Reversing type 2 diabetes, prediabetes, and obesity can taste great!

virtahealth.com/join/pimacounty
Virta can help you reverse type 2 diabetes, prediabetes, and obesity.

Virta uses the clinically-proven combination of nutritional ketosis, medical supervision, and one-on-one health coaching. You also get all the supplies you need for biomarker tracking, access to a private patient community, and curated recipes, food guides, and meal plans!

Virta can help you:
- Lower blood sugar
- Decrease medications
- Reduce A1c
- Lose weight
- Lower triglycerides

How is Virta different?
- No calorie counting
- No fasting
- No exercise required
- No medication
- No surgery

WHO IS VIRT A FOR?
Virta is available to Pima County employees, spouses, domestic partners, and adult dependents between the ages of 18 and 79 who are enrolled in a Pima County health plan through Aetna. This benefit is currently being offered to those with type 2 diabetes, prediabetes, or obesity (BMI = 30 and above). There are some serious medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.

WHAT’S THE COST?
There is no copay or out of pocket cost for the treatment—Pima County is fully covering the cost of Virta for those that qualify!

Learn more at virtahealth.com/join/pimacounty