

## Pima County Community Nutrition Programs (CNP)

### Pima County WIC 2% and Whole milk issuance policy

**Originated:** May 2015

#### Policy

Sections in **BOLD** are amended from the Arizona WIC Program P&P Chapter 3, Section N, p 22

Children 12-23 months:

- Whole milk is the standard.
- **The following requires approval from the Registered Dietitian (RD) or Nutritionist:** Reduced fat (2%) milks can be issued to one-year olds if overweight or obesity is a concern.
- Low-fat (1%) / fat-free milk will only be authorized for medically fragile participants receiving Federal Food Package III with medical documentation.

Children two years of age and older and all women:

- Low-fat (1%) / fat-free milk is the standard.
- **The following requires approval from the RD or Nutritionist:** Reduced fat (2%) milk is available for those participants over age 2 with certain conditions, including but not limited to, being underweight, failure to thrive and for women with maternal weight loss during pregnancy.
- Whole milk will only be authorized for those medically fragile participants receiving Federal Food Package III with medical documentation, including, but not limited to, a diagnosis such as failure to thrive.