

Wellness Action Committee Description

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Summary

In order to best serve the needs of the entire County employee population, a minimum of one representative is needed from each Hi-Org. Hi-orgs with multiple worksite locations/divisions should have a representative for each of the larger areas. Details of duties for each member are outlined below.

Communication and leadership within each department is necessary for the growth and impact of the Employee Wellness program. As has been nationally demonstrated and documented, a strong, active committee is needed to represent the needs of all employees and to bring more widespread outreach. In order to make a meaningful and ultimately positive financial impact, a higher percentage of employees must be involved in various aspects of the program.

Committee Member Functions

- Promote Employee Wellness activities to their areas through verbal and written communications.
- Share health information and messages.
- Encourage healthy behaviors.
- Gather feedback from employees and represent their requests and concerns.
- Provide creative input.
- Recommend the priority of activities.
- Provide input on the program's direction and mission.
- Host and assist in hosting on-site activities, including workshops, health fairs, screenings, and other wellness-related events
- Attend most monthly meetings held on:
 - 2nd Wednesday of every month
 - 8:30 am to 9:30 am
 - Admin. West Building, 4th Floor HR Training Room

Department / Committee Commitment

Each Hi-Org Director will appoint at least one primary Wellness Action Committee member to represent their area, with additional members being appointed to serve the needs of multiple worksites.

Each committee member will have up to four hours per month of County-time to spend on communications, programming, trainings or other duties as requested to serve the needs of the department.



Employee Wellness
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