

Activity – Smokeless Tobacco

Matching Game – Smokeless Tobacco vs. Cigarettes

- Students will be given a list of diseases and will have to decide if the disease is caused by smokeless tobacco or by cigarettes.
 - Some diseases/conditions can be caused by or worsen with both chew and cigarettes.
- The purpose of this exercise is to have students understand that all forms of tobacco are dangerous and can cause serious health consequences including immediate effects and chronic conditions.
- It is important to note that the risk for cancer increases significantly when someone uses tobacco products, both chew and cigarettes.
- This exercise might require some explanation of the disease/condition in order for students to thoroughly understand if the condition is related to smokeless tobacco, cigarettes, or both.

Larynx Cancer - Smokeless

Esophagus Cancer – Smokeless

Oral Cavity Cancer – Smokeless &
Smoking

Bladder Cancer – Smokeless &
Smoking

Pancreas Cancer - Smokeless &
Smoking

Lung Cancer - Smoking

Colon Cancer - Smokeless & Smoking

Bladder Cancer - Smokeless & Smoking

Stroke - Smoking

Gum Infection – Smokeless & Smoking

Heart Disease – Smokeless & Smoking

Asthma - Smoking

COPD – Smoking

Emphysema – Smoking

Reduced Fertility – Smokeless &
Smoking

High Blood Pressure – Smokeless and
Smoking