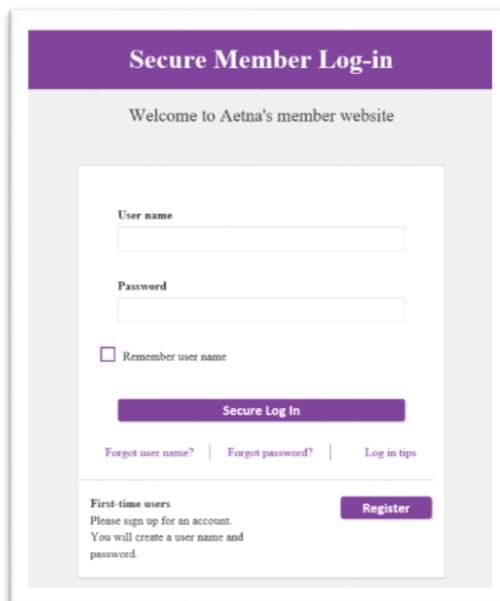
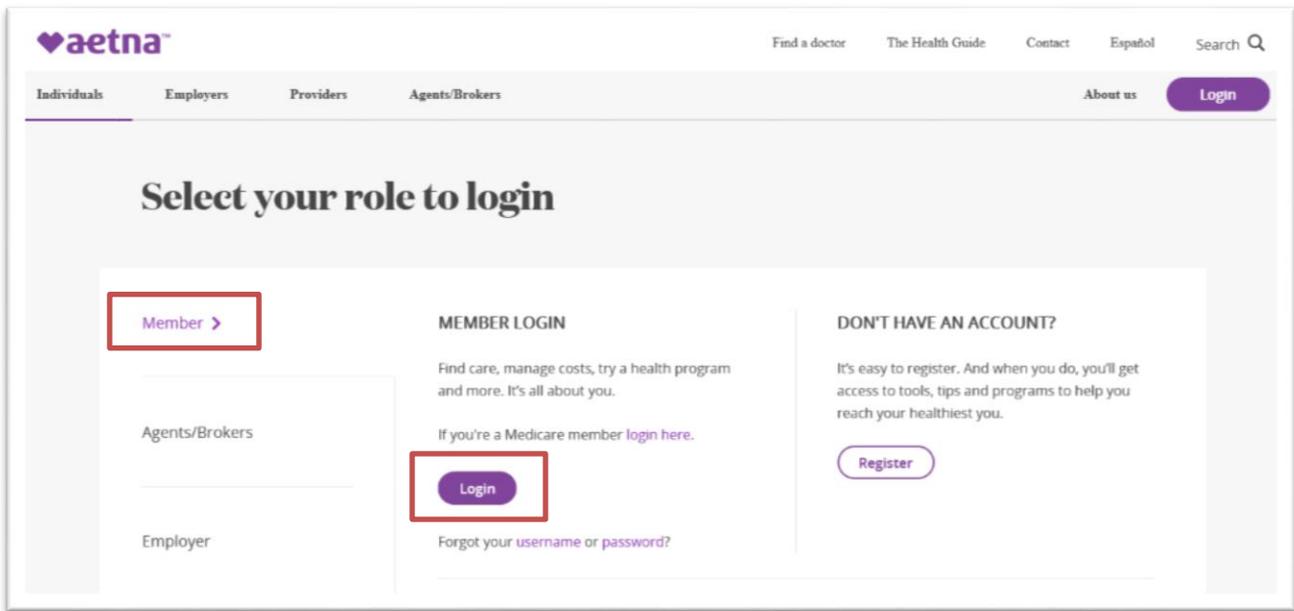


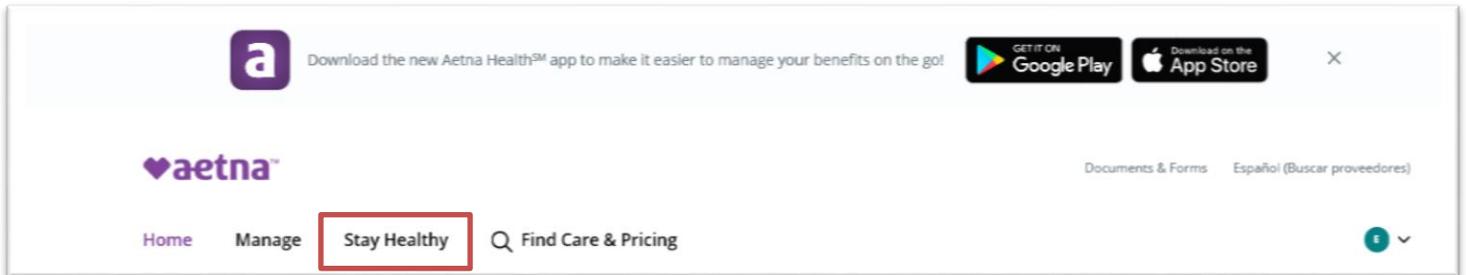
Online Health Assessment Instructions

Login to www.aetna.com. Sign in with your username and password as a Member, or register if you are a first-time user.

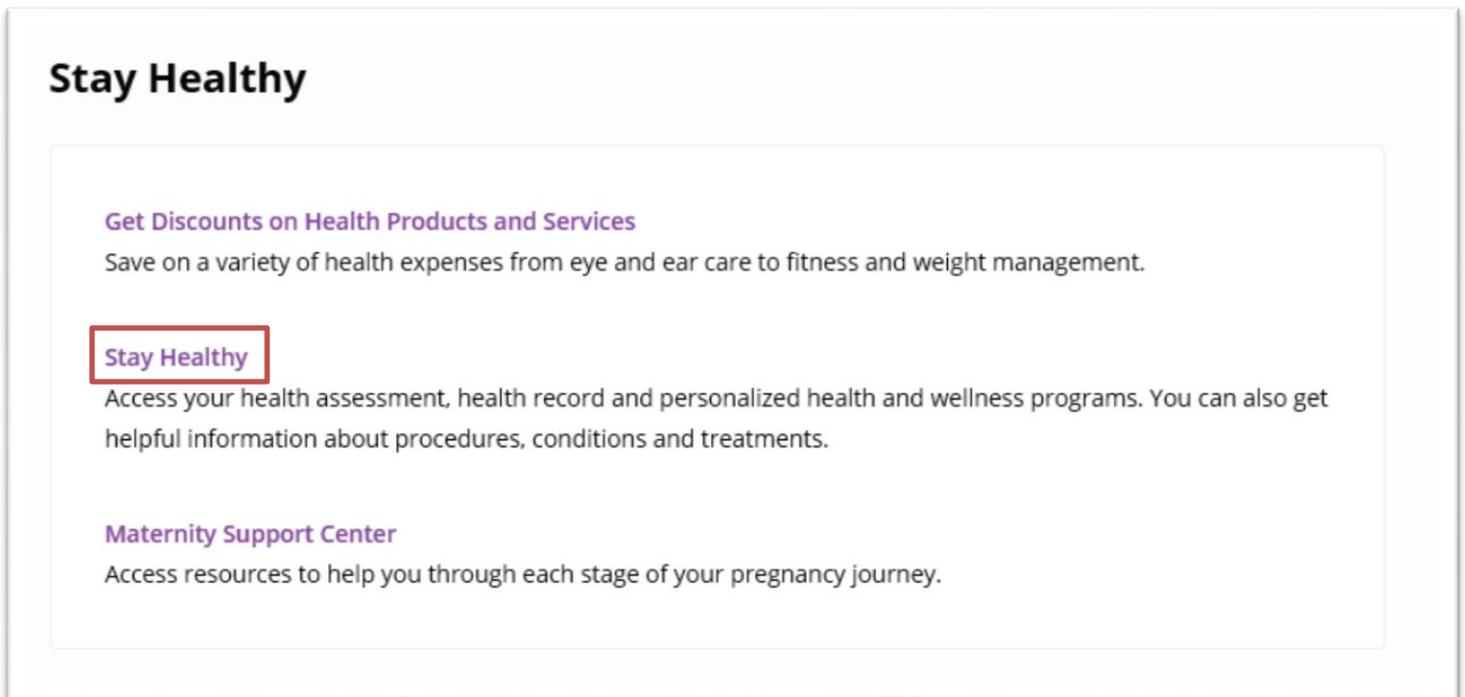


Online Health Assessment Instructions

Click on “Stay Healthy”.

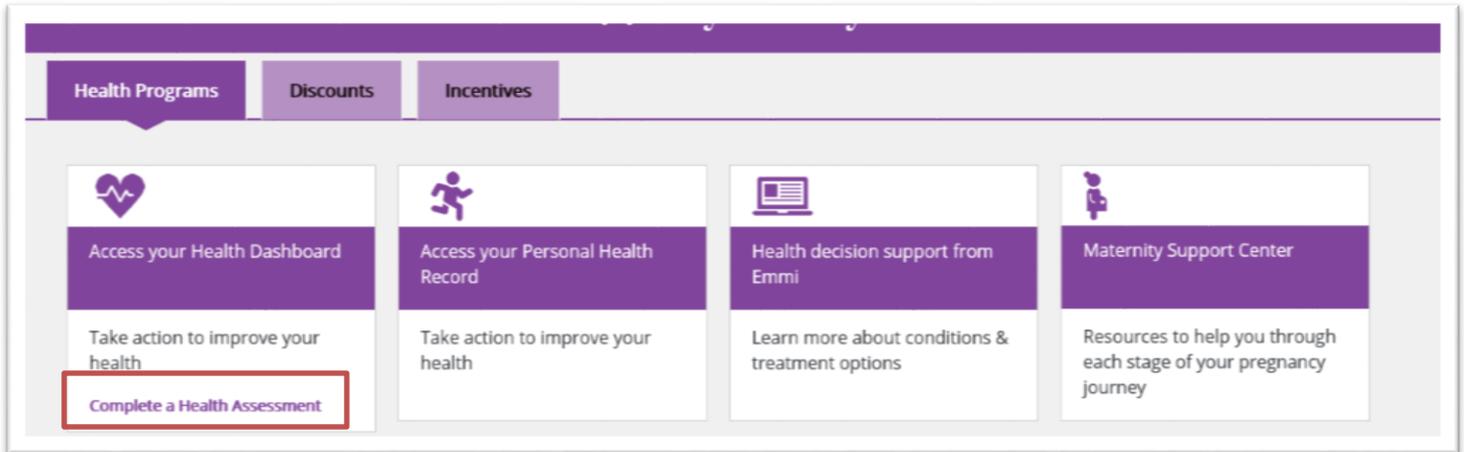


Click on “Stay Healthy” again.

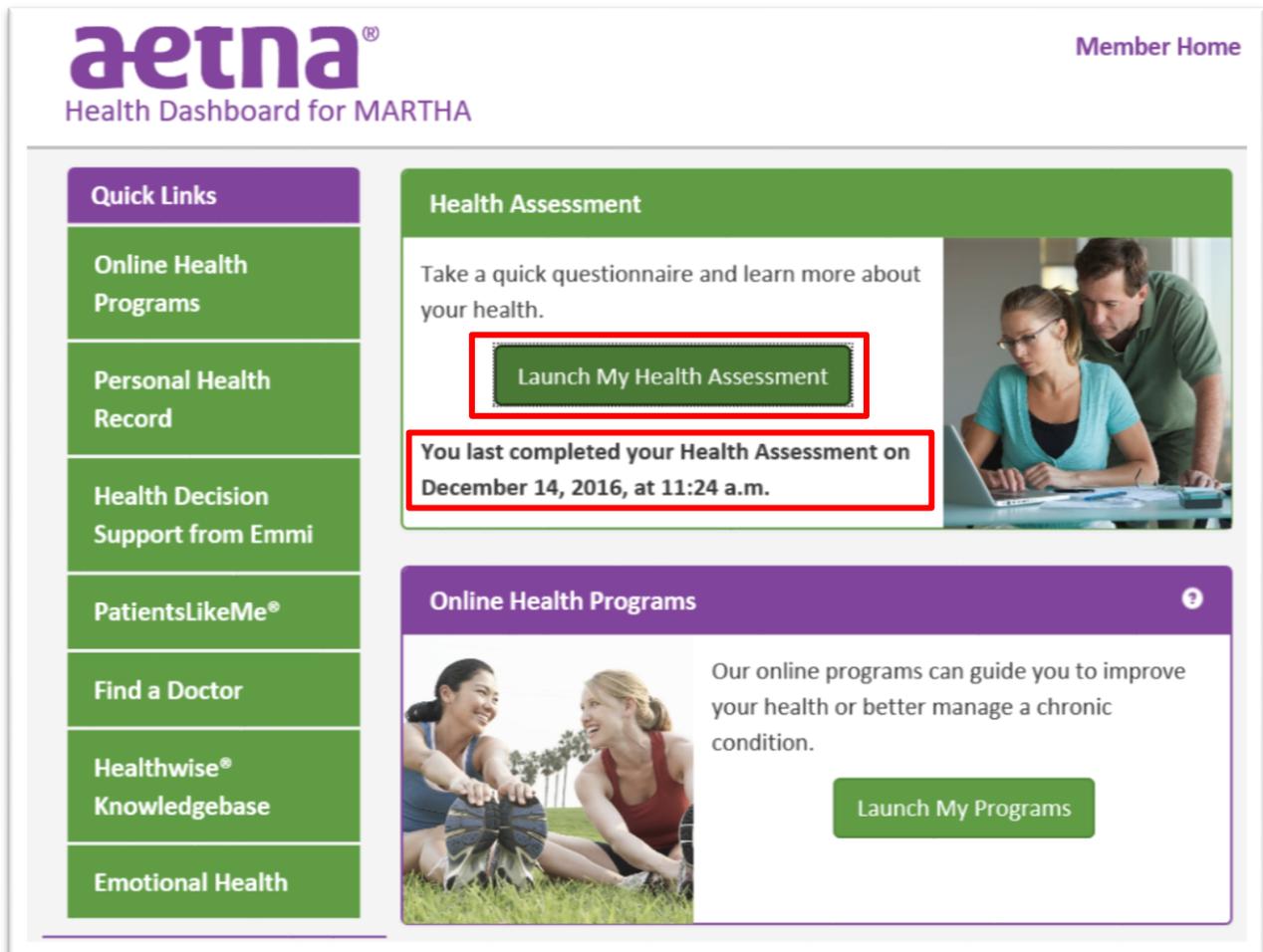


Online Health Assessment Instructions

Click on “Complete a Health Assessment” under the “Health Programs” tab and “Access your Health Dashboard” section.

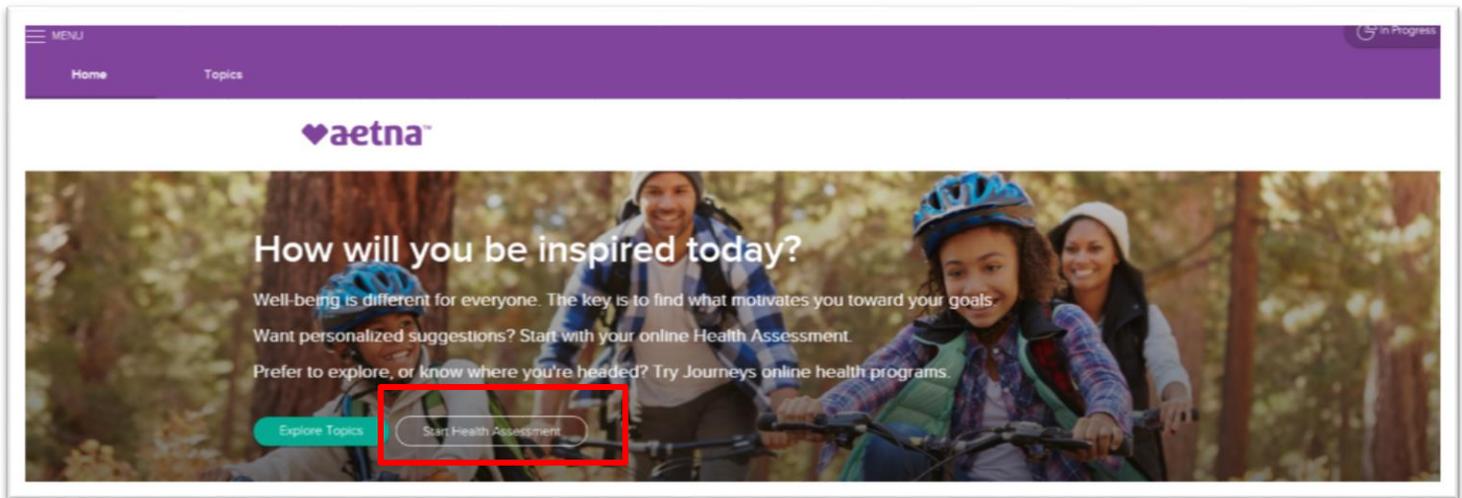


Click on “Launch My Health Assessment” under the Health Assessment box located on the “Health Dashboard” main page. This screen will also tell you the last time you completed the online health assessment for your records.



Online Health Assessment Instructions

On the next screen, click on “Start Health Assessment”.

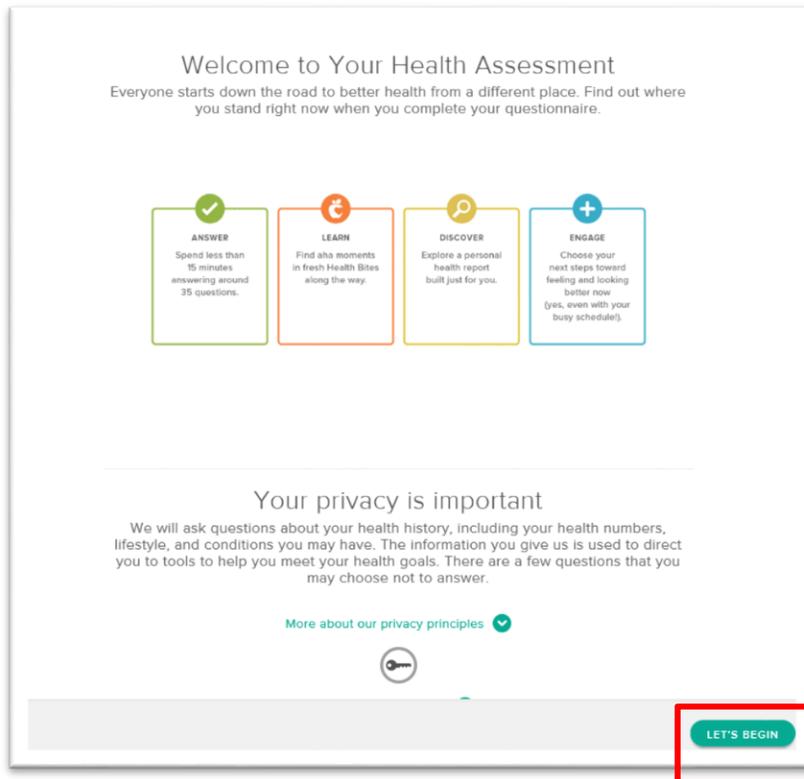


If you've completed your health assessment before click on the “Retake” button.

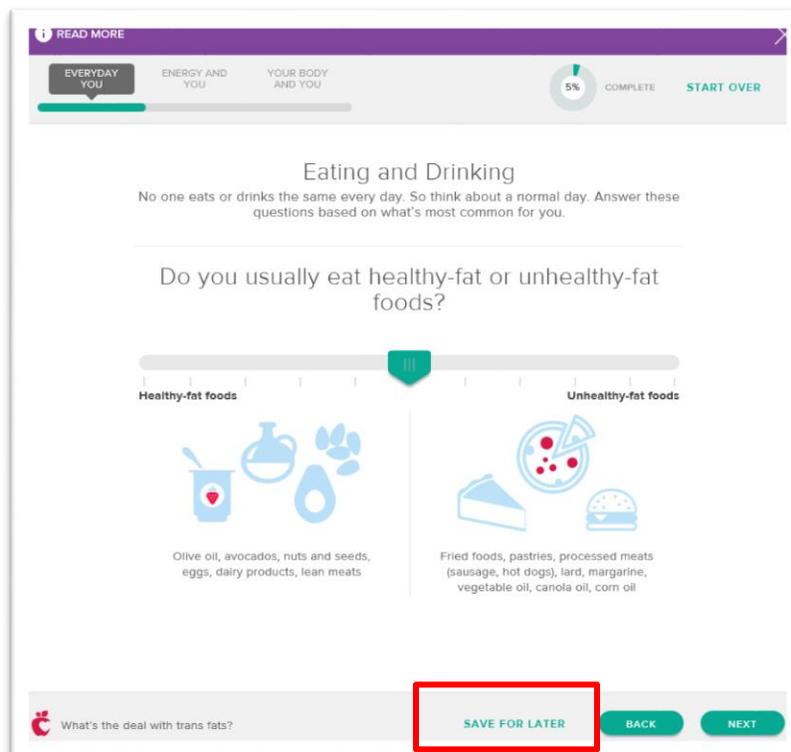


Online Health Assessment Instructions

To start the Health Assessment click on “Let’s Begin” at the bottom of the screen.



Once you start your Health Assessment you can save your progress by pressing “Save for Later” at the bottom of the screen.



Online Health Assessment Instructions

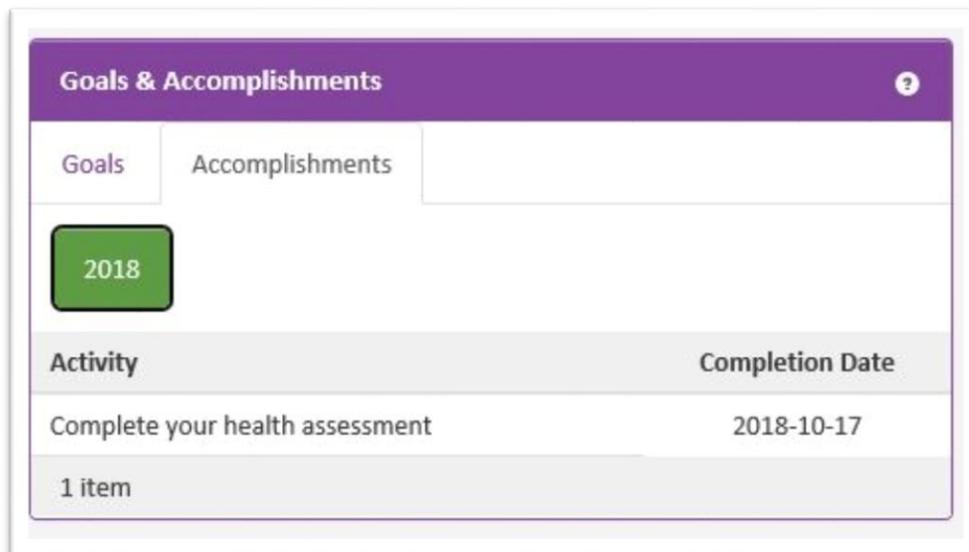
At the end, review your report. You can download a pdf for your records.



A screenshot of a digital card titled "Health Assessment Results". At the top left, there is a purple bar with a white information icon and the text "READ MORE". Below this, the title "Health Assessment Results" is displayed in a large purple font. Underneath the title, it says "Last taken October 17, 2018". At the bottom of the card, there are two buttons: a green "RETAKE" button and a blue "DOWNLOAD PDF" button.

From the Aetna Health Dashboard main page, you may view the history of your completion dates of your online health assessment under the "Goals and Accomplishments" box.

Note: It may take 24-48 hours to update in their system.



A screenshot of the "Goals & Accomplishments" section in a dashboard. The section has a purple header with a question mark icon. Below the header, there are two tabs: "Goals" and "Accomplishments". A green button labeled "2018" is visible. Below the tabs, there is a table with two columns: "Activity" and "Completion Date". The table contains one row with the activity "Complete your health assessment" and the completion date "2018-10-17". At the bottom of the table, it says "1 item".

Activity	Completion Date
Complete your health assessment	2018-10-17