

Protect Yourself from Hepatitis A



There has been an increase in cases of an illness called Hepatitis A “hep A.”

Hep A is very easy to catch and can make you sick for a very long time. Some people who use drugs and/or are homeless have been hospitalized and have died from hep A.

Get Vaccinated!

Today: You have received the hep A vaccine today. Please return to a PCHD clinic or a healthcare provider in 6 months for a second dose.

Received: _____

Get 2nd Dose: _____

Soon: Visit one of our clinics to be vaccinated. The vaccine is a safe, fast shot given in the arm. You do not need to be able to pay.

South Clinic

1493 W Commerce Ct (Cardinal and Valencia)
724-7900

North Clinic

3550 N 1st Ave (1st and Prince)
724-2880

East Clinic

6920 E Broadway Blvd (Broadway and Kolb)
724-9660

What is Hepatitis A and Why Does it Matter if I Get It?

Hep A is caused by a virus (germ) that can easily spread from person-to-person. It can cause liver disease that can make you sick for several months. In some cases, people can die because of hep A. People who are homeless are at greater risk of getting this disease.

How does Hepatitis A spread?

- Touching objects or eating food that someone with hepatitis A infection handled
- Having sex with someone who has a hepatitis A infection
- Sharing needles, pipes, or other items to take drugs

How can you prevent getting hepatitis A?

- Get two shots of Hepatitis A vaccine
- Wash hands with soap and water after using the bathroom, and before eating food
- Don't have sex with someone who has hepatitis A infection
- Use your own towels, toothbrush & utensils
- Don't share food, drinks, tools or smokes with other people

Call 724-7797 for more information or go to www.pima.gov/hep-a

Pima County Health Department

3950 S. Country Club Rd., Tucson, AZ 85714 • 520-724-7770 • www.pima.gov/health

What are the symptoms if I get hepatitis A?



Fever



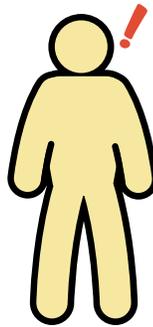
Fatigue



Nausea



Loss of appetite



**Jaundice-
Yellowing of the
eyes or skin**



Stomach pain



Diarrhea



Vomiting



**Dark urine,
pale stools**