

WHERE TO FIND HELP IN PIMA COUNTY



WHERE TO GO FOR HELP

If you need assistance that is not offered in this booklet, please contact Community Information and Referral at 800-352-3792, or 2-1-1. Si necesita asistencia que no se encuentra en este libro, puede contactar a Servicios de Información y Referencia al 800-352-3792 ó marque 2-1-1.

Resources are listed alphabetically. Call first for hours and eligibility information. For website information, go to <http://pima.gov/EndingPoverty>

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FOOD ASSISTANCE/MEALS

Information and Referral Services 2-1-1

Arizona Referral Services for help with food, rent and utilities.

Casa Maria Soup Kitchen 520-624-0312 • 352 E. 25th St.

Open every day of the year, 8:30-11:30 a.m., except Thanksgiving and Christmas.

Catholic Community Services of Southern Arizona Meals on Wheels

520-624-1562 • 5009 E. 29th Street

Community Food Bank 520-622-0525 • 3003 S. Country Club

Tues - Thurs 9 a.m. – 4:30 p.m.

Food boxes for any low-income person. Distribution sites at main center above as well as throughout Pima County and southern Arizona. Many other programs as well. See website for listings.

Department of Economic Security-SNAP 520-638-2270 • 316 W. Fort Lowell Road and 1455 S. Alvernon Way • Pre-registration call 800-221-5689

SNAP Emergency Food Assistance Program.

Families can receive monthly food stamps under the SNAP program if they are at or below 130% of poverty. Call the number above to enroll. People can also receive Emergency Food Assistance if at 185% of poverty or lower. There are distribution sites throughout Tucson and Pima County.

Department of Economic Security Ombudsman 866-362-2837

Help resolving issues of concern when receiving or attempting to receive benefits and services from the Department.

Gospel Rescue Mission - Community Ministries 520-740-1501 • 338 W. 28th Street

A food box every month plus other resources like baby supplies and personal hygiene.

Impact of Southern Arizona 520-825-0009 • 15930 N. Oracle Road

Food boxes, baby formula, toiletries and more. Also lunch for seniors at their center or delivered to a home.

Interfaith Community Services 520-297-6049 • 2820 W. Ina Road and 8701 E. Old Spanish Trail.

Call for information for food boxes and emergency financial assistance.

Living Faith Center 520-722-2217 • 4108 E. North Street

Food Box Distribution-Thursdays 1 – 5 p.m. • Dinner served Thursdays 5:30 p.m.
Diaper distribution-Thursdays noon – 2 p.m.

Mobile Meals of Tucson 520-622-1600 • 4803 E. 5th Street, Suite 209
Delivers healthy meals to homebound adults in Tucson, Sahuarita and Green Valley. Can also deliver adult diapers and pet food.

Northminster Presbyterian Church 520-327-7121 • 2450 E. Fort Lowell Road
Meals-Mondays 5:30 p.m.

Pima Council on Aging 520-790-7262 • 8467 E. Broadway Blvd.
Mon-Fri 8:30 a.m. – 5 p.m.
Free daily meals delivered to homebound people 60 or older or people with disabilities.

Salvation Army 520-795-9671 • 1002 N. Main Ave. and 218 E. Prince Road • 520-888-1299
Food distribution is Monday to Thursday, 9 a.m.-noon. Family dinner is Thursdays at 5:30 p.m.

Sister Jose’s House 520-909-3905 • 1050 S. Park Ave.
Breakfast and lunch for women in a pet-friendly center. Clothing bank.

Social Services 520-792-1111 • Open 24 hours, 7 days a week-Meals.
Hospitality House-food boxes, case management, medical assistance, employment services, and life skills.

Tucson Urban League 520-791-9522 • 3425 E. Grant Road, No. 101
Mon – Fri 8 a.m. – 5 p.m. • Short term assistance, food boxes.

Youth on Their Own 520-293-1136 • 1660 N. Alvernon Way
Mon-Fri 9 a.m. – 5 p.m. and Sat 10 a.m. – 2 p.m. • www.cfbfoodbox.org
For qualifying students, provides free basic needs items such as food, clothing, hygiene items, household goods, and school supplies.

Z Mansion 520-907-9057 • 288 N. Church Ave. • Sundays 9:30-11:30 a.m.
Free Sunday brunch, hot food to go, sack lunches.

FOOD FOR PETS

These organizations provide help with pet food:

Pima Animal Care Center 520-724-5900 • 4000 N. Silverbell Road

Humane Society of Southern Arizona 520-327-6088 • 635 W. Roger Road

Hermitage Cat Shelter 520-571-7839 • 5278 E. 21st St.

EMPLOYMENT OPPORTUNITIES

Beacon Group 520-622-4874 • 308 W. Glenn Street

- **Vocational Employment Training-Work Adjustment** 520-622-4874
 - **Ticket to Work Program** 520-917-1787
- Services for adults (17 and older) with disabilities-eligibility required.

Blake Foundation SAGE 520-622-3933 • 332 S. Convent Ave.

Employment services for adults with development disabilities.

Department of Economic Security Employment Services 520-638-2230

316 W. Fort Lowell Road • Mon- Fri 8 a.m. – 5 p.m.

Goodwill Industries of Southern Arizona 520-623-5174

Job Connection Centers.

Fred G. Acosta Job Corps Center 800-733-5627 or 520-792-3015

901 S. Campbell Ave. • 7:30 a.m. – 4:30 p.m. • Income eligibility services for ages 16 – 24

Includes residential quarters, academic education, high school diploma or GED preparation. Medical, dental, childcare allotment and counseling included.

Job Path 520-324-0402

Call for orientation schedule. Classes to upgrade employment skills.

Pima Community College - Adult Basic Education Student Services 520-206-7330

Downtown Campus, 1255 N. Stone Ave. • AH Building, Room 130

Pima County One-Stop Career Centers

- **Kino Service Center** 520-724-7700 • 2797 E. Ajo Way
Serves dislocated workers.
- **Kino Veterans' Workforce Center** 520-724-2646 • 2801 E. Ajo Way
Serves military veterans
- **Rio Nuevo Service Center** 520-724-7650
340 N. Commerce Park Loop • Tortolita Building • Serves unemployed adults.
- **Youth Employment Center** 520-724-9649
320 N. Commerce Park Loop • Sentinel Building • Serves youth 14-24.

Primavera Works 520-882-9668 • 325 S. Euclid. Suite 101 and 151 W. 40th Street

7 a.m. – noon and 1– 4 p.m.

Assistance for unemployed and underemployed adults.

Salvation Army Hospitality House 520-622-5411 • 1002 N. Main Ave.

Tucson Urban League 520-791-9522

Vocational and youth job training opportunities.

DIAPERS AND INFANT NEEDS

Casa de Los Niños 520-624-5600 • 1120 N. 5th Ave.

Diaper Bank of Southern Arizona 520-325-1400 • 1050 South Plumer Ave.
More than 50 distribution sites or apply online for one week a month of free diapers.

New Life Pregnancy Center 520-795-7541 • 1779 N. Alvernon Way

Pima County WIC Program 520-724-7777 • Mon-Fri 8 a.m. – 5 p.m.
Food, diapers, and wellness program.

Reachout Women's Center 520-321-4300 • 2648 N. Campbell Ave.
Pregnancy testing, ultrasounds, materials assistance, referrals and peer counseling.

HEALTH SERVICES/FAMILY CRISIS AND COUNSELING/SUBSTANCE ABUSE

Adult Protective Services 520-872-9000 • 1455 S. Alvernon
Mon-Fri 8 a.m. – 5 p.m.

Arizona Lions Vision Center 520-777-7334
At Community Food Bank – 3003 S. Country Club Road, Suite 214
Wed 8 a.m. – 4 p.m. Thurs 9 a.m. – 4 p.m.

CODAC Substance Use Disorder Referrals Line 520-202-1786
Available 24 hours a day, 7 days a week

Community Wide Crisis Line
24 hours a day, 7 days a week, 365 days a year
520-622-6000 or 1-866-495-6735
(TDD/TTY: 1-877-613-2076)
(for medical, police and fire emergency situations, always call 911)
Department of Economic Security-Assistance and Medical Eligibility 520-638-2270
Arizona Health Care Cost Containment System (AHCCCS) Nursing Level of Care.

Crisis Text Line: Text TALK to 520-741741
Available 24 hours a day, 7 days a week to talk to a counselor

La Frontera

- **Sonora House** 520-624-5518 • 2940 N. Flowing Wells
For Adults with a serious mental illness who are homeless or nearly homeless.
Provides assistance obtaining: GA, SSI, bus passes and health care.
La Frontera - Residential Services 520-838-3804

- **Casa Alegre** 520-622-5805 • 1441 S. No Le Hace
- **Thornycroft Ranch** 520-572-9320 • 10841 N. Thornycroft Road

Medicare Cost Sharing A & B 520-205-8600

Medical Assist/Long Term AHCCCS Home Services.
Nursing Home Assisted Living. Arizona Health Care Cost Containment System Eligible.

(Verification) Intake: call, write, web or visit any Department of Economic Security site. Provides: Low or No Cost Medical Benefits. Children & Adults on Low Income
520-628-6810 • 316 W. Ft. Lowell Road
Mon-Fri 8 a.m. – 5 p.m. (Office) Daily 24 Hrs.

National Suicide Prevention Lifeline 1-800-273-8255

Need to Talk?

Warm Line, Peer Recovery Non-Emergency Support by Hope, Inc.
8 a.m. – 10 p.m., 7 days a week
520-770-9909 or 1-877-770-9912

Our Family Services 520-323-1708 • 3830 E. Bellevue Street

Mon-Fri 9 a.m. – 5 p.m.
2 year program will help children with Mother or Dad or Families to relocate.

Pima Community Access Program 520-309-2920 • 2501 E. Elm Street

Discounted medical services program at 4 local clinics.

Pima Council on Aging Caregiver Services 520-790-7262

Assistance for Caregivers-Services for Age 60 +

Pima Helpline

www.pimahelpline.org
Pima County Community-driven and Community-made Online Resources

SAMHSA 1-800-662-HELP (4357)

National Substance Use and Disorder Referral and Treatment Hotline

Veterans Crisis Line 1-800-273-TALK (8255)

24-hour confidential treatment and referral information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

Pregnancy Help/Shelter

Catholic Community Services of Southern Arizona 520-623-0344
140 W. Speedway Blvd., Suite 130

El Rio Health Center 520-670-3909
Multiple health services

Hands of Hope of Tucson Pregnancy Center 520-622-5774

Merilac Lodge 520-770-8517
Maternity Home for Girls 17 years and younger

Reachout Women's Center 520-321-4300 • 2648 N. Campbell Ave.
Pregnancy testing, ultrasounds, materials assistance, referrals and peer counselling.

St. Elizabeth of Hungary-Health Center 520-628-7871 • 140 W. Speedway Blvd.
Suite 100
Mon-Fri, 8 a.m. – 5 p.m.
Provides Medical and Dental Services, Residents without insurance, if eligible.

Starting Out Right 520-888-2881 • 890 E. Grant Road
Pregnancy tests, parenting education classes

Domestic Violence

Arizona Center for Disability Law 520-327-9547 or 800-927-2260
100 N. Stone Ave. Suite 305
Mon - Fri 8 a.m. – 5 p.m.
Services for people with disability related issues.

Arizona Department of Child Safety Child Abuse Hotline 888-767-2445
To report suspected child abuse, 24 hours. English or Spanish. Investigates reports of child abuse, dependency and abandonment. When necessary, provides intervention to alleviate situations that are hazardous to the child.

**Arizona Department of Economic Security - Medical Assistance
(AHCCCS Health Insurance)** 855-432-7587 • Mon – Fri 8 a.m. – 5 p.m.

Emerge! Center Against Domestic Abuse 888-428-0101

Our Family Services for Southern Arizona 520-323-1708 • 3830 E. Bellevue Street
Information and referral call 2-1-1

Pima County Attorney's Office Victim Services 520-724-5525

Substance Abuse

Alcoholics Anonymous 520-624-4183 • 24-Hour hotline and meeting information.

CODAC Behavioral and Mental Health Services 520-327-4505

Substance abuse treatment.

COPE Community Services 520-792-3293 • Substance abuse rehab programs

Gamblers Anonymous 520-570-7879

La Frontera 520-838-5600 • Outpatient and inpatient treatment.

Mothers Against Drunk Driving (MADD) 520-322-5253

Narcotics Anonymous 520-881-8381 • www.natucson.org

Salvation Army Adult Rehabilitation Center 520-624-1741

Southern Arizona VA Health Care System 520-792-1450

Teen Challenge of Arizona 520-792-1790 • Men's Intake Center, 2637 N. Oracle Road

UTILITY/RENT/MORTGAGE ASSISTANCE

Callers will be screened for potential eligibility; an appointment may be scheduled based on available funds and/or appointments. (Limited assistance available.)

Pima County Emergency Services Network Agencies

(These agencies do not accept walk-ins. Please call for an appointment.)

Chicanos Por La Causa - 520-882-0018

Interfaith Community Services - 520-297-6049

Primavera Foundation - 520-395-6420

Portable, Practical Educational Preparation - 520-622-3553

Salvation Army - 520-795-9671

Tucson Urban League - 520-791-9522

International Sonoran Desert Alliance - 520-387-3570 • Ajo, AZ residents only

Pima County Community Action Agency - 520-724-2667

(Hours: Monday-Friday, 8:30-10:30 a.m.)

Discount Programs

No financial assistance. Based on household size and gross monthly income.

Call to determine eligibility and schedule an appointment. 520-791-5443

Sewer Outreach Subsidy (SOS) Discount Program

Monthly discount for the sewer portion of their bill. The discount may be 25%, 50%, or 75%.

City of Tucson Low-Income Assistance Program for Tucson Water and Environmental Services

Monthly credit to qualifying customers for the water portion of their Tucson Water bill.

Utility Assistance Only

(These agencies do not accept walk-ins. Please call for an appointment.)

St. Vincent de Paul St. Elizabeth Ann Seton 520-219-7631 • Northwest area

Salvation Army Green Valley 520-625-3888

Green Valley, Sahuarita, Amado - SOS Only

St. Vincent de Paul Santa Catalina 520-825-8288 • Catalina area

Arivaca Coordinating Council 520-398-2771 • Arivaca/Amado area ONLY

City of Tucson Property Housing Complaint (PaHC) – Code Enforcement 520-791-5843

Contact for property complaints involving: Exterior Property Issues

- Storage: Excessive or not properly screened
- Vegetation: Accumulation of weeds and/or grass in excess of 6"
- Junked or Inoperable Vehicles
- Illegal Dumping
- Refuse: Accumulated on private property
- Dilapidated buildings and/or structures
- Vacant, unsecured, boarded structure
- General building maintenance
- Dilapidated fence or accessory building
- Peeling exterior paint, more than 50% of the building
- Unsecured pools and spas
- Interior Property Issues
- Unsanitary Conditions
- Lack of utilities, heating, or cooling
- Inoperable plumbing
- Pests, cockroaches, rodents
- Unsafe interior and living conditions
- Electrical violations

SHELTERS

Shelters for Men

Gospel Rescue Mission 520-740-1501 Ext. 7215 • 312 W. 28th St.

Gospel Rescue Mission at The Center of Opportunity 520-740-1501
4550 S. Palo Verde Road
(also takes women and children)

Primavera Shelter 520-623-4300 • 200 E. Benson Highway

Poverello House 520-624-0589
Daytime hospitality for homeless men.

Shelters for Women and Children

Casa de los Niños Family Center 520-624-5600 • 1120 N. Fifth Avenue

Emerge! (24 Hrs.) 888-428-0101

Gospel Rescue Mission 520-740-1501 Ext. 7101 • 707 W. Miracle Mile

Our Family Services Program 520-323-1708, Ext. 103 • 3830 E Bellevue Street

Primavera Foundation–Casa Paloma Women’s Hospitality Center 520-882-0820

Sister Jose’s House 520-909-3905 • 1050 S. Park Ave.

FOR ADDITIONAL RESOURCES:

Community Information and Referral 800-352-3792, 2-1-1

Our Family Services “Helpline” at 520-325-2111 or 888-575-2111
3130 N. Dodge Blvd.

TRANSPORTATION

Suntran Bus 520-792-9222 or **Special Services** 520-791-4100 • 35 W. Alameda Street
Mon- Fri 8 a.m. – 4 p.m.

Sun Van paratransit for disabled 520-792-9222



PIMA COUNTY

Board of Supervisors

Richard Elías, *Chairman*, District 5

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County Administrator,

Chuck Huckelberry