

Weight Watchers at Work Program Incentive Request Form

You must submit this form within 30 days of the end of the series. By successfully completing the Weight Watcher's At Work program, you will receive **50 Healthy Lifestyle Activity Points (HLAP's)**. You may complete this program twice for credit.

Earn a **\$65 Target gift card or \$60 Weight Watcher's gift certificate and \$5 Target gift card** for each series you meet the program goals.

Employee Portion:

Name / EIN: _____

Interoffice Address: _____

I would like:

(please choose one)

\$65 Target Gift Card

\$60 Weight Watchers Certificate & \$5 Target card

At Work Series Information:

Series Dates: _____

Location:

Downtown

Other location (please list): _____

Facilitator Portion:

I certify the employee listed above:

- ✓ Is a Pima County Employee insured under the Pima County health plan.
- ✓ Has a paid-in-full membership.
- ✓ Has participated in a weigh-in/meeting at least 9 out of 10 consecutive weeks.
- ✓ Has a weight loss with a difference of 5 or more pounds from start to end weight of this series or has achieved a lifetime goal weight.
- ✓ Has fully completed this form with a copy of the weigh-in booklet.

Signature: **X** _____

(Facilitator's signature)

Attention: Submit this completed for to:

Pima County Employee Wellness

Fax: 724-8150

Inter-office Mail: 150 W. Congress, 4th Fl.

