**INSIDE THIS ISSUE**

- Last Chance to Check Points
- Tuition Discount Update
- Webinars Return!
- Fall 2021 Drawing Winners
- Active & Fit Direct Promo through March

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**New Reporting Period Starts**

**March 1, 2022 to earn points for the 2023/24 Discount #2**

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**Don’t miss the Deadline**

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**Last Chance to Check Points**

The deadline to earn points for the 2022/23 Discount #2 is February 28, 2022. Visit the Employee Wellness webpage for more information including a full menu of programs that earn Discount #2: Healthy Lifestyle Activity Points.

1. Check your progress towards 2022-23 Discounts in MyADP. Items that are completed and submitted in January will be updated in ADP by March 15, 2022.

2. If you would like to see a breakdown of what programs earned your points, please contact Employee Wellness at wellness@pima.gov to request a breakdown of your points (include your EIN in the email).

3. If you see that something missing, let us know.
University of Arizona Online is extremely excited to offer the corporate education partnership benefits to Pima County employees, spouses, domestic partners or dependents. As a Pima County employee, spouse, domestic partner or dependent you will receive additional employee benefits including a 10% tuition reduction on online undergraduate and graduate programs.

Visit online.arizona.edu/pima-county to get started!

Announcing the ASU Public Employee Scholarship

Arizona State University is advancing education and expanding career possibilities for public employees in Arizona with the Arizona Public Employee Scholarship.

ASU is proud to offer a scholarship opportunity to public employees interested in pursuing a degree and upskilling for the careers they have now and the goals they’re working toward. This 10% scholarship will apply to any of ASU’s world-class degree programs on any ASU campus, including online undergraduate and graduate degree programs. The application is simple, and employees can submit the required form anytime during the semester before the last day of classes to receive the award.

Visit students.asu.edu/arizona-public-employee-scholarship to learn more!
Take advantage of our Partnership discount providing all Pima County employees with a 10% tuition scholarship toward the Bachelor, Masters, and Doctorate degree program of your choice.


Benefit from a 10% tuition reduction on NAU graduate programs as a Pima County employee.

Visit [nau.edu/educational-partnerships/pima-county/](http://nau.edu/educational-partnerships/pima-county/) to get started!

Questions? Please contact Pima County Employee Benefits at: [hrbenefits@pima.gov](mailto:hrbenefits@pima.gov)

Or visit the Tuition Discount Webpage for additional information
Webinars Return!

**Presentation: The Anti-Inflammatory Diet**

While acute inflammation helps protect the body from injury and infection, chronic inflammation can leave a negative impact on the body and overall health. Luckily, chronic inflammation can be managed and reduced through simple lifestyle changes. Please join us as we discuss foods and daily servings that encourage healthy inflammation, bodily function, and improved quality of life. Learn more by visiting the Wellness Workshop webpage.

**Date:** Tuesday, February 22, 2022  
**Time:** 11:00 a.m. – 12:00 p.m.

**Presentation: Stress Buster**

Sick of stress ruining your day? Learn tips and tricks to beat stress once and for all! Discover new techniques that you can use throughout the day and at home to keep your stress levels at bay. Learn more by visiting the Wellness Workshop webpage.

**Date:** Tuesday, March 1, 2022  
**Time:** 10:00 a.m. – 11:00 a.m.

**Presentation: Sleep & Cognitive Fitness**

Join us for a look at sleep and brain health. How do these two things relate? Also learn about brain health and the cognitive ability in all ages, dementia, and Alzheimer’s in older adults. Learn more by visiting the Wellness Workshop webpage.

**Date:** Thursday, March 3, 2022  
**Time:** 3:00 p.m. – 4:00 p.m.
FALL 2021 DRAWING WINNERS

100 Pushup Challenge
- Charles Leachet, Wireless Integrated Network, $100 Corporate Rewards Gift Card
- Maria Boulmay, Development Services, $100 Corporate Rewards Gift Card
- Gustavo Loaiza, Finance and Risk Management, $100 Corporate Rewards Gift Card

200 Lunge Challenge
- Eric Levy, County Attorney, $100 Corporate Rewards Gift Card
- Gustavo Loaiza, Finance and Risk Management, $100 Corporate Rewards Gift Card
- Charles Leachet, Wireless Integrated Network, $100 Corporate Rewards Gift Card
- Jose Romero Talamante, Superior Court, $100 Corporate Rewards Gift Card

30 Day Back to Healthy Nutrition Challenge
- Virginia Tartaglia, Sheriff, $100 Corporate Rewards Gift Card
- Jennifer Merkle, County Free Library, $100 Corporate Rewards Gift Card
- Gustavo Loaiza, Finance and Risk Management, $100 Corporate Rewards Gift Card
- Yvette Pina, Health, $100 Corporate Rewards Gift Card
- Ella Gomez, County Free Library, $100 Corporate Rewards Gift Card

Smart Dollar
- John Burkholder, Superior Court, $50 Corporate Rewards Gift Card
- Joseph Marchetti, Superior Court, $50 Corporate Rewards Gift Card
- Janice Bedford-Hughes, Regional Flood Control District, $50 Corporate Rewards Gift Card
- Lisa Schrope, Pima Animal Care, $50 Corporate Rewards Gift Card
- Analiese Gerald, Health, $50 Corporate Rewards Gift Card
- Alexis Wait, Health, $50 Corporate Rewards Gift Card
- Mary Ruiz, Superior Court, $50 Corporate Rewards Gift Card
- Marsha Callaway, School Superintendent, $50 Corporate Rewards Gift Card
- Karen Donderewicz, Superior Court, $50 Corporate Rewards Gift Card
- Katrina Martinez, Clerk of the Board, $50 Corporate Rewards Gift Card
- Crystal Mason, Community and Workforce Develop., $50 Corporate Rewards Gift Card
- Victoria Villanueva, County Free Library, $50 Corporate Rewards Gift Card
- Robert Chantrill, Recorder, $50 Corporate Rewards Gift Card
- Maria Boulmay, Development Services, $50 Corporate Rewards Gift Card
- Darryl Norris, Superior Court, $50 Corporate Rewards Gift Card
- Kelli Stephens, Behavioral Health, $50 Corporate Rewards Gift Card

Seasonal Fitness Challenge
- Guadalupe Borboa, Sheriff, $100 Corporate Rewards Gift Card
- Ian Murray, Sustainability and Conservation, $100 Corporate Rewards Gift Card
- Jeffery Wiggins, Clerk of the Superior Court, $100 Corporate Rewards Gift Card
- Joy Olm, Superior Court, $100 Corporate Rewards Gift Card
- Andrea Espinoza, Public Defense Services, $100 Corporate Rewards Gift Card
- Karen Wilhelmsen, Environmental Quality, $100 Corporate Rewards Gift Card
- Arthur Cook, Superior Court, $100 Corporate Rewards Gift Card
- David Tribble, Finance and Risk Management, $100 Corporate Rewards Gift Card
- Kurt Kreutz, County Attorney, $100 Corporate Rewards Gift Card
- Lou Leytem, Treasurer, $100 Corporate Rewards Gift Card
- Eric Howard, Finance and Risk Management, $100 Corporate Rewards Gift Card
- Michael Czarnopys, County Free Library, $100 Corporate Rewards Gift Card
- Peter Bowers, Fleet Services, $100 Corporate Rewards Gift Card
- John Puckett, Sheriff, $100 Corporate Rewards Gift Card
- Jacquelynn Belasco, Regional Wastewater Reclamation, $100 Corporate Rewards Gift Card
- Janet Blanco, Information Technology, $100 Corporate Rewards Gift Card
- John Matheny, Community & Workforce Development, $100 Corporate Rewards Gift Card
- Ramon Rojas, Facilities Management, $100 Corporate Rewards Gift Card
- John Hurley, Transportation, $100 Corporate Rewards Gift Card
- Joseph Cuffari, Regional Flood Control District, $100 Corporate Rewards Gift Card
- Scott Greene, County Attorney, $100 Corporate Rewards Gift Card
- Sheri Prochaska, Finance and Risk Management, $100 Corporate Rewards Gift Card
- Kyle Youmans, Sheriff, $100 Corporate Rewards Gift Card
- Tracey Marshall, Health, $100 Corporate Rewards Gift Card
Healthy Happenings

- Martin Martinez, Sheriff, $100 Corporate Rewards Gift Card
- Elizabeth Vasquez, Sheriff, $100 Corporate Rewards Gift Card
- Natasha Tully, Health, $100 Corporate Rewards Gift Card
- Sherri Peck, County Free Library, $100 Corporate Rewards Gift Card
- Patricia Mahaney, Health, $100 Corporate Rewards Gift Card
- Paul Lopez, County Attorney, $100 Corporate Rewards Gift Card
- Francisco Caicedo, Superior Court, $100 Corporate Rewards Gift Card
- Tamela Chalberg, Sheriff, $100 Corporate Rewards Gift Card
- Tyrone Pessin, Information Technology, $100 Corporate Rewards Gift Card
- Brian Chanecka, County Free Library, $100 Corporate Rewards Gift Card
- Grant Bourguet, Natural Resources Park Recreation, $100 Corporate Rewards Gift Card
- Linda Wickwire, County Free Library, $100 Corporate Rewards Gift Card
- Karen Sena, Recorder, $100 Corporate Rewards Gift Card
- Charles Gates, Facilities Management, $100 Corporate Rewards Gift Card

Stress Less Blood Pressure Challenge
- Kate Vesely, County Administrator, $100 Corporate Rewards Gift Card
- Teresa Johnson, Public Defense Services, $100 Corporate Rewards Gift Card
- Martha DePauli, County Free Library, $100 Corporate Rewards Gift Card
- Cesia Estrada, Health, $100 Corporate Rewards Gift Card
- Arietha Reed, Grants Management & Innovation, $100 Corporate Rewards Gift Card

Walktober
- Kenia Gracia Vega, County Free Library, $50 Whole Foods Gift Card
- Linda Watson, Finance and Risk Management, $50 Whole Foods Gift Card
- Mary Kelso, Finance and Risk Management, $50 Whole Foods Gift Card
- Melaine Halash, Regional Wastewater Reclamation, $50 Whole Foods Gift Card
- Roxanna Marquez, Analytics and Data Governance, $50 Whole Foods Gift Card
- Sam Chia, Health, $50 Whole Foods Gift Card
- Sherri Peck, County Free Library, $50 Whole Foods Gift Card
- Wendy Simms, Sheriff, $50 Whole Foods Gift Card
- William Gerdes, Information Technology, $50 Whole Foods Gift Card
- Dianne Vanhorn, Superior Court, $50 Whole Foods Gift Card
- Elvira Comparan-Granberry, Health, $50 Whole Foods Gift Card
- Lorena Cordova, Finance and Risk Management, $50 Whole Foods Gift Card
- Angelica Lopez, Public Defense Services, $50 Whole Foods Gift Card
- Lionel Ballesteros, Health, $50 Whole Foods Gift Card
- Ana Wilber, Procurement, $50 Whole Foods Gift Card
$25 ENROLLMENT FEE WAIVED FOR JAN – MAR 2022. DON’T MISS OUT!

Find more information on the Discounts, Vouchers & Consignment webpage.

Gym or Home

$0 Enrollment Fee Extended Through March!

11,000+ STANDARD FITNESS CENTERS
for just $25 a month
and/or
4,500+ PREMIUM EXERCISE STUDIOS
with 20%-70% discounts on most

PLUS

5,500+ DIGITAL WORKOUT VIDEOS
ENROLL YOUR SPOUSE**
LIFESTYLE COACHING
NO LONG-TERM CONTRACTS

$0 Enrollment Fee Now Through March 31
for standard fitness centers only.

Use promo code NEWYEAR2022 at checkout.