Public Health Nursing		
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Case Management **Admission and Discharge Criteria for Specialty** **Programs**	*Kathleen Malkin RN, MS*	
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Purpose:

These guidelines are intended to assist nursing staff in determining admission and discharge criteria for Specialty Programs.

Procedure:

1.   **Health Start Program**

Funded by the Arizona Department of Health Services (ADHS). Program started in Pima County in April, 1995 and replaced the Prenatal Initiative. Public Health Nurses (PHN) and community health workers (CHW) provide outreach, case finding, case management and pregnancy and parenting related education to high-risk women in targeted neighborhoods. Services are provided to the metro Tucson and Green Valley areas and Ajo. Assistance is provided in obtaining prenatal care and other resources. NICP Services are provided in the Ajo area. Refer to the Health Start Policy and Procedure Manual.

Eligibility criteria:

- Lives in the metro Tucson area or greater Green Valley area, including Arivaca, Three Points, Amado, Sahaurita, Continental and other communities.
- Is pregnant or has a child less than two years of age.
- Meets risk assessment criteria and signs Intent to Participate form
- Live in the Ajo area with an infant that has been in the NICU for 5 days or more.

Discharge Criteria:

- At least 4 attempted home visits/contacts are made with no response from client.
- Pregnancy loss.
- Moved from area,
- Index child has reached two years of age.
- Client does not wish to continue in program,
- Client non-compliant with program requirements.

2.   PHN/Tucson Fire Department Project

The PHN/TFD project is a collaborative effort between Public Health Nursing and Tucson Fire Department. The purpose of the collaboration is to provide case management and other needed services to those Tucson residents who frequently utilize 911 services. The goal is to reduce the frequency of these low level calls to TFD.

Eligibility Criteria:

- Referred by TFD staff.
- Are appropriate for PHN follow-up (see PHN referral criteria)

Discharge Criteria:

- Home visit and follow-up is complete.
- Client refuses services.
- Unable to locate/contact
- Inappropriate for PHN follow-up

See Attachment: TFD Referral Guidelines

3.   Pregnancy Prevention Program

This program, funded by ADHS, is targeted to the prevention of pregnancy and sexually transmitted infection among 13-17 year olds involved in the juvenile justice system. Public Health Nursing subcontracts with Pima Prevention Partnership who provide an ADHS approved comprehensive curriculum that includes: 1) an interactive life skills curriculum 2) related field trips 3) related community service/service learning to teach youth the skills necessary to prevent them from engaging in risky behavior. Public Health Nurses provide classes to enrolled youth on a variety of health related topics, to further their knowledge and skills.

Eligibility Criteria:

- Between the ages of 13 – 17 years
- Involved with the Juvenile Justice System
- Willing to participate in Pima Prevention Partnership Program

Discharge Criteria:

- Successful completion of program
- Noncompliance with program requirements
- Lost to follow up, incarceration

4. Nurse Family Partnership

Funded by the Maternal, Infant and Early Childhood Home Visitation Grant through the Arizona Department of Health Services (ADHS). Nurse Family Partnership is an evidence based maternal-child home visitation program that is implemented by following the NFP Model Elements. BSN prepared public health nurses implement the 15 Model Elements in order to maintain fidelity to the program and to work towards the three major goals of the program: 1) improved prenatal health; 2) improved child health and development; and 3) increased economic self-sufficiency that lead to a healthier community. Services are provided to the eastern and most rural areas of Pima County.

Eligibility criteria:

Low income, first time mother less than 28 weeks gestation.
Lives in the following zip codes: 85602, 85629, 85641, 85747, 85614, 85193, 85634, 85653, 85742, 85658, 85755, 85619, 85704, 85718, 85737, 85741, 85749, 85750, 85707, 85708, 85748, 85730, 85622, 85736.

Discharge criteria:

At least 4 attempted home visits/contacts are made with no response from client.
Loss of pregnancy.
Moved from area.
Client does not wish to continue with the services.
Client has graduated from the program at the child's second birthday.

Attachment: TFD Referral Guidelines

1) Referrals come to East office nurse manager or another office manager who is designated as back-up.
2) Assigned staff monitor the web based referral site to determine if other agencies are involved with the referred client. If it is determined that no other agency is involved and that the referral is appropriate for PHN follow-up, a referral is written and given to the office/PHN that covers the address where the client resides.
3) After the PHN contacts, or attempts to contact the client, a brief note to that effect should be put in the "notes" section of the HSRP* (Human Services Referral Program) web based referral system. Your note should include whether you are opening a record, any referrals made, other agencies involved and any other information that would be useful to TFD personnel accessing the system. It is not necessary to put a lot of other details in this note. This is in addition to charting completed in Care Facts.
4) If the address is incorrect or the phone number is missing, contact TFD for information. Currently the contacts are:
   Adrienne Hollen: email Adrienne.hollen@tucsonaz.gov; phone 837-7044.
5) Visit frequency is based on your assessment of the client and the situation. There is no minimum or maximum number of visits that should be made.
6) When you close the record to PHN services, you should put that information in the "status" section of the HSRP.

* TFD worked with City of Tucson Attorneys in developing this system to insure all aspects are HIPAA compliant.