get a Clue @ Your Library" is for children up to 5th grade. "007... Licensed to Read" is designed for teens 12 to 18. Both programs offer reading incentives starting at 6 hours for kids and 10 hours for teens.
- ◆ The Adult Summer Reading Program is open to anyone 16 years or older. The program focuses on mystery novels, and will have special events designed for the mystery lover including sit-downs with local Arizona mystery writers. An Alfred Hitchcock film fest is also planned.

All of these programs are available at your local branch library. They are going on now and end July 21st, so get down to your library and get reading!

**For more information, call (520) 791-4010**

### Shake things up in Marana

Marana Parks and Recreation is offering a great selection of dance, craft, exercise and other classes this summer, for people of all ages. Residents and non-residents are welcome.

Stop by the Marana Civic Center to pick up the latest catalogue of classes— you're sure to find one that's right for your family.

For more information, check out [www.marana.com](http://www.marana.com) or call the Parks and Recreation department at (520) 382-1950.

### "Thirsty for Answers?"

#### Water Supply in the Desert: Myths and Realities

What can we do to ensure a sustainable future? What's the truth about our water supply here in Arizona?

Bring your thirst for knowledge to one of these meetings, and get your questions answered:

Thursday, June 14 / 2:30—4pm  
Joyner Green Valley Library  
Conference Room  
601 N. La Canada Drive  
Green Valley, AZ 85614

Thursday, June 14 / 6—8:30pm  
Rancho Resort Ballroom  
15900 S. Rancho Resort Blvd  
Sahuarita, 85629



### Sister Cities Saturday

Learn more about the Tucson Sister Cities Association from their representatives at the Sister Cities Saturday program. There are three sessions of the program:

June 16 at 2pm at the Kirk-Bear Canyon Library

July 21 at 2pm at the Nanini Library

August 18 at 2pm at the Valencia Library

### Sonoran Sea Aquarium

Imagine a scientific expedition to explore the Sea of Cortez off the coast of Baja, Mexico at the Joel D. Valdez Main Library on June 23rd.

Incredible marine artifacts, mammal bones and exhibits will be in the Children's Meeting Room. Take a tour of a display of these unique ecosystems.

All ages are welcome to experience this Sonoran Sea Aquarium adventure on display from 1pm to 4pm.

### A Workshop: Help Control Graffiti in your Neighborhood

Tucson Clean and Beautiful is presenting a workshop to learn more about graffiti and how we can address this ongoing concern within the community.

Saturday, June 30 from 9am—12 noon  
Sentinel Building,  
320 N. Commerce Park Loop  
Tucson, AZ 85745

Come hear what others are doing to control graffiti in their neighborhoods. Get a tutorial in graffiti removal. Discuss the most helpful citizen strategies, and meet others who are fighting graffiti.

This workshop is sponsored by PRO Neighborhoods and the City of Tucson Department of Neighborhood Resources.

For more information and to sign up for the workshop, please call Becky Ybarra at 791-4605 or email [becky.ybarra@tucsonaz.gov](mailto:becky.ybarra@tucsonaz.gov)

