

**PIMA COUNTY HEALTH DEPARTMENT FAMILY PLANNING**  
**POLICIES AND PROCEDURES**

**Adolescent Services Guidelines**

The provision of family planning services does not require the consent of anyone other than the person applying for services. Adolescents (minors) may apply for and receive services without parental consent, according to Title X guidelines; however, adolescents must be notified of legal requirements and policies regarding mandatory reporting.

1. Not all adolescents coming to Family Planning are sexually active.
2. Abstinence is a valid and responsible option and is discussed along with other contraceptive options.
3. Adolescents are assured that all sessions and services are confidential.
4. Family Planning staff providing services to adolescents is obligated to comply with Arizona statutes for reporting sexual abuse, sexual molestation and sexual assault. Adolescents are notified of this legal obligation before a history is taken or services provided and confirm this notification by signing the Consent Form and Confidentiality Statement.
5. Adolescents are encouraged to discuss their contraceptive needs with parents/guardians, adult family members, or other responsible adult.
6. Eligibility for discounts for adolescents who receive confidential services must be based on the income of the adolescent.
7. Adolescent are counseled about resisting coercive sexual activity (see policy).
8. All services are offered on a walk-in basis.
9. The adolescent should be informed that the family planning staff:
  - a. Must be able to contact the adolescent
  - b. Will maintain confidentiality
  - c. Will work out a way to contact the adolescent that will not break confidentiality
  - d. Will document all information about confidentiality on their chart.