Martial Arts and Fitness

Kids Classes are high energy, fun, educational and age appropriate. These classes excite all those who take part in them!
Classes help develop Confidence and Focus while Values and Ethics are discussed and trained to develop character!
We incorporate the STAR Program, which is designed to help instill traditional values and ethics taught in our program and we reward students for Academic Achievement!

Adult and Teen Classes are for those looking for:
- Usable Self Defense
- Confidence
- Fitness and Flexibility
- Stress Relief
- Patience

Combining mind, body and spirit, this class is for any teen or adult who has an interest in developing these things and more. We combine a physical workout and learning designed to challenge the student in a way that not only helps them defend themselves not only from people trying to hurt them, but from the mindsets that can hinder us from reaching our personal best.

Our MAT-Fit Fitness Kickboxing uses training methods from Kickboxing and Martial Arts—we workout the whole body!
Whether it’s at home or in the work force, the health, confidence and fitness benefits from this class will carry over into all areas of your life!
- 1st Uniform Included
- No long term contracts
- Payments made monthly and cancel anytime with a 30 day written notice (see terms and conditions)
- Complimentary make up classes*
- Reward program for Academic Achievement (Traditional Program Only - Jrs)
- STAR Program- Character Education (Traditional Program Only- Jrs)
- Age Appropriate Teaching
- An invitation to specialty events (Parents night out, Halloween, Picnic, Buddy Day, Holiday events and Seminars)

* must be made up within a week of the class missed and based on availability

**Tuition**- all programs require $200 down- includes 1st month's tuition

<table>
<thead>
<tr>
<th>MARTIAL ARTS PROGRAMS</th>
<th>FITNESS KICKBOXING MAT-FIT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 4x a week</td>
<td>(13+) $139 /month or $15/class</td>
</tr>
<tr>
<td>$169/month</td>
<td>10% Discount when Paid in Full for 1 year</td>
</tr>
<tr>
<td>Up to 2x a week</td>
<td></td>
</tr>
<tr>
<td>$149/month</td>
<td></td>
</tr>
<tr>
<td>10% Discount when Paid in Full for 1 year</td>
<td></td>
</tr>
</tbody>
</table>

**Discounts**

- **Family Discounts:** 2nd member 20% off, 3rd 25% off, 4th 25% off monthly tuition
- **Military and 1st Responder Discount:** 10% off monthly tuition
- **Pima County Employees:** 10% off monthly tuition

**Terms & Conditions**

- Absolutely NO REFUNDS
- All programs must be set up for Automatic Withdrawal or Paid in Full
- You are REQUIRED to submit a 30 day written notice to cancel your agreement prior to its expiration date and will be charged one final month from the day you submit your notice of cancellation. Email and phone calls do NOT qualify as written notice.
- Traditional Program is always primary plan when enrolling or adding on family members.
- Kickboxing may be added to any Martial Arts Program for 50% of the normal rate.
- Military, 1st Responder and Employee discounts cannot be combined.

---

Phone: 520-572-0996
Email: tucsonakka.com
8340 N Thornydale Rd #170
Tucson, AZ 85741