



# SEASON'S EATINGS

Join us as we discuss how to healthily enjoy holiday treats. Learn tips and tricks to partake in holiday meals while eating correct portion sizes.

**Date: November 12, 2020**

**Time: 12:00 - 1:00 pm**

**Presenter: Victoria Davis**

**10 Points for Attending!**

**Register Here**

To register, please include your full first and last name followed by your EIN Number (in the same box as your last name), your Pima County email address, and work phone number. If you use a different email, you may not receive points.

If you are unable to register in time, please view the webinar here  
<https://webinar.anymeeting.com/859-276-047>

**Questions? Contact [wellness@pima.gov](mailto:wellness@pima.gov)**



*Per Administrative Procedure 23-30, employees are encouraged to attend Employee Benefits and Wellness programs, events and activities. Employees may be allowed to flex their time, where needed, and/or, at the discretion of the appointing authority, may be allowed a maximum of eight (8) BeWell hours of paid work time per fiscal year to attend these activities.*