



Pima County Health Department STD/HIV Program

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Dear Doctor/Practitioner,

As you are aware, the successful treatment of Gonorrhea has had to continually evolve as the infection becomes progressively resistant to more and more of the available antibiotics. In recent reports from clinicians who have treated Gonorrhea and reported it, the Pima County Health Department has noted a number of medication regimens utilized that are not in line with current recommendations of the CDC. As a result, we have had to contact a number of persons to travel to our clinic in order to re-treat them.

For uncomplicated urethral, cervical, and rectal gonorrhea, the recommended antibiotic combinations are:

Ceftriaxone 250 mg IM in a single dose

OR, IF NOT AN OPTION

Cefixime 400 mg orally in a single dose

OR

Single-dose injectible **cephalosporin** regimens

PLUS

Azithromycin 1g orally in a single dose

OR

Doxycycline 100 mg orally twice a day for 7 days

For uncomplicated pharyngeal gonorrhea, only the parenteral avenue of treatment is recommended, thus Ceftriaxone is recommended, but Cefixime is not.

Ceftriaxone 250 mg IM in a single dose

PLUS

Azithromycin 1g orally in a single dose

OR

Doxycycline 100 mg orally twice a day for 7 days

The complete information re: Gonorrhea diagnosis, treatment, and research is available at: <http://www.cdc.gov/std/treatment/2010/gonococcal-infections.htm>.

Please bear in mind that the previously approved treatment for Gonorrhea included Ceftriaxone IM at a dose of 125 mg, but that now the dosage has been doubled to 250 mg. In addition, Azithromycin or Doxycycline were included in the regimen in the event that there was co-infection with Chlamydia. Now they are included as part of the treatment of Gonorrhea itself, regardless of the presence of Chlamydia.

Finally, anyone with a diagnosis of Gonorrhea should have all partner contacts treated, as well as being retested 3 months after treatment is completed.

As always, the Pima County Health Department is available to assist your efforts in Gonorrheal treatment, partner investigation & notification, and follow-up.

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