

HEALTHY LIFESTYLE PREMIUM DISCOUNTS



☐ Visit the Employee Benefits and Wellness webpage at www.pima.gov/bewell

- Review the benefits and wellness opportunities available to you
- Review the Healthy Lifestyle Premium Discounts

		Reporting Period for Discount #1: Spring Annual Enrollment each year Reporting Period for Discount #2: March 1 – February 28 each year Distribution Period: July 1 – June 30 each year		
		Discount #1 – Be Tobacco Free	Discount #2 – Earn up to 150 Healthy Lifestyle Activity Points	
Discount Details	Tobacco use includes cigars, cigarettes, chewing tobacco, pipe tobacco, electronic cigarettes or any other commercial tobacco product. Must be tobacco free for at least the past three months from the date you certify.	Earn up to 150 Healthy Lifestyle Activity Points by participating in your choice of various Employee Wellness programs, events and activities; health assessment; preventive exams/screenings or other eligible programs. Point values vary. For every 50 points you earn during the reporting period, you will be eligible for a \$5 discount per pay period (max discount = \$15 per pay period) distributed the next fiscal year, July – June. Note: Qualifying programs are subject to change.		
How to Submit	The certification is self-reported during spring Annual Enrollment each year. If you become tobacco-free for at least three months, you may submit a Tobacco-free certification form. Please contact wellness@pima.gov for more information.	<p><i>Programs, Events and Activities:</i> Once you complete the program requirements, submit all necessary documentation by the program deadline. Sign in with your EID and name at any onsite event or activity.</p> <p><i>Health Assessment:</i> Pima County will receive a monthly eligibility file from Aetna which will include a list of employees who completed the online health assessment.</p> <p><i>Preventive Exams/Screenings:</i> Pima County will receive monthly eligibility files from Aetna, Davis Vision and Ameritas which will include a list of employees who completed some of the eligible preventive exam. Some preventive exams/screenings may require you to submit a Preventive Exam Affidavit.</p>		
Discount Amount	\$20 per pay period	Level 1: 50 points \$5 per pay period	Level 2: 100 points \$10 per pay period	Level 3: 150 points \$15 per pay period