

Drive Less & Save

One Carless

More Money in Your Pockets

Save on fuel and maintenance costs. Retain vehicle value with low mileage. Reduce wear-and-tear on tires, brakes *and* roads. No need to pay for vehicle parking. AAA says we spend about \$12-\$18 per day to own and operate our vehicles! Search online for a Commute Cost Calculator to see how much you spend when you drive.

Gentler on the Air & Environment

Collectively, Tucsonans drive about 23,000,000 miles E-V-E-R-Y day! That's about 100 trips to the moon daily! About half our air pollution comes from driving cars and trucks. Transportation also emits about one-third of the greenhouse gases contributing to global warming. Dripping fluids, brake pad particles and tire particles contribute to stormwater pollution. Driving less pollutes less!

Improves Health & Wellness

Air pollution affects everyone, especially children, the elderly, people with respiratory or heart disease, and even healthy individuals exercising or working outdoors. Breathing air pollution damages lungs, causes difficulty breathing, headaches, heart attacks, and blood clots. It irritates eyes, nose and throat, shortens lifespan, and long-term exposure can even lower IQ.

Driving less will reduce pollution and traffic congestion and can reduce stress. Biking, walking, and even taking transit can add minutes and hours to your exercise routine, and can give you a better overall outlook on *Life!*

For Pima County employees:

Travel Reduction Program
intranet site, lower left column on
<http://intranet.pima.gov/>

Commute Trips & Tips
Facebook group:
<https://www.facebook.com/groups/1883066091907648/requests/>



PIMA COUNTY

ENVIRONMENTAL QUALITY



Alternative Travel Resources for Pima County Employees



Bus/Streetcar: Find a route, get a subsidy

Check out www.SunTran.com to see what routes might work for you. Pima County provides a 50% subsidy on 30-day SunGO passes for its employees. Once employees [enroll](#) in the program, automatic, pre-tax payroll deductions will recharge the passes each month. Go on the [Human Resources](#) webpage or contact HRBenefits@pima.gov or 724-8464. Live far away? [Park 'N Ride](#) lots are also available, and [Sun Shuttle](#) brings folks from outlying areas like Sahuarita and Marana to transit centers in Tucson.



Carpool: Find a buddy, get a parking discount

Sharing rides reduces your operating and parking expenses as you split the cost between carpool buddies. [Discount carpool parking](#) is available in the downtown area to County employees. Contact Facilities Management at 724-3771 for parking information, and 884-RIDE or www.884ride.org to find a carpool buddy.



Vanpool: Find a vanpool, get a subsidy from PAG

If you live at least 15 miles from where you work, [vanpooling](#) might be for you. There is a monthly fee, but vanpoolers generally save thousands of dollars each year. Contact 792-1093 or www.884ride.org to see if there is a vanpool near you, or to set one up. Vanpool subsidies are available through Pima Association of Governments.



Bike: Be safe on two wheels, secure a bike locker

Bicycling has excellent health benefits and is the most efficient mode of transportation. Bike lockers are available for \$4 per pay period in the downtown area. Contact Facilities Mgmt. at 724-3771. Bike lockers are also available for free at the Abrams Public Health Center, and bike racks and lock-ups are available at locations throughout County facilities. [Bike safety classes](#) and [Bike Buddies](#) are available through Pima County's [Bicycle & Pedestrian Program](#).



Borrow a Bike: Employee Bike Share Program

Pima County has [bikes available](#) at several locations throughout County [facilities](#) for employees to borrow instead of borrowing a County car to get places. Visit <http://intranet.pima.gov> and go to the Travel Reduction Program link on the lower left. Once there, find the Bike page and click on the Bike-Share tab for a list of bike locations and contact information.



Walk: Take advantage of proximity

If you live close enough, [walking](#) can be an excellent way to get to work, or do errands. Walking can help relieve tension, improve blood circulation, tone muscles, enhance your general outlook on life, and be used as transportation. Find out your neighborhood's Walk Score at www.walkscore.com.



Emergency Ride Home: R.E.A.P. Commuter Rewards

If an emergency happens and you are without your vehicle because you used an alternate mode of transportation for your work commute, you can get reimbursed for a taxi, Lyft or Uber ride home. See the [FREE Ride Home](#) link on the [Travel Reduction Program](#) intranet.

Win Prizes: R.E.A.P. Commuter Rewards

Win prizes for ditching the car and using alternatives to get you places. Check out the Pima County Employee Travel Reduction Program [intranet](#) site for current challenges.

Pima County Employee Travel Reduction Program

<http://intranet.pima.gov> (lower left column) • Karen.Wilhelmsen@pima.gov • 724-7449