



# Healthy Happenings

March 2020  
Volume 1 | Issue 4

## INSIDE THIS ISSUE

- Health & Wellness Fair
- World TB Day
- New Reporting Year for Points
- Tuition Discounts

## 5 REASONS TO ATTEND THE SPRING 2020 HEALTH & WELLNESS FAIR

1. Speak with a variety of health and wellness related vendors to learn what resources are available to you.
2. Witness fun product demonstrations or complete a health screening.
3. Pick up goodies and takeaways to fill your swag bag.
4. Be entered into a drawing for some fabulous raffle prizes\*.
5. Earn 5 Healthy Lifestyle Activity Points.

Join us **Tuesday, March 10, 2020** from **11:00am – 2:00pm** at the **Tucson Convention Center**, 260 S. Church Ave., Ballroom. Bring your own Water Bottle.

*\*Prizes may be subject to taxation.*

**Use BeWell Hours to Attend the Health & Wellness Fair. Plus Free Parking at the TCC!**



## WORLD TB DAY FAIR AND 5K RUN

The TB Clinic would like to invite you to participate in the upcoming World TB Day Fair and 5K Run, March 28 at the Sam Lena Park at Kino Sports Complex North. For supporting Tuberculosis awareness you can earn points by participating and/or volunteering. Complete and submit the [Community Volunteer/Participation Form](#).

Learn more on our [Community Events](#) webpage.

Register at  
<https://www.active.com/tucson-az/running/distance-running/pima-county-tb-5k-2020>

Putting tuberculosis on the run!

## WORLD TB DAY FAIR MARCH 28, 2020



## 5K RUN

Sam Lena Park at Kino Sports Complex North

- 8 a.m. Bike Fun Ride
- 9 a.m. Competitive 5K Run
- 9:30 a.m. Fun Run/Walk
- Food trucks, music, giveaways, free health screenings, educational materials, and more!
- For more information visit: [www.pima.gov/TBDay](http://www.pima.gov/TBDay)

Thanks to our community partners:



THE UNIVERSITY OF ARIZONA  
Mel & Enid Zuckerman  
College of Public Health



Mister CAR WASH

FLEET FEET  
TUCSON

G+J  
Race Timing

## NEW REPORTING PERIOD FOR POINTS STARTS MARCH 1, 2020

Get a head start on earning points towards the 2021/22 [Discount #2 Healthy Lifestyle Activity Points](#). Starting March 1, 2020 through February 28, 2021 participate in whichever Employee Wellness programs, activities and events that you find interesting and support your personal health and wellness goals. Earn points towards your [Healthy lifestyle Premium Discounts](#) and you will save on your medical premiums.



HEALTHY  
LIFESTYLE  
PREMIUM  
DISCOUNTS



## TUITION DISCOUNT AVAILABLE FOR EMPLOYEES

Our education partners will be in attendance and the [Spring 2020 Health and Wellness Fair](#) on Tuesday, March 10, 2020, 11:00am – 2:00pm at the Tucson Convention Center Grand Ballroom. If you are interested in receiving additional information about the Tuition discounts available, please stop by their booth.

### ARIZONA ONLINE (UNIVERSITY OF ARIZONA)



Pima County employees now have the amAZing opportunity to get their degree from top-ranked University of Arizona! As a Pima County employee, you receive additional employee benefits including a 10% tuition reduction on online undergraduate and graduate programs

Visit [online.arizona.edu/pima-county](https://online.arizona.edu/pima-county) to get started!

### GRAND CANYON UNIVERSITY



Take advantage of our new Partnership discount providing all Pima County employees with a 10% tuition scholarship toward the Bachelor, Masters, and Doctorate degree program of your choice.

Visit [gcu.edu/uc/barry.julian](https://gcu.edu/uc/barry.julian) to get started!

### NORTHERN ARIZONA UNIVERSITY



Northern Arizona University is proud to partner with Pima County and is excited to announce that all Pima County employees may receive a 10% tuition reduction on graduate degree programs.

Visit [nau.edu/educational-partnerships/pima-county/](https://nau.edu/educational-partnerships/pima-county/) to get started!

Questions? Please contact Pima County Employee Benefits at: [hrbenefits@pima.gov](mailto:hrbenefits@pima.gov) or visit the [Tuition Discount Webpage](#) for additional information.