



PIMA COUNTY HEALTH DEPARTMENT
COMMUNICABLE DISEASE PREVENTION, SUITE 1340
3950 S. COUNTRY CLUB RD, SUITE 100 • TUCSON, AZ 85714-2056
(520) 243-7797 FAX (520) 791-0366

Instructions for Suspect Measles Patients

Your illness may be due to measles, a highly contagious disease that can be prevented with vaccine. Please follow the instructions below to avoid giving this disease to other people in your home and in your community.

If this illness is confirmed as measles, your ability to infect others should end four days after your rash began.

- Wear a surgical mask until you arrive at home. You may take off the mask inside your home.
- Stay home until you are contacted by the Pima County Department of Health with further instructions or until four full days after your rash began. If you do not hear from the health department within 24 hours, contact them at 520-243-7797 (weekdays) or 520-743-7987 (evenings/weekends).
- Avoid going near non immune pregnant women, immunocompromised people, or infants under 1 year of age until four days after your rash began.
- Make sure that household members are fully immunized against measles.
- Only have contact with people who are fully immunized against measles until 4 days after your rash began.

Updated 2/12/10