

Senior Activities Newsletter

**MASKS ARE REQUIRED IN ALL COUNTY BUILDINGS AND VEHICLES
REGARDLESS OF VACCINATION STATUS UNTIL FURTHER NOTICE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January						1
2	3	<i>Business Meeting</i> 10:00 a.m.	4	5	6	7
9	<i>Meet-up at Casino Del Sol</i> 11:00 a.m.	<i>Bingo</i> 11:00 a.m. \$1.00	11	12	<i>Senior Trip</i> 9:00 a.m. <i>Biosphere 2</i> \$23.00/62+ \$25.00/62 under	14
16	<i>Walking</i> 9:30 a.m.	17	18	19	<i>Bunco</i> 11:00 a.m. \$1.00	21
23	<i>ACES Board & Comm. Mtg.</i> 10:00 a.m.	<i>Senior Trip</i> 9:00 a.m. <i>Tree-Ring Lab</i> Free	25	26	<i>Movie</i> 10:00 a.m. <i>In the Heights</i>	28
30	31					29

Schedule of Events

Tuesday, January 4 – ACES Business Meeting: Doors open at 9:30 a.m. Sign-up for activities at 10:00 a.m. The meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Individual ice cream and cookies will be served to participants when exiting. *Masks are required.*

Monday, January 10 – Meet-up at Casino Del Sol: 11:00 a.m. Meet up by the Casino Del Sol Players Club.

Tuesday, January 11 – Bingo: 11:00 a.m.-1:00 p.m., \$1.00. Have a day-filled with Bingo, fun and friends. Bring your own lunch. *Masks are required.*

Thursday, January 13 – Senior Trip: Biosphere 2, 9:00 a.m. \$23.00 for 62+; \$25.00 under 62. Tour the world's largest earth science experiment. Be prepared to walk 1 mile, go up and down 100 stair steps and experience varying weather conditions. Lunch on your own at Oracle Café after the tour. Limited to 18 participants. *Masks are required in County vehicles.*

Monday, January 17 – Walk Meet-up: 9:30 a.m. Meet up at the community center for a leisurely walking trip to Columbus Park. Bring a picnic lunch to eat after the walk. Note the community center will be closed for MLK day.

Thursday, January 20 – Bunco: 11:00 a.m.-1:00 p.m., \$1.00. Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch. *Masks are required.*

Monday, January 24 – ACES Board and Committee Meeting: 10:00 a.m. Serving team captains and committee members are invited to attend the meeting. *Masks are required.*

Tuesday, January 25 – Senior Trip: The Tree-Ring Lab at the University of Arizona, 9:00 a.m. Cost FREE. Join us as we visit the Tree Ring Lab, a world renowned Dendrochronology Lab, which studies the environment and trees. Lunch on your own at nearby restaurant. Limited to 18 participants. *Masks are required.*

Thursday, January 27 – Senior Movie: 10:00 a.m. *In the Heights.* A film version of the Broadway musical in which a sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life.

CENTER INFO CORNER

Other Activities at the Center

Senior Games & Cards: Monday-Friday, 10:30-2:00 p.m. in the Senior Lounge. Call 724-5360 for more information.

Free Computer Use: In the senior lounge (age 50 and above) Monday-Friday, 10:30-2:00 p.m.

Senior Nutrition Program: Offers nutritious meals for older adults. Currently pre-registered participants may drive up and pick up frozen meals at the Flowing Wells Library, 1730 E. Wetmore Road, Monday and Wednesdays, 10:00-10:30 a.m. To register for future in person meals please call Melissa at 520-624-1562 x7506. There is no firm date set for the return of in-person dining.

Senior Fitness: Remains on hiatus. Please check back for more information. Visit our Facebook page under Pima County Natural Resources Parks and Recreation for online fitness videos.

Spanish Class for Adults: Fridays at 10:00-11:00 a.m. Learn conversational Spanish in this beginning class. Space is limited so please call ahead to register at 520-724-5360.

Knitting and Crochet Group: Fridays, 11:00 a.m.-1:00 p.m. Bring your own project to work on. Beginners to advanced are welcome.

Tech Talk: 3rd Monday of the month, 1:00-2:00 p.m. Each month we will host a short lecture on a technical feature of phones, tablets, laptops or desk computers followed by a 50 minutes help session.

Coffee and Conversations: Wednesdays, 10:30-11:30 p.m. Stop by to share a cup of coffee, chat with old friends and make some new ones.

*There are a whole variety of things that take place each month. Feel free to look at all the flyers placed around the front desk for information on upcoming events.
If you are interested in starting a new activity, please see Joanna.*



If you have any information about an illness or death of an A.C.E.S. member or family member PLEASE CALL:
Janice Bottorff at 888-7293



A FURTHER LOOK AHEAD



A list of up coming events...

February 2022

Tuesday, February 1 – ACES Business Meeting: Doors open at 9:30 a.m. Sign-up for activities at 10:00 a.m. The meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Individual ice cream and cookies will be served to participants when exiting. *Masks are required.*

Thursday, February 3 – Senior Trip: Neon Museum, 9:30 am. \$10.00. Lunch on your own at a nearby restaurant. Sign up at January meeting. *Masks are required while in County vans.*

Tuesday, February 8 – Bingo: 11:00 a.m.-1:00 p.m., \$1.00. Have a day-filled with Bingo, fun and friends. Bring your own lunch. *Masks are required.*

Thursday, February 10 – Senior Trip: Tubac Festival of the Arts, 9:00 a.m. Join us as we head down to Tubac to have lunch and browse art. Cost is free but bring money for food. This is a self-guided trip. *Mask are required while in County vans.*

Monday, February 14 – Meet-up at Casino Del Sol: 11:00 a.m. Meet up by the Casino Del Sol Players Club.

Thursday, February 17 – Bunco: 11:00 a.m.-1:00 p.m., \$1.00. Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch. *Masks are required.*

Monday, February 21 – Walk Meet-up: 9:30 a.m. Meet up outside the community center for a relaxing walking trip to Feliz Paseos Park. Lunch on your own after walk at Arby's.

Tuesday, February 22 – ACES Board and Committee Meeting: 10:00 a.m. Serving team captains and committee members are invited to attend the meeting. *Masks are required.*

Thursday, February 24 – Senior Movie: 10:00 a.m., *Emma*. This 2020 version of the classic Jane Austin story is a charming and witty adaptation. *Masks are required.*

March 2022

Tuesday, March 1 – ACES Business Meeting: Doors open at 9:30 a.m. Sign-up for activities at 10:00 a.m. The meeting begins at 10:30 a.m. Sign-ups continue after the meeting is over. Individual ice cream and cookies will be served to participants when exiting. *Masks are required.*

Tuesday, March 8 – Bingo: 11:00 a.m.-1:00 p.m., \$1.00. Have a day-filled with Bingo, fun and friends. Bring your own lunch. *Masks are required.*

Thursday, March 10 – Senior Trip: Agua Caliente Naturalist lead walk and barbecue. 8:00 a.m. \$10.00. Wear walking shoes, sunscreen and hat. Bring a water bottle. The walk will be slow paced, lasting for 90 minutes followed by burgers and all the fixings. If you do not want to participate in the walk you are still welcome to sit and enjoy the scenery.

Monday, March 14 – Meet-up at Casino Del Sol: 11:00 a.m. Meet up by the Casino Del Sol Bingo Players Club.

Thursday, March 17 – Senior Trip: Golden Goose Thrift Shop, 9:30 a.m. No charge. Lunch on your own at a nearby restaurant. *Masks are required while in County vans.*

Monday, March 21 – Walk Meet-up: 9:30 a.m. Meet up outside the community center for a walking trip to Ann Day Park. Please bring a picnic lunch to enjoy after the walk.

Thursday, March 24 – Bunco: 11:00 a.m.-1:00 p.m., \$1.00. Visit old friends and make new ones as you play this fun, easy to learn game. Bring your own lunch. *Masks are required.*

Monday, March 28 – ACES Board and Committee Meeting: 10:00 a.m. Serving team captains and committee members are invited to attend the Committee meeting. *Masks are required.*

Thursday, March 31 – Senior Movie: 10:00 a.m., TBD

**** Dates, Times, Prices and Menu are subject to change ****

**** All trips leave from Ellie Towne Community Center. Please meet at the appropriate time in the front lobby. ****

**A Club for Every Senior
Ellie Towne Flowing Wells
Community Center
1660 W. Ruthrauff Rd.
Tucson, AZ 85705
520-724-5363**

The A.C.E.S. and Senior Activities newsletter
is available online at:
www.pima.gov/nrpr

Click on the Community Centers link,
then Ellie Towne Flowing Wells
Community Center.

The newsletter is under the
ACES Senior Club Tab.

OFFICERS

President: Ellie Pump

Vice President: Cheryl Shreve

Treasurer: Sandra Mittelstaedt

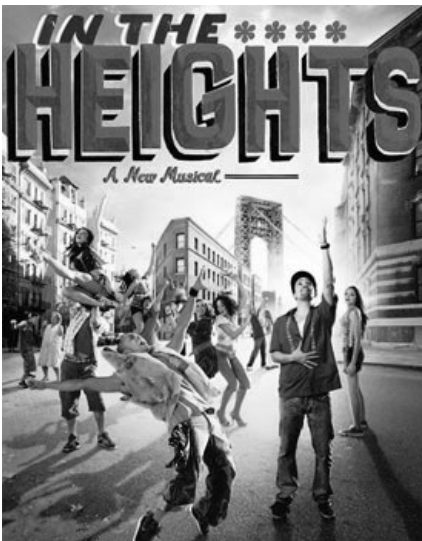
Secretary: Cheryl Shreve

Historian: Tessa Chalberg

Ex-Ofi: Ellie Towne Neal

Member-at-Large: Dagmar Oliver

For more information
please contact Joanna,
Community Recreation
Center Coordinator
520-724-5363



January Movie

A little more information about A.C.E.S.

1. To become a member of ACES you must attend 3 business meetings, (these do not have to be consecutive). Sign the GUEST REGISTER each time. At the next meeting (#4) you will be given an application for membership. Fill this out and turn it in; at the following meeting you will receive your membership card.
2. **You do not have to be a member to sign up and attend activities.** You do, however, need to sign up in advance for all activities you wish to attend and pay the accompanying fee.
3. Sign ups are not open until the month the activity takes place (unless otherwise specified) starting at 10:00 a.m. on business meeting day.
4. **You may only sign up for yourself and one other person.**

Important Notes

It is ACES policy, when attending an activity, to use small bills, have correct change and pay for each activity separately. If paying by check, please pay with a separate check for each activity. When we attempt to make change from different funds there is a possibility for error. We thank you for your understanding in this matter. If this ends up being difficult on the day of the meeting you may come to the office any time during the month to sign up for activities or to pick up a newsletter. There is a risk of some activities being full.

Please refrain from wearing fragrance or strong scents to meetings or events.