Reversing type 2 diabetes, prediabetes, and obesity with Virta can taste great!

Virta uses the clinically-proven combination of nutritional ketosis, medical supervision, and one-on-one health coaching. You also get all the supplies you need for biomarker tracking, access to a private patient community, and curated recipes, food guides, and meal plans!

**Virta can help you:**
- Lower blood sugar
- Decrease medications
- Reduce A1c
- Lose weight
- Lower triglycerides

**How is Virta different?**
- No calorie counting
- No fasting
- No exercise required
- No medication
- No surgery

**Who is Virta for?**
Virta is available to Pima County employees, spouses, domestic partners, and adult dependents between the ages of 18 and 79 who are enrolled in a Pima County health plan through Aetna. This benefit is currently being offered to those with type 2 diabetes, prediabetes, or obesity (BMI = 30 and above). There are some serious medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.

**What’s the cost?**
There is no copay or out of pocket cost for the treatment—Pima County is fully covering the cost of Virta for those that qualify!

Learn more at [virtahealth.com/join/pimacounty](http://virtahealth.com/join/pimacounty)