



Welcome to the

# Tucson Cancer Conquerors Community Open House

*Staying Alive is Good...  
...Feeling Alive is Better!*

## All Morning

- **Grassy Mall:** Registration, Music, Program Tables, Games, Food courtesy of Goodness, Latitudes, Stern Produce and eegees
- **Courtyard: Get Social!**  
Birthday Celebrations, Coffee Café by Arbuckles' Coffee
- **Historic Binghampton House: Get Support!**  
TCC slide show and tours of our resource center. TCC members available to chat - talk to someone who gets it.

10:30 Welcome with Mrs. Grant 94.9MIXfm

10:45 – 11:00

- Mindful Meandering - Butterfly Garden
- Loop Walker Park Tour - Memorial Garden

11:10 - 11:30 Get Fit Exercise Demo - Grassy Mall:  
Pandora Larsen CPT, Advisory Board Fitness

11:35 - 11:50

- Loop Walker Park Tour - Memorial Garden
- Mindful Meandering - Butterfly Garden

12:00 Demo Kitchen - Grassy Mall: Chef Ken Harvey of  
Loews Ventana Canyon, Chef Don Guerra of Barrio Bakery

12:45 Birthday Celebration - Courtyard: Pastry Chef Krista  
Owens of Loews Ventana Canyon