



Healthy Happenings

August 2020
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PIMA COUNTY EARNS 2020 AETNA WORKPLACE WELL-BEING AWARD

Award recognizes strong commitment to providing workplace wellness resources, programs, and support for employees.

Pima County Employee Wellness is proud to announce that we have received an Above and Beyond Silver level Aetna Workplace Well-being Award. As an employer with a strong commitment to improving the health of our employees, we feature a well-crafted, comprehensive wellness strategy that our employees are passionate about. This award is the culmination of our employees' desire to live healthier, more active lives and make wellness a priority.

Our comprehensive workplace wellness program focuses on creating and maintaining a healthy lifestyle through a variety of programs, activities and events.

"I'm proud to be part of an organization that emphasizes wellness of all types," says Erin Higdon, Wellness Program Manager. "Healthy employees live longer, more active lives inside and outside the workplace. This recognition shows both the wellness program's positive impact on employees and employees' willingness to take advantage of these offerings and take charge of their health. Congratulations to all of our employees!"



Watch for Unexpected Fees While Practicing #TimeForCare

As we get back to taking **Time For Care** for ourselves and getting our routine exams, screenings and immunizations we should be cautious of unexpected fees. Typically, preventive services are covered at 100% with no cost to the member; however, some providers may charge an additional administration fee beyond the fee for the service. These can vary by provider and not all providers charge them. Providers are allowed to charge this type of fee at their discretion.

Here is an example of what this might look like:

A member goes to a local pharmacy to get her second dose of the Shingrex shot. After completing the first dose she didn't receive a bill, but this time, there was a bill with a charge from the pharmacy provider called an Administration Fee.

Additionally, due to the pandemic, some dental providers have been charging the member a Personal Protective Equipment (PPE) fee. This type of fee is valid and providers are allowed to charge at their discretion. At this time, Delta Dental has been able to absorb those fees for its members, but United Concordia Dental/Solstice is unable to do so. The good news is, this type of fee is temporary during the pandemic.

So, what do we do to avoid these unexpected fees? While we can't stop the provider from charging them, we can be proactive in our research. Before you get a preventive service, call the provider and ask them what the expected charges are. Ask them if they have any additional fees such as an administration fee or personal protective equipment fee. At that point, you can decide to go to another provider, or at the very least, you will be aware of the charges.

For more information and tips about routine visits check out the [#TimeForCare campaign](#) website.

August 2020 Mobile Mammography Screenings Schedule

MON. AUG. 24 | 7AM – 5PM | TUCSON CITY HALL

300 W. Pennington St. (Loading zone #14 between City Hall and Admin West on North Side)

TUES. AUG. 25 | 7AM – 11AM | CITY OF TUCSON PARKS & REC ADMIN BUILDING

900 S. Randolph Way

TUES. AUG. 25 | 1PM – 3PM | **NEW** MURPHY WILMOT LIBRARY

530 N. Wilmot Rd.

WED. AUG. 26 | 7AM – 5PM | ABRAMS BUILDING

3950 S. Country Club Rd.

THUR. AUG. 27 | 7AM – 5PM | TUCSON CITY HALL

300 W. Pennington St. (Loading zone #14 between City Hall and Admin West on North Side)

FRI. AUG. 28 | 7AM – 5PM | TUCSON CITY HALL

300 W. Pennington St. (Loading zone #14 between City Hall and Admin West on North Side)

**Appointments Are Still Available.
Schedule Your Appointment Today!**

www.assuredimaging.com/AZ/

888-233-6121

Open to all qualifying Pima County employees, spouses/domestic partners on the County's medical insurance. Visit the [Mobile Mammography and Bone Density Screenings](#) webpage for more information.

Earn 50 Healthy Lifestyle Activity Points





USE SMARTDOLLAR. WIN CASH. IT'S THAT SIMPLE!

SmartDollar, your company-provided financial wellness benefit, wants to help you build healthy money habits. They're giving away cash prizes to boost your Baby Steps—seven clear steps to help you crush your money goals! At the beginning of each week in September, **log in to view the cash giveaway of the week. It could be anything from \$500 to \$5,000!**

HOW TO ENTER:

- 1. Create your SmartDollar account any time before September 30, 2020.** To have a chance at winning all the prizes, make sure you create your account before the contest kickoff on September 1, 2020. Go to smartdollar.com/enroll/pima8820 to get started.
- 2. Log in to SmartDollar each day and complete an activity or budget regularly with EveryDollar to be entered into the weekly cash giveaway.** The giveaway period will run from September 1 to September 30, 2020.
- 3. Every day you earn SmartDollar Points, you'll receive an extra entry for the weekly prize—up to \$5,000 cash!** The more you use SmartDollar, the higher your chances to win! A winner will be drawn at the end of each week.

Check out the full giveaway rules [here](#). Visit the [SmartDollar](#) webpage for full program details including how you can earn Healthy Lifestyle Activity points by participating in SmartDollar.

GIVEAWAY RULES: Giveaway runs from September 1, 2020 to September 30, 2020. Every day you use SmartDollar and earn a SmartDollar Point, you'll get an entry for the cash prizes, depending on your weekly streak. By using SmartDollar during the giveaway period, you agree to participate in the giveaway. EveryDollar account must be connected to your SmartDollar account to earn SmartDollar Points. All participants have the option to accept or refuse potential winnings. Winnings are subject to taxation (IRS Publication 525). View the official giveaway rules at smartdollar.com/giveaway-rules.